

**Welcome to worship at Holy Trinity, Terrigal**  
**FOURTH SUNDAY IN LENT**  
**22<sup>nd</sup> March, 2020**



**7.30am – Sung Eucharist - Presiding & Preaching – Fr Mark Watson**  
**Organist – Chris Sillince**

**Hymns: TIS 217 (ii), 448, 343, 576**

English Organ Postlude: *March in D Major* (David Johnson)

**9.30am – Holy Eucharist - Presiding & Preaching – Fr Mark Watson**  
**Trinity Band and Singers**

**Hymns: TIS 642 (tune: Bunessan 156), 644, 352, 545**

[All hymns are from Together in Song unless otherwise specified.]

Prayer and anointing for healing are available at each Eucharist. If you would like prayer and anointing, please move in front of the step, at the left side of the altar, after receiving communion and a priest will come and minister to you.

## **Sentence**

'I am the light of the world,' says the Lord. 'those who follow me will have the light of life.'

John 8.12

## **Prayer of the Day**

Gracious God,  
in order that we children of the earth  
might discern good from evil  
you sent your Son to be the light of the world:  
as the light of Christ shines upon us,  
may we learn what please you,  
and live in truth and goodness.  
through the same Jesus Christ our Lord,  
who is alive and reigns with you and the Holy Spirit,  
one God, now and for ever. **Amen.**

## **1 Samuel Chapter 16, verses 1-13**

The LORD said to Samuel, 'How long will you grieve over Saul? I have rejected him from being king over Israel. Fill your horn with oil and set out; I will send you to Jesse the Bethlehemite, for I have provided for myself a king among his sons.' Samuel said, 'How can I go? If Saul hears of it, he will kill me.' And the LORD said, 'Take a heifer with you, and say, "I have come to sacrifice to the LORD." Invite Jesse to the sacrifice, and I will show you what you shall do; and you shall anoint for me the one whom I name to you.' Samuel did what the LORD commanded, and came to Bethlehem. The elders of the city came to meet him trembling, and said, 'Do you come peaceably?' He said, 'Peaceably; I have come to sacrifice to the LORD; sanctify yourselves and come with me to the sacrifice.' And he sanctified Jesse and his sons and invited them to the sacrifice.

When they came, he looked on Eliab and thought, 'Surely the LORD's anointed is now before the LORD.' But the LORD said to Samuel, 'Do not look on his appearance or on the height of his stature, because I have rejected him; for the LORD does not see as mortals see; they look on the outward appearance, but the LORD looks on the heart.' Then Jesse called Abinadab, and made

him pass before Samuel. He said, 'Neither has the LORD chosen this one.' Then Jesse made Shammah pass by. And he said, 'Neither has the LORD chosen this one.' Jesse made seven of his sons pass before Samuel, and Samuel said to Jesse, 'The LORD has not chosen any of these.' Samuel said to Jesse, 'Are all your sons here?' And he said, 'There remains yet the youngest, but he is keeping the sheep.' And Samuel said to Jesse, 'Send and bring him; for we will not sit down until he comes here.' He sent and brought him in. Now he was ruddy, and had beautiful eyes, and was handsome. The LORD said, 'Rise and anoint him; for this is the one.' Then Samuel took the horn of oil, and anointed him in the presence of his brothers; and the spirit of the LORD came mightily upon David from that day forward. Samuel then set out and went to Ramah.

Hear the word of the Lord

**Thanks be to God**

### **Psalm 23**

The Lord is my shepherd:  
therefore can I lack nothing.

**He will make me lie down in green pastures:  
and lead me beside still waters.**

He will refresh my soul:  
and guide me in right pathways for his name's sake.

**Though I walk through the valley of the shadow of death,  
I will fear no evil:  
for you are with me,  
your rod and your staff comfort me.**

You spread a table before me in the face of those who trouble me:  
you have anointed my head with oil, and my cup shall be full.

**Surely your goodness and loving-kindness  
will follow me all the days of my life:  
and I shall dwell in the house of the Lord for ever.**

**A reading of the letter of Paul to the  
Ephesians Chapter 5, verses 8 -14**

For once you were darkness, but now in the Lord you are light. Live as children of light— for the fruit of the light is found in all that is good and right and true. Try to find out what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is shameful even to mention what such people do secretly; but everything exposed by the light becomes visible, for everything that becomes visible is light.

Therefore it says,

'Sleeper, awake!

Rise from the dead,  
and Christ will shine on you.'

Hear the word of the Lord

**Thanks be to God**

Glory to you, Word of God, Lord Jesus Christ!

**Glory to you, Word of God, Lord Jesus Christ!**

I am the light of the world, says the Lord;  
whoever follows me will have the light of life.

**Glory to you, Word of God, Lord Jesus Christ!**

The Gospel according to John chapter 9, verses 1 – 41

**Glory to you Lord Jesus Christ**

As he walked along, he saw a man blind from birth. His disciples asked him, 'Rabbi, who sinned, this man or his parents, that he was born blind?' Jesus answered, 'Neither this man nor his parents sinned; he was born blind so that God's works might be revealed in him. We must work the works of him who sent me while it is day; night is coming when no one can work. As long as I am in the world, I am the light of the world.' When he had said this, he

spat on the ground and made mud with the saliva and spread the mud on the man's eyes, saying to him, 'Go, wash in the pool of Siloam' (which means Sent). Then he went and washed and came back able to see. The neighbours and those who had seen him before as a beggar began to ask, 'Is this not the man who used to sit and beg?' Some were saying, 'It is he.' Others were saying, 'No, but it is someone like him.' He kept saying, 'I am the man.' But they kept asking him, 'Then how were your eyes opened?' He answered, 'The man called Jesus made mud, spread it on my eyes, and said to me, "Go to Siloam and wash." Then I went and washed and received my sight.' They said to him, 'Where is he?' He said, 'I do not know.'

They brought to the Pharisees the man who had formerly been blind. Now it was a sabbath day when Jesus made the mud and opened his eyes. Then the Pharisees also began to ask him how he had received his sight. He said to them, 'He put mud on my eyes. Then I washed, and now I see.' Some of the Pharisees said, 'This man is not from God, for he does not observe the sabbath.' But others said, 'How can a man who is a sinner perform such signs?' And they were divided. So they said again to the blind man, 'What do you say about him? It was your eyes he opened.' He said, 'He is a prophet.'

The Jews did not believe that he had been blind and had received his sight until they called the parents of the man who had received his sight and asked them, 'Is this your son, who you say was born blind? How then does he now see?' His parents answered, 'We know that this is our son, and that he was born blind; but we do not know how it is that now he sees, nor do we know who opened his eyes. Ask him; he is of age. He will speak for himself.' His parents said this because they were afraid of the Jews; for the Jews had already agreed that anyone who confessed Jesus to be the Messiah would be put out of the synagogue. Therefore his parents said, 'He is of age; ask him.'

So for the second time they called the man who had been blind, and they said to him, 'Give glory to God! We know that this man is a sinner.' He answered, 'I do not know whether he is a sinner. One thing I do know, that though I was blind, now I see.' They

said to him, 'What did he do to you? How did he open your eyes?' He answered them, 'I have told you already, and you would not listen. Why do you want to hear it again? Do you also want to become his disciples?' Then they reviled him, saying, 'You are his disciple, but we are disciples of Moses. We know that God has spoken to Moses, but as for this man, we do not know where he comes from.' The man answered, 'Here is an astonishing thing! You do not know where he comes from, and yet he opened my eyes. We know that God does not listen to sinners, but he does listen to one who worships him and obeys his will. Never since the world began has it been heard that anyone opened the eyes of a person born blind. If this man were not from God, he could do nothing.' They answered him, 'You were born entirely in sins, and are you trying to teach us?' And they drove him out.

Jesus heard that they had driven him out, and when he found him, he said, 'Do you believe in the Son of Man?' He answered, 'And who is he, sir? Tell me, so that I may believe in him.' Jesus said to him, 'You have seen him, and the one speaking with you is he.' He said, 'Lord, I believe.' And he worshipped him. Jesus said, 'I came into this world for judgement so that those who do not see may see, and those who do see may become blind.' Some of the Pharisees near him heard this and said to him, 'Surely we are not blind, are we?' Jesus said to them, 'If you were blind, you would not have sin. But now that you say, "We see", your sin remains.

For the Gospel of the Lord

**Praise to you Lord Jesus Christ**

## **MOTHERING SUNDAY – FOURTH SUNDAY IN LENT**

Because today we are halfway through our Lenten journey, it is sometimes called 'Mid-Lent Sunday'. It is traditionally a day to ease up on the Lenten discipline, hence another common name, 'Refreshment Sunday'. This tradition is seen in the simnel cake, and, in some churches, the wearing of rose-coloured vestments instead of purple ones.

In Latin, the name of the day is *Laetare Sunday*, from the opening word of the introit used on this day in the old Roman Missal: *Laetare*, or 'rejoice'.

In the sixteenth century, people were encouraged to return on this day to worship in the church in which they were baptised - their 'mother' church. If they still regularly worshipped at their home church, they would visit the cathedral instead, the mother church of their diocese. Hence the name 'Mothering Sunday'. In the Middle Ages, this day became a time when apprentices working away from home could visit their villages and perhaps take a present to their mothers, thus giving Mothering Sunday a family as well as a religious emphasis.

Another name sometimes used is 'Sunday of the Rose'. Formerly, the popes would send a golden rose to Roman Catholic sovereigns, and the rose was blessed on this day. Henry VIII of England received a golden rose on two occasions. Needless to say this was before his dispute with the pope and the separation of the Church of England from Rome!

## **PAYING ATTENTION DURING LENT**

Lent is a time of stripping bare, letting go the non-essentials and focusing on the essence of our following of Christ. Lent is an opportunity for us to strengthen the spiritual life by eradicating those distractions and diversions which prevent us hearing clearly.

With the reality of COVID-19 (Coronavirus) affecting our lives in unprecedented ways, we are, in a sense, being “forced” to let go even those things that provide spiritual nourishment and sustenance which are even more important during times like these. Anglican Churches will be closed, and all services activities suspended until further notice.

Your clergy will continue saying the Daily Offices of Morning and Evening Prayer. We are exploring ways of keeping you informed and providing spiritual help online, especially through our Facebook page. As we are being encouraged to stay indoors and to self-isolate, we can use the time for silence and attending to the voice of God.

During Lent we can ask ourselves at the end of each day how we have kept alert to God and how we have been made aware of God during the day. Lent is about listening and attentiveness; listening to God to be drawn into closer relationship to him.

It is impossible to listen without silence. Have you ever tried to engage someone in conversation, but they don't really hear what you're trying to tell them? They seem interested only in what *they* have to say. Even when they're not saying anything, you can tell they're thinking what to say next, rather than really hearing what *you're* saying. Today there is a tendency in our society for people to talk *past* each other rather than *to* each other. We tend to be distracted by our own ideas and opinions.

The writer of an article from the online forum *Aleteia* asked the question: “How can we be less distracted and more attentive, to



take more of an interest in and be more open-minded about the opinions and concerns of others?" He refers to St Benedict who asked himself the same question in the sixth century. Benedict tried to form a focused, peaceful environment for his community of monks who struggled with their own distractions. Benedict wrote a Rule of Life for the monks to assist them to do this. The first word in the Rule is *Listen*. "Listen and incline the ear of your heart." Before we speak, the best place to begin is to be quiet and listen. When we listen to others, we may hear things we don't like but which may be important.

When we listen to God, distractions recede into the background. Listening is taking time to hear with an attitude of openness. This is vital in our world of distractions.

Benedict also talks about listening with "obedience". This isn't military obedience or blindly obeying instructions. It comes from the Latin *obaudiens* meaning "to listen carefully", to listen from a heart of stillness.

Fr Mark

**Please pray for**

Barb Matthews, Graeme Patterson, Ken Hope, Norm Williams, Emma Horton, Wendy Rogers, Isobel Hargraves, Daniel Kristensen, Gail Lyndon, Joyce Taylor, Jason Newton, Sue Wilkinson, Jean Jackson, Marian French, Aaron Lane, Pat Lindsay, Toby Lindsay, Gloria Townsend, Kath Connor-Brown, Fred Luxford.

We prayerfully remember

**'Whispers of Love' Meditation –**

**Reflection**

Unfortunately, Whispers of Love meditation is **cancelled** until further notice.

Prayerfully Reverend Ann

### **New Daylight**

There are a few copies of the New Daylight book available for \$13 each in the bookshop.

Appointments following the Annual General Meeting –  
held 15th March 2020

#### **Church Wardens**

Terry Rowe  
Kyara Newport

#### **Rector's Warden**

Neil Ewer

#### **Parish Councilors**

June Timms  
Ian Wolstenholme  
Rhonda Kiss  
Sarah Proud  
Margaret Maclachlan

#### **Rector's Appointment**

Mike Keaney

#### **Mission Secretary**

Coralie Taylor

#### **Synod Representatives**

Coralie Taylor  
Terry Rowe

#### **Incumbency Appointment Board**

Rhonda Kiss  
Kyara Newport  
Ian Wolstenholme

#### **Reserves**

Coralie Taylor  
Terry Rowe

#### **Samaritans Link Person**

Margaret Maclachlan

### **Dinner at Terrigal Bowling Club**

Please join us for dinner at Terrigal Bowling Club at 'Bec's Kitchen' on Sunday 5<sup>th</sup> April from 6pm. If you are interested, please email to the office admin.

## **CORONAVIRUS (COVID-19) CHURCH PRACTICES UPDATE**

The Bishop has issued the following guidelines – updated March 10<sup>th</sup> – for churches to follow during the Coronavirus threat.

Good hygiene practices prevent the spread of infection, including:

- **Washing your hands often with soap and water**
- **Using a tissue and covering your mouth when you cough or sneeze**
- **Avoiding close contact with others, such as touching**

In addition to the above the Bishop has also authorised and requested the suspension of:

- **Physical contact during the greeting of peace**
- **Physical contact during a blessing or “laying on of hands”**
- **The administration of the chalice to the congregation which means Holy Communion will be administered in one kind only**

Priests and servers will wash their hands with hand sanitiser before setting up the communion vessels containing the elements and prior to administering the elements.

Some people have asked for explanation of the meaning of some terms, i.e., “Host” which is the name of the consecrated bread. It comes from the Latin *hostias* which means “victim”. “Intinction” refers to the practice of dipping the Host in the consecrated wine. This is to be avoided as it represents an infection transmission route.

**Please consume the Sacrament as soon as you receive it and do not take it away with you.**

**Care needs to be taken about food service. Consideration should be given to serving food rather than food being offered for self-service. Good hygiene practices must be followed in the kitchen.**

Thank you again for your consideration and co-operation.

### **Women’s Fellowship**

Ladies, we need your support!

We encourage and welcome ladies from all services, including both the 7.30 and 9.30 services, to join us in Women’s Fellowship.

We generally meet on the second Monday of the month at 1pm, finishing with afternoon tea. Please note, the April meeting will be held on the 20<sup>th</sup> which is the third Monday, due to Easter.

Please join us. We would love to see some new faces.

**Spirituality in the Pub (SIP CENTRAL COAST)  
Second Tuesday 7<sup>th</sup> April, 2020, 7.30pm - 9.00pm**

The Grange Hotel Function Room  
Corner Renwick St & Pacific Hwy, WYOMING

Bistro opens at 5-30pm.

***“Influences on my Spiritual Journey”***

**John West:** A school teacher, then Anglican minister until retirement in 2016, John presently looks after a Parish part-time, while leading Bible Study Groups, and assisting with preaching and ESL classes locally. He has an MA (theol.), has written one book on Bible themes and is writing a second on making sense of faith.

**Judi Tracey:** Growing up in an ethnic Catholic family, Judi attended Church regularly with her siblings and followed all the traditions - although she never really understood the full extent of Catholicism. It wasn't until she met Andrew that she could see his family had something she didn't have. She now attends Erina EV church.

***SIP Central Coast is an Ecumenical & Interfaith Speakers Forum with Q's & A's.***

*The focus is on developing understanding & encouraging conversation about Spirituality through sharing one's life journey. We meet 1st Tuesday in the month from March to October and 2<sup>nd</sup> Tuesday in November.*

*Enquiries: Maryke – 4365 9197 or 0498 588 261*

**Prayer of the week**

Almighty God,  
in Christ you make all things new:  
transform the poverty of our nature  
by the riches of your grace,  
and in the renewal of our lives  
make known your heavenly glory;  
through Jesus Christ our Lord. **Amen.**



**ANGLICAN BOARD OF MISSION**  
*Working for Love, Hope & Justice*

## **Pew Reflections**

### **The Forth Sunday in Lent – Sunday 22 March 2020**

- 1 Samuel 16.1-13; Psalm 23;  
Ephesians 5.8-14; John 9.1-41

Today we learn about spiritual blindness. Let our eyes be open to spiritual things, so that, like the man born blind, we may see Jesus and follow him

- Pray for all who seek to follow their Lord. Pray too for a clear vision from God
- Give thanks for the work and witness of the Anglican Church of Melanesia.

*Text:* © Anglican Board of Mission, 2020

**Rosters for next week – All services are suspended until further notice**

**29<sup>th</sup> March – Fifth Sunday in Lent**

**7.30am**

<b>Greeter</b>	<b>Sidesperson</b>	<b>Readers</b>	<b>Servers</b>
Terry Rowe	Bev Broadley	Coralie Taylor Bev Broadley	Ronda Neil

**9.30am**

<b>Greeter</b>	<b>Sidesperson</b>	<b>Readers</b>	<b>Servers</b>
	Ellie Murphy	Jocelyn Mulcahy Neil Ewer	Coralie
<b>Morning Tea</b>	<b>Counting Roster</b>		
June Timms Laurie Meakins	Ellie Murphy Audree Dash		

**Next Sunday 29th March, 2020 – Fifth Sunday in Lent**

**Fifth Sunday in Lent**

**7.30am – Sung Eucharist – Presiding & Preaching – Fr Mark Watson**

**Organist – Chris Sillince**

**9.30am – Holy Eucharist – Presiding & Preaching – Fr Mark Watson**

**Organist – Chris Sillince**

**Readings: Ezekiel 37, 1 14, Psalm 130, Romans 8.6-11**

**Gospel: John 11.1-45**

**This Week – please note all activities are suspended until further notice.**

**~~Monday 23<sup>rd</sup> March~~**

~~10.00am – Whispers of Love – a meditation. Lenten Study. [Revd. Ann]~~

**~~Tuesday 24<sup>th</sup> March~~**

~~*Paul Couturier, ecumenist (d.1953)*~~

~~*Oscar Romero, archbishop of San Salvador, martyr (d.1980)*~~

~~8.00am – Morning Prayer~~

~~7.00pm – Trinity Band Rehearsal~~

**~~Wednesday 25<sup>th</sup> March~~**

~~THE ANNUNCIATION TO THE BLESSED VIRGIN MARY~~

~~8.00am – Morning Prayer~~

~~5.00pm – Eucharist [Fr Roy]~~

~~5.30pm – Lenten Study [Fr Roy]~~

**~~Thursday 26<sup>th</sup> March~~**

~~8.00am – Morning Prayer~~

~~7.30pm – Lenten Study [Fr Mark]~~

**~~Friday 27<sup>th</sup> March~~**

~~8.00am – Morning Prayer~~

~~10.30am – Holy Eucharist [Fr Mark]~~

~~Readings – Wisdom 2.1, 12-22, Psalm 34.15-22, John 7. 2, 10, 25-30~~

~~Morning Tea~~

~~11.30am – Lenten Study [Fr Mark]~~

~~11.00am – Eucharist at Woodport Aged Care~~

**~~Saturday 28<sup>th</sup> March~~**

**The Parish of Terrigal warmly welcomes you.**

We offer many opportunities for meeting together ...

**to worship and pray; to study Scripture and theology; to share fellowship, caring and support; and to celebrate real relationships which are divinely life-giving.**

These opportunities normally include ...

**Sunday Worship at Holy Trinity**

**7.30am - Sung Eucharist and 9.30am – Holy Eucharist**

**3<sup>rd</sup> Sunday in the month - Messy Church**

between 3.30pm and 5.30pm

**Weekly Worship at Holy Trinity**

**Tues to Friday - 8.00am - Morning Prayer**

**Friday at 10.30am – Eucharist**

**1st Monday at 3.00pm Monday Tarragal Manor & Tarragal Glen Eucharist**

**Every Wednesday at 5.00 pm - Eucharist**

**3rd Thursday at 10.30am - Eucharist at The Pod [Aurrum]**

**4<sup>th</sup> Friday – 11.00am – Eucharist at Woodport Aged Care**

**VARIOUS PARISH MINISTRIES**

**'Whispers of Love'** - a meditation (*Monday at 10.00am*); **Women's Fellowship** (*2nd Monday at 1.00pm*); **Parish Council** (*2<sup>nd</sup> Tuesday at 7.30pm*); **Trinity Band** (*Rehearsal - Tuesday at 7.00pm*) (*Playing at the 9.30am Service - 2<sup>nd</sup> and 4<sup>th</sup> Sundays*); **Sacred Reading** (*Wednesday at 5.30pm*); **Pastoral Care** (*2<sup>nd</sup> Thursday at 10.00am*); **Bible Study** (*Friday at 11.45am*); **Messy Church Planning Meeting** (as arranged) ; **Gardening** (*2nd Saturday from 8.00am*); **Market Day** (*3<sup>rd</sup> Saturday from 8.00am*)

*Parish contact - (02) 4365 1115 or mobile 0427 135 771*

**Holy Trinity Opportunity Shop ... contact (02) 4365 1280**

**Parish Website – [www.terrigalanglican.org.au](http://www.terrigalanglican.org.au)**

The liturgical text we are using for this service is from *A Prayer Book for Australia* (Sydney: Broughton Books, ©1995, The Anglican Church of Australia Trusts Corporation, 1996 and used with permission – ePray licence No.230

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## **Parish Directory**

**The Church of the Holy Trinity – 92 Serpentine Rd, Terrigal, 2260**

**Parish Postal Address – P.O. Box 167, Terrigal, 2260**

**Office Telephone - 4365 1115.**

**Parish Email – [admin@terrigalanglican.org.au](mailto:admin@terrigalanglican.org.au)**

**Website - [www.terrigalanglican.org.au](http://www.terrigalanglican.org.au)**

**Rector – The Reverend Canon Mark Watson – 4365 1374 or 0434 431 400**

**Email - [cyprian7@bigpond.com](mailto:cyprian7@bigpond.com)**

### **Associate Priests**

**The Reverend Ann Watson – 4365 1065 or 0427 135 771**

**The Reverend Roy Hazlewood – 0418 290 192**

**The Reverend Dr Richard Harvey – 0422 109 262**

**The Reverend Bruce McAteer - 0417 229 296**

### **Parish Executive**

**Neil Ewer (0412 640 477) – Rector’s Warden**

**Terry Rowe (4365 0430) - People’s Warden**

**Kyara Newport (0400 994 779) - People’s Warden**

**Parish Secretary - Kyara Newport (0400 994 779)**

**Parish Treasurer - Terry Rowe (4365 0430)**

### **Parish Ministries**

**Parish Organist - Chris Sillince - 0422 225 849**

**Sacristan and Mission Secretary - Coralie Taylor**

**Messy Church Convenor - Rhonda Kiss – 4363 5001**

**Pastoral Care - contact - 4365 1115**

**Trinity Band & Cursillo – Libby Harvey – 0431 315 085**

**Safety Officer - Mike Keaney**

**Copyright Compliance Officer – Terry Rowe**

**Parish Bookshop – Kyara Newport**

**Women’s Fellowship – Pam Flegg – 4384 5326**

**Market Day Co-ordinator – Ian Wolstenholme**

### **Parish Opportunity Shop**

**Carolyn Shields / Christine De Gans - 4365 1280**

**The Op Shop is open Tuesday to Friday from 9.00am to 4.00pm  
and each Saturday from 10.00am to 1.00pm**