

**Welcome to worship at Holy Trinity, Terrigal
First Sunday in Lent
6th March, 2022**



8.00am – Sung Eucharist *Presiding & Preaching – Fr Mark Watson*

Organist – *Chris Sillince*

Hymns: TIS 591, 463, 515 (ii), 580

9.30am – Holy Eucharist *Presiding & Preaching – Fr Mark Watson*

Organist – *Chris Sillince*

Hymns: TIS 591, 463, 515 (ii), 580

[All hymns are from Together in Song unless otherwise specified.]

Prayer and anointing for healing are available at each Eucharist. If you would like prayer and anointing, please move in front of the step, at the left side of the altar, after receiving communion and a priest will come and minister to you.

Welcome to **Fr. Roy writes** to the disciples of Jesus of Nazareth, the Son of the Living God, as part of my and your Lenten discipline in this third year of the pandemic.

Grace and peace to you in the name of our Lord, Jesus Christ as we follow him to Jerusalem during the last weeks of his life on earth.

As I continue to look at the Gospel narratives of this part of Jesus' journey with his life and teaching, I am aware that his disciples did not understand his teaching or the purpose of his journey to Jerusalem. It was in the quiet times they spent with him that they asked him about the meaning of his teaching, and they received further enlightenment about his teaching and to perform the work he gave them to do in spreading the Good News of the Resurrection to the world after his death and resurrection.

This Lenten season provides us, his current disciples, with an opportunity, as part of our discipline, to spend a little more time to reflect, meditate on the Word from the Gospel narrative. Remember, this is part of our prayer life and is helping to build up a deeper relationship with God through Jesus and his Word.

Here are the steps to use for this Sacred Reading or Lectio Divina that has been used by Christians throughout the ages as an important part of their prayer life.

First, choose a text of the Scriptures that you wish to use. I suggest that you use one of the Gospels with the final journey for Jesus to Jerusalem, following with that plan for the remainder of Lent a section at a time. Matthew from Chapter 26: Mark from Chapter 14: Luke from Chapter 22: or John from Chapter 18.

Second, place yourself in a quiet place. Relax your body and mind concentrating on your breathing. After a few minutes acknowledge that you are in God's presence. Offer a prayer to the Holy Spirit that you may be open to God's guidance and inspiration in your reading of the Word: "Come, Holy Spirit, inspire my soul as I read your Word".

Third, read the passage slowly and prayerfully, looking for a word or phrase that God is calling you to notice. If necessary, read the passage multiple times to allow yourself to relax and focus on God's Word.

Fourth, when the word or phrase strikes you, stop and stay with it. Repeat the word or phrase to yourself, reflect, meditate to allow it to speak to you in a personal way, allowing it to come into your heart as you reflect on what it means for you and your life. Repeat the word or phrase over any number of times to remember it and continue for it to be meaningful for you and your life. In this way you have been open to God, listened, and acted upon God's Word.

And finally, take a little time to be in God's presence. Sit still with God. Know that you are in a deep relationship with God and this relationship does not require words. You are open to God in whose presence you can relax and enjoy a deep relationship.

Here is a prayer for your Lenten journey.

Almighty God,
may we, by the prayer and discipline of Lent,
enter the mystery of Christ's sufferings;
that by following in the Way,
we may come to share in the glory;
through Jesus Christ our Lord. **AMEN.**

Keep well, keep safe, keep social distancing, and the blessing of God be upon you and on all who you love and pray for and may your days and nights be holy, good, and peaceful. **AMEN.**

Sentence

Worship the Lord your God, and serve only him.

Luke 4.8

Prayer of the Day

O saving God,
who led your people through the wilderness
and brought them to the promised land:
so guide us that, following our Saviour,
we may walk through the wilderness of this world
and be brought to the glory of the world which is to come;
through your Son, Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. **Amen.**

A reading from Deuteronomy Chapter 26 verses 1-11

When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, 'Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us.' When the priest takes the basket from your hand and sets it down before the altar of the LORD your God, you shall make this response before the LORD your God: 'A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression. The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O LORD, have given me.' You shall set it down before

the LORD your God and bow down before the LORD your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

Hear the word of the Lord.
Thanks be to God.

Psalm 91.1-2, 9-16

1 Those who dwell in the shelter of the Most High:
who abide under the shadow of the Almighty,

2 They will say to the Lord

**'You are my refuge and my stronghold:
my God in whom I trust.'**

9 The Lord himself is your refuge:
you have made the Most High your stronghold.

**10 Therefore no harm will befall you:
nor will any scourge come near your tent.**

11 For he will command his angels:
to keep you in all your ways.

**12 They will bear you up in their hands:
lest you dash your foot against a stone.**

13 You will tread on the lion and the adder:
the young lion and the serpent
you will trample under foot.

**14 'You have set your love upon me,'
says the Lord, 'and therefore I will deliver you:
I will lift you out of danger,
because you have known my name.**

15 'When you call upon me I will answer you:
I will be with you in trouble,
I will rescue you and bring you to honour.

**16 'With long life I will satisfy you:
and fill you with my salvation.'**

A reading from the Letter of Paul to the Romans, Chapter 10, verses 4 – 13

For Christ is the end of the law so that there may be righteousness for everyone who believes.

Moses writes concerning the righteousness that comes from the law, that 'the person who does these things will live by them.' But the righteousness that comes from faith says, 'Do not say in your heart, "Who will ascend into heaven?" ' (that is, to bring Christ down) 'or "Who will descend into the abyss?" ' (that is, to bring Christ up from the dead). But what does it say? 'The word is near you,
on your lips and in your heart'

(that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, 'No one who believes in him will be put to shame.' For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, 'Everyone who calls on the name of the Lord shall be saved.'

Hear the word of the Lord.

Thanks be to God.

Praise to you, Lord Jesus Christ, king of endless glory!

Praise to you, Lord Jesus Christ, king of endless glory!

No one lives on bread alone,

but on every word that comes from the mouth of God.

Praise to you, Lord Jesus Christ, king of endless glory!

The Gospel of our Lord Jesus Christ according to Luke Chapter 4, verses 1 – 15

Glory to you Lord Jesus Christ.

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, 'If you are the Son of God, command this stone to become a loaf of bread.' Jesus answered him, 'It is written, "One does not live by bread alone." '

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, 'To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.' Jesus answered him, 'It is written, "Worship the Lord your God, and serve only him." '

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down from here, for it is written, "He will command his angels concerning you, to protect you", and

"On their hands they will bear you up, so that you will not dash your foot against a stone." '

Jesus answered him, 'It is said, "Do not put the Lord your God to the test." ' When the devil had finished every test, he departed from him until an opportune time.

Then Jesus, filled with the power of the Spirit, returned to Galilee, and a report about him spread through all the surrounding country. He began to teach in their synagogues and was praised by everyone.

For the Gospel of the Lord.
Praise to you, Lord Jesus Christ.

Please pray for:

Sharon Sandstrom, Angarad O'Malley, Tania Howlett, David Lamb, Gloria Townsend, Val Stratford, Irene Neville, Denise Perry, Anne Fitzgerald, Harvey Boardman, Ron Langley, Michelle Davies, and Jo.

Prayer of the Week

O Lord, who for our sake fasted forty days and forty nights; give us grace to use such abstinence, that, our flesh being subdued to the spirit, we may ever obey your godly will in righteousness and true holiness; to your honour and glory, who live and reign with the Father and the Holy Spirit, one God, world without end. **Amen.**

Offertories via Direct Debit

Offering via direct debit. Direct debit details of account:
ASDF Account: Parish of Terrigal, BSB:705-077
Account Number: 00040934
Terry Rowe, Treasurer.

'Whispers of Love' Meditation

'Whispers of Love' Meditation Group meets each Monday at 10am at Holy Trinity Church.

Reflection: Through a spiritual discipline we prevent the world from filling our lives to such an extent that there is no place left to listen. A spiritual discipline sets us free to pray or, to say it better, allows the Spirit of God to pray in us.

Prayerfully, Reverend Ann.

Dinner at Terrigal Bowling Club

Please join us for dinner at Terrigal Bowling Club at 'Bec's Kitchen' tonight, Sunday 6th March, 2022 from 6pm. If you are interested, please add your name to the sign-up sheet on the notice board immediately after the service.

RESUMPTION OF MORNING TEAS

Morning Tea after services can now resume.

Please be aware that we still need to use single serve tea, coffee, sugar and biscuits and disposable cups.

Thank you.

GARDEN BEE

Do you like to potter in the garden? We would love your help at our next Garden Bee on Saturday, 2nd April at 8.30am. All are welcome. Any questions, please call our office on Tuesday or Thursday on 4365 1115 to leave your name and contact number so our garden captain, Jackie Davidson, can get back to you. Thank you.

THANK YOU BOXES AND POUCHES

These are available to everyone, so please take one and place a coin in it whenever you receive a blessing.

Money collected by the Anglican Women will go toward Numeracy and Literacy Programs in New Guinea late in 2022.

Thank you.

Market Days at Holy Trinity

Mark your calendars:

19th March/9th April/21st May/18th June/16th July/20th August/
17th September/15th October/19th November/10th December.

8am to 1pm in our new building at the rear of the Church.

DATE FOR THE DIARY – 2022

AGM 20th March, 2022 – 11am.

Women's Fellowship

Ladies, we need your support!

We encourage and welcome ladies from all services, including both the 8am and 9.30am services, to join us in Women's Fellowship. We generally meet on the second Monday of the month at 1pm, finishing with afternoon tea.

Our next meeting will be on Monday 14th March, 2022.

Everyone is welcome to come and hear Stephanie Browning speaking about serving Christ both here and abroad. She is using the verse, "If the Son shall set you free you shall be free indeed". She will share about their work in Africa.

Andrew Browning is currently on a trip to Tanzania, Ethiopia and South Sudan where he works as a missionary doctor operating on poor ladies with childbirth injuries.

Copies of her husband's book, 'A Doctor in Africa', will also be available for sale for \$35 after her talk. Otherwise, it is available at most book shops, online and Big W. The profits go towards the work of the Barbara May Foundation in Ethiopia.

Please join us. We would love to see some new faces.



ANGLICAN BOARD OF MISSION
Working for Love, Hope & Justice

Lent 1C

– Sunday 6 March 2022

- Deuteronomy 26.1-11; Psalm 91.1-2, 9-16;
Romans 10.4-13; Luke 4.1-15

Today we read of Christ's Temptation in the Judean wilderness, where he was tempted away from playing his part in God's mission by a Scripture-quoting Satan, before he returned, filled with the Spirit's power, to minister in Galilee. This Lent, may we be on the look out for anything diabolical that keeps us as individuals or as the Church from following Jesus as our role model in playing *our* part in God's mission.

- Lord, put a lock on my mouth, lest I use Scripture as a weapon against others. Guard my ears against any who would use the Bible as a way of following them, rather than you, the living Way to the Father. May your Spirit help us point others to you this Lent.
- Give thanks for the work and witness of the *Hong Kong Sheng Kung Hui*, the Anglican Church of Hong Kong.

Text: Robert McLean

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Next Sunday – 13th March, 2022

Second Sunday in Lent

8.00am – Sung Eucharist – *Presiding & Preaching* – **Bishop Charlie Murry**
Organist – Chris Sillince

9.30am – Holy Eucharist – *Presiding & Preaching* – **Bishop Charlie Murry**
Trinity Band and Singers

Readings: Genesis 15.1-12, 17-18, Psalm 27, Philippians 3.17-4.1

Gospel: Luke 9.28-36

This Week -

Monday 7th March

Perpetua and her companions, martyrs at Carthage (d.203)

10.00am - Meditation – Whispers of Love – *Reverend Ann Watson*

Tuesday 8th March

John of God, worker amongst sick and poor, Spain (d. 1550)

7.00pm – Trinity Band and Singers rehearsal

7.00pm – Parish Council Meeting

Wednesday 9th March

Sister Emma SSA, superior of the Society of the Sacred Advent, QLD (d. 1939)

5.00pm – Eucharist and Sacred Reading [*Fr Roy Hazlewood*]

Thursday 10th March

10.00am – Pastoral Care Meeting

7.30pm – Lenten Studies [*Fr Mark Watson*]

Friday 11th March

10.30am – Eucharist and Morning Tea [*Fr Mark Watson*]

Readings – Ezekiel 18.21-28, Psalm 130, Matthew 5.20-26

11.30am – Lenten Studies [*Fr Mark Watson*]

Saturday 5th March

The Anglican Diocese of Newcastle - The Parish of Terrigal
The Church of the Holy Trinity
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Office Phone: 4365 1115 (Office open Tuesday and Thursday 10am – 2pm)

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Rector – The Reverend Canon Mark Watson – 4365 1374 or 0434 431 400

Email – cyprian7@bigpond.com

Associate Priests

The Reverend Ann Watson – 0427 135 771

The Reverend Roy Hazlewood – 0418 290 192

The Reverend Dr Richard Harvey – 0422 109 262

The Reverend Bruce McAteer - 0417 229 296

Parish Executive

Rector's Warden – Neil Ewer 0412 640 477

People's Warden – Terry Rowe 4365 0430

People's Warden – Kyara Newport 0400 994 779

Parish Secretary - Kyara Newport 0400 994 779

Parish Treasurer - Terry Rowe 4365 0430

Parish Ministries

Parish Organist - Chris Sillince 0422 225 849

Sacristan - Coralie Taylor

Office Co-Ordinator – Cal Priest 4365 1115

Messy Church Convenor - Rhonda Kiss 4363 5001

Pastoral Care - contact 4365 1115

Trinity Band & Cursillo – Libby Harvey 0431 315 085

Safety Officer - Mike Keaney 0412 370 716

Copyright Compliance Officer – Terry Rowe 4365 0430

Parish Bookshop – Ronda Kiss 4363 5001

Women's Fellowship – Pam Flegg 4384 5326

Market Day Co-ordinator – Ian Wolstenholme 0424 135 214

Parish Opportunity Shop

Carolyn Shields - 4365 1280

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