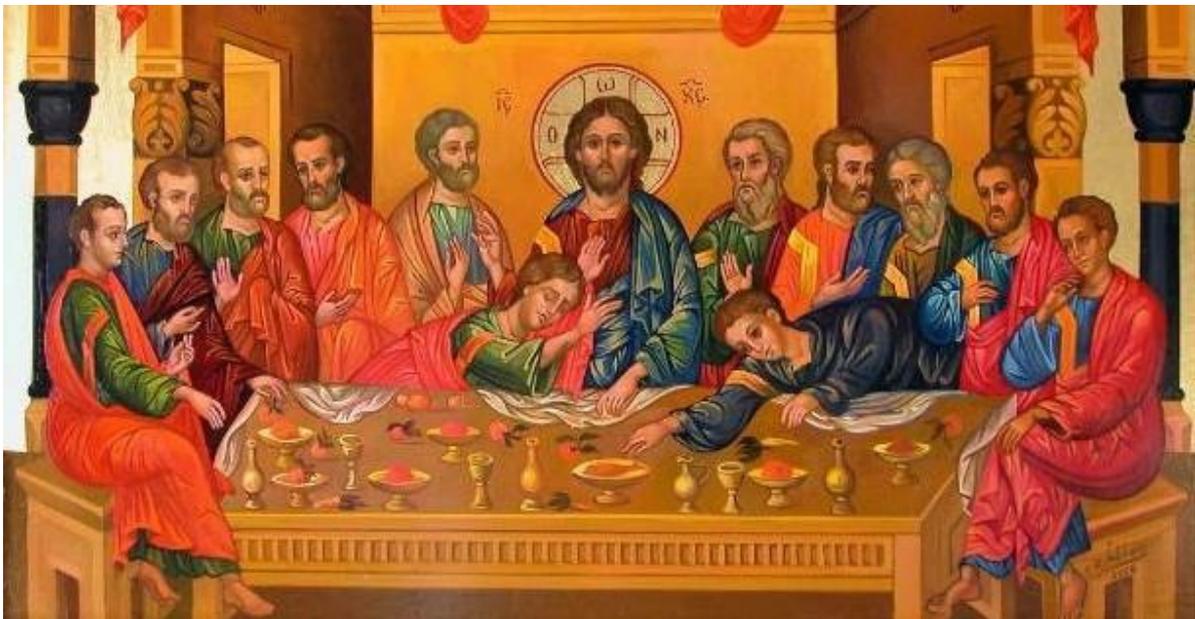


**Welcome to worship at Holy Trinity, Terrigal  
CORPUS CHRISTI  
(Thanksgiving for the Holy Communion)  
19<sup>th</sup> June, 2022**



**8.00am – Sung Eucharist *Presiding & Preaching – Fr Mark Watson***

**Organist – *Chris Sillince***

**Hymns: TIS 520, 525, NEH 307, 272**

**9.30am – Holy Eucharist with Baptism -  
*Presiding & Preaching – Fr Mark Watson***

**Organist – *Sharon Sandstrom***

**Hymns: TIS 520, 525, NEH 307, 272**

Prayer and anointing for healing are available at each Eucharist. If you would like prayer and anointing, please move in front of the step, at the left side of the altar, after receiving communion and a priest will come and minister to you.

## **IDOLATRY**

The first two of the Ten Commandments warn against false gods: "You shall have no other gods before me" and "You shall not make for yourself a graven image" (Ex. 20:3,4). They provide the foundation for the rest. If we break other commandments, we've already broken the first two for, as spiritual writer Kathleen Norris puts it: "We have already elevated ourselves and our perceived desires above all else."

To practise idolatry doesn't require bowing before a golden calf or pagan statue. Idolatry is a failure to fulfill the great commandments of Jesus to love God with all our heart, soul, mind and strength and our neighbour as ourselves. Loving ourselves too much is a form of idolatry. So is loving others in a possessive way. Even love for God, when it is misguided and turns into zeal that hurts or violates others, is idolatrous.

Shallow love is a danger in our fast-food culture. It requires time to grow into a mature, non-possessive love relationship. Young people are being conditioned by media images of possessive love. Perhaps one of the gifts older people can give the young is to model loving relationships. Possessive, clinging love doesn't really see the person, only an image or ideal of that person. It doesn't give space for the other to be the 'other' but a projection of the desires of the one with the feelings. It is an ideal rather than reality. The words "idea", "ideal" and "idol" are related.

One reason for this form of idolatry is control. It is safer, less risky and gives us a greater sense of control if we love the idol/ideal rather than the real person who is not under our control, who may surprise us, and who is free to love us or leave us. It makes sense in this context when someone who has murdered their spouse or boyfriend/girlfriend swears how much they love them, and so they do – in a possessive, destructive way that would rather destroy the object of love than lose him/her. As Kathleen Norris says, "Idolatry makes love impossible."

True love means providing space for the one we love instead of “constructing” an ideal image that fits in with our expectations. Love needs space and freedom to flourish. This is how God loves. We are called to demonstrate that kind of love in our lives.

Fr Mark

### **Sentence**

Truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood abide in me, and I in them.

*John 6.53, 56*

### **Prayer of the Day**

O God,  
in a wonderful sacrament  
you have given us a memorial of the passion of your dear Son:  
grant that we may so reverence  
the sacred mysteries of his body and blood  
that we may ever know within ourselves  
the fruits of his redemption;  
who is alive and reigns with you and the Holy Spirit,  
one God, now and for ever. **Amen.**

### **A reading from Deuteronomy Chapter 8, verses 2-3; 14-16**

Remember the long way that the LORD your God has led you these forty years in the wilderness, in order to humble you, testing you to know what was in your heart, whether or not you would keep his commandments. He humbled you by letting you hunger, then by feeding you with manna, with which neither you nor your ancestors were acquainted, in order to make you understand that one does not live by bread alone, but by every word that comes from the mouth of the LORD.

Then do not exalt yourself, forgetting the LORD your God, who brought you out of the land of Egypt, out of the house of slavery, who led you through the great and terrible wilderness, an arid waste-land with poisonous snakes and scorpions. He made water flow for you from flint rock, and fed you in the wilderness with manna that your ancestors did not know, to humble you and to test you, and in the end to do you good.

Hear the word of the Lord.

**Thanks be to God.**

**Psalm 147: 12-15**

12 Praise the Lord, O Jerusalem:  
sing praises to your God, O Zion.

**13 For he has strengthened the bars of your gates:  
and blessed your children within you.**

14 He makes peace within your borders:  
and satisfies you with the finest wheat.

**15 He sends his command to the earth:  
and his word runs very swiftly.**

**A reading from The First Letter of Paul to the  
Corinthians, Chapter 10, verses 14-21**

Therefore, my dear friends, flee from the worship of idols. I speak as to sensible people; judge for yourselves what I say. The cup of blessing that we bless, is it not a sharing in the blood of Christ? The bread that we break, is it not a sharing in the body of Christ? Because there is one bread, we who are many are one body, for we all partake of the one bread. Consider the people of Israel; are not those who eat the sacrifices partners in the altar? What do I imply then? That food sacrificed to idols is anything, or that an idol is anything? No, I imply that what pagans sacrifice, they sacrifice to demons and not to God. I do not want you to be partners with demons. You cannot drink the cup of the Lord and the cup of demons. You cannot partake of the table of the Lord and the table of demons.

Hear the word of the Lord.

**Thanks be to God.**

**Alleluia, alleluia!**

I am the living bread from heaven, says the Lord;  
whoever eats this bread will live for ever.

**Alleluia!**

**The Gospel of our Lord Jesus Christ according to John  
Chapter 6, verses 51-58**

**Glory to you Lord Jesus Christ.**

I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'

For the Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

**Please pray for:**

Shirley Kearns, Sharon Sandstrom, Angarad O'Malley, Tania Howlett, David Lamb, Gloria Townsend, Irene Neville, Denise Perry, Ron Langley, Michelle Davies, Jo, Ray Wilmot, Fr John Southerden, Steve Taylor, Lynette Brennan, Di. M, Robyn Smith, Cal Priest, Carmen McGee and Bob Morgan.

## **Prayer of the Week**

Almighty and everlasting God,  
you are always more ready to hear than we to pray,  
and give more than either we desire or deserve:  
pour down upon us the abundance of your mercy,  
forgiving us those things of which our conscience is afraid,  
and giving us those good things  
which we are not worthy to ask,  
save through the merits and mediation of Jesus Christ,  
your Son our Lord. **Amen.**

### **Offertories via Direct Debit**

Offering via direct debit. Direct debit details of account:  
ASDF Account: Parish of Terrigal, BSB:705-077  
Account Number: 00040934  
Terry Rowe, Treasurer.

### **'WHISPERS OF LOVE' A MEDITATION**

We meet on a Monday at 10.00am at Holy Trinity, Terrigal.

**Reflection:** The best and most wonderful thing that can happen to you in this life, is that you should be silent and let God work and speak.

*Dag Hammarskjold.*

Prayerfully, Reverend Ann.

### **THANK YOU BOXES AND POUCHES**

These are available to everyone, so please take one and place a coin in it whenever you receive a blessing.

Money collected by the Anglican Women will go toward Numeracy and Literacy Programs in New Guinea late in 2022.  
Thank you.

## **SAMARITANS**

Thank you to the congregation for being excellent givers of donations for the Samaritans. Items are urgently needed now and include, soups, tinned vegetables, spaghetti & sauce, and items for the coming winter.

Thank you.

## **WOMEN'S FELLOWSHIP**

We encourage and welcome ladies from all services to join us in Women's Fellowship. We generally meet on the second Monday of the month at 1pm at Church, finishing with afternoon tea but, due to the public holiday in June, we will be meeting on the third Monday in June, the 20<sup>th</sup> at 12 noon followed by a bring and share lunch. Please join us. Thank you. Pam Flegg.

## **MARKET DAY THANK YOU**

Thank you to everyone who helped set up and clean up Market Day yesterday. Your help is always very much appreciated.

The next market day will be on 16<sup>th</sup> July.

Ian Wolstenholme.

## **GARDEN WORKING BEE**

We are having a Garden Working Bee on Saturday 2<sup>nd</sup> July, 2022 from 8.30am onwards. We need help weeding, trimming & general tidying up. Please come if you can, even for a short time. Every little bit helps! Thank you.

Jackie Davidson.

## **CHRISTMAS BOWL DONATION THANK YOU**



Thank you to everyone for your kind donations towards the Christmas Bowl last year. Thanks to your generosity, the Ethiopian Orthodox Church Development and Inter-Church Aid Commission can now provide more refugees with food, shelter and life-saving support.

### **VOLUNTEER NEEDED FOR ROSTER CO-ORDINATION**

We need a volunteer to co-ordinate the monthly rosters for Greeters and Sidespersons. This will be an ongoing role where you will organise people for a monthly roster which will be sent to the office for printing. Please see Fr Mark or call Cal in the office on Tuesday or Thursday on 4365 1115 or email her at [admin@terrigalanglican.org.au](mailto:admin@terrigalanglican.org.au) if you are interested in volunteering for this role. Thank you.

### **OP SHOP VOLUNTEERS NEEDED**

We are looking for more volunteers for our Op Shop on Thursday and Friday. Can you spare a few hours? We would be most grateful. Op Shop volunteers need to complete a Police Check and the Safer Ministry Course, along with some other requirements prior to commencement. If you are interested in joining our lovely team, please see one of our managers, Carolyn Shields or Julie Laird, in the Op Shop or call them on 4365 1280 for more details.

## **SEA SUNDAY 10<sup>th</sup> JULY**

Sea Sunday gives the parish the opportunity to reflect on and support the work of the Mission to Seafarers.

More than 90% of the world's goods and fuels are transported around the world thanks to seafarers. The Mission is on call providing help for seafarers in over 200 ports around the world.

The over 1.5 million seafarers across the world are often away from home for many months. This can lead to loneliness and mental health issues.

At the Port of Newcastle, the Mission to Seafarers provides chaplaincy support, access to Wi-Fi and SIM cards, a comfortable place to rest, food and toiletries as well as clothing, transport to shops, among other things.

We can provide support in the following ways:

For those who can knit, there are beanie kits available for you to take.

You can also bring warm socks and toiletries.

Leave any of these items at the office.

Thank you for your help.

Libby Harvey.

## **ONE USE PLASTIC BAGS FOR OP SHOP**

Due to new laws on one-use plastics, when donating bags to the Op Shop of Market Day, we cannot accept thin ones that are one-use bags. Please don't donate them as they will have to go to landfill and will cost us to dispose of them. Thank you. Carolyn Shields.

## **DINNER AT TERRIGAL BOWLING CLUB**

Please join us for dinner at Terrigal Bowling Club at 'Bec's Kitchen' on Sunday 3<sup>rd</sup> July, 2022 from 6pm. If you are interested, please add your name to the sign-up sheet on the notice board. Thank you.

## **BEING TOGETHER**

### **Expectations of Behaviour in our Church Community**

Jesus told us to love one another as he loves us. As Christians we know our life together is strengthened when our behaviour is consistent with our faith. However, our experience of being together can be difficult, particularly when there are differences. So it is important to be clear about how we will behave towards each other.

**Being a community:** • We will value the wellbeing and safety of others, especially children and other vulnerable people. • We will encourage each other to participate in the life of the church. • We will consider the impact of our behaviour on others.

**Relating to each other:** • We will protect the safety of all, especially children and other vulnerable people. • We will treat each other with respect and dignity, irrespective of ability, gender, sexuality, race, age or contribution to the church. • We will act with integrity and honesty in our interactions with each other.

**Communicating with each other:** • We will communicate respectfully with others, and not in a way that threatens, belittles or humiliates. • We will speak with integrity and honesty, and refrain from speculation and gossip.

**Acknowledging difference:** • We will respect those who are different from us and not isolate or ridicule them. • We will listen to and seek to understand the beliefs, opinions and practices of others, even when we do not share their views.

**Responding to conflict:** • We will accept responsibility for our part in a conflict. • We will be willing to play our part in resolving a conflict.



**ANGLICAN BOARD OF MISSION**  
*Working for Love, Hope & Justice*

**Thanksgiving for the Holy Communion**  
**– Thursday 16 June 2022**

- Exodus 24.3-8; Psalm 116; 1 Corinthians 10.14-21; Mark 14.12-16 (17-21) 22-26

At the end of the passage we read from St Mark's gospel today, we are told about Christ's Institution of the Holy Eucharist. Day by day, week by week, year in, year out, the Church offers Christ's Body and Blood to us as food to nourish us on our Christian journey, food in which the Real Presence of Jesus Christ is to be found. 'Do this in memory of me.' In his famous passage on the Eucharist Dom Gregory Dix asks, 'Was ever another command so obeyed? For century after century, spreading slowly to every continent and country and among every race on earth, this action has been done, in every conceivable human circumstance, for every conceivable human need from infancy and before it to extreme old age and after it, from the pinnacle of earthly greatness to the refuge of fugitives in the caves and dens of the earth...' If I were to examine myself, would I find times in my life where I had taken the great gift of the Eucharist for granted, or ignored it? • Jesus Christ, Priest and Victim, you offer your Body and Blood to me in the Eucharist. 'With me, in me, live and dwell,' I pray. • Give thanks for the work and witness of the Anglican Church of Australia, and the National Council of Churches in Australia. Gathered around the altar, may we all be one so the world may believe.

Text: Robert McLean © Anglican Board of Mission, 2022

## Next Sunday – 26<sup>th</sup> June, 2022

### THIRD SUNDAY AFTER PENTECOST

**8.00am** – Sung Eucharist – *Presiding & Preaching – Fr Mark Watson*

*Organist – Chris Sillince*

**9.30am** – Holy Eucharist – *Presiding & Preaching – Fr Mark Watson*

*Trinity Band and Singers*

**Readings:** 2 Kings 2.1-2, 6-14, Psalm 77, 1-2, 11-20, Galatians 5.1, 13-25

**Gospel:** Luke 9.51-62

### Rosters for next week 24<sup>th</sup> and 26<sup>th</sup> June – Third Sunday after Pentecost

#### Friday 24<sup>th</sup> June 10.30am Eucharist

<b>Reader</b>
Colleen Cronin

#### Sunday 26<sup>th</sup> June

<b>Flowers</b>
Jan Bolte

#### 8.00am Eucharist

<b>Readers</b>	<b>Servers</b>
1 <sup>st</sup> – Jocelyn Mulcahy 2 <sup>nd</sup> – Lorraine Zahra	-

#### 9.30am Eucharist

<b>Readers</b>	<b>Servers</b>
1 <sup>st</sup> – Evelyn White 2 <sup>nd</sup> – Keith Lewis	-

#### 9.30am Morning Tea

Betty Hancock Audree Dash Jocelyn Mulcahy
-------------------------------------------------

## This Week

### **Monday 20<sup>th</sup> June**

**10.00am** – Whispers of Love – a meditation [Revd. Ann Watson]

**12 noon** – Women's Fellowship Meeting followed by a bring-and-share lunch.

**3.00pm** – Eucharist at Terrigal Manor – [Revd. Ann Watson]

### **Tuesday 21<sup>st</sup> June**

**7.00pm** – Trinity Band and Singers Rehearsal

### **Wednesday 22<sup>nd</sup> June**

The Wednesday Eucharist at 5.00pm followed by Sacred Reading will be suspended for June and July.

We shall resume on Wednesday, 3<sup>rd</sup> August 2022 at 5.00pm with Eucharist followed by Sacred Reading.

### **Thursday 23<sup>rd</sup> June**

### **Friday 24<sup>th</sup> June**

#### **THE BIRTH OF JOHN THE BAPTIST**

**10.30am** – Holy Eucharist [Fr Mark Watson]

Readings: Isaiah 49.1-6; Psalm 139.1-11; Acts 13.22-26

Gospel: Luke 1.57-66, 80

**11.00am** – Morning Tea

### **Saturday 25<sup>th</sup> June**

**The Anglican Diocese of Newcastle - The Parish of Terrigal**  
**The Church of the Holy Trinity**  
**92 Serpentine Rd, Terrigal, 2260**  
**Parish Postal Address – P.O. Box 167, Terrigal, 2260**  
**Office Phone: 4365 1115 (Office open Tuesday and Thursday 10am – 2pm)**

Parish Email – [admin@terrigan.org.au](mailto:admin@terrigan.org.au)

Website – [www.terrigan.org.au](http://www.terrigan.org.au)

**Rector – The Reverend Canon Mark Watson – 4365 1374 or 0434 431 400**

**Email – [cyprian7@bigpond.com](mailto:cyprian7@bigpond.com)**

#### **Associate Priests**

**The Reverend Ann Watson – 0427 135 771**

**The Reverend Roy Hazlewood – 0418 290 192**

**The Reverend Dr Richard Harvey – 0422 109 262**

**The Reverend Bruce McAteer - 0417 229 296**

#### **Parish Executive**

**Rector's Warden – Ronda Kiss 43635001**

**People's Warden – Terry Rowe 4365 0430**

**People's Warden – Neil Ewer 0412 640 477**

#### **Parish Secretary - TBA**

**Parish Treasurer - Terry Rowe 4365 0430**

#### **Parish Ministries**

**Parish Organist - Chris Sillince 0422 225 849**

**Sacristan - Coralie Taylor**

**Office Co-Ordinator – Cal Priest 4365 1115**

**Pastoral Care - Contact 4365 1115**

**Trinity Band & Cursillo – Libby Harvey 0431 315 085**

**Safety Officer - Mike Keaney 0412 370 716**

**Copyright Compliance Officer – Terry Rowe 4365 0430**

**Parish Bookshop – Ronda Kiss 4363 5001**

**Women's Fellowship – Pam Flegg 4384 5326**

**Market Day Co-ordinator – Ian Wolstenholme 0424 135 214**

#### **Parish Opportunity Shop**

**Carolyn Shields/Julie Laird - 4365 1280**

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