

**Welcome to worship at Holy Trinity, Terrigal**  
**FOURTH SUNDAY IN LENT**  
**(Mothering Sunday)**  
**10<sup>th</sup> March, 2024**



**8.00am – Sung Eucharist**

*Presiding and Preaching – Fr Mark Watson*

*Organist – Chris Sillince*

**Hymns:** TIS 568 (Tune: Abridge TIS 35), 201, 508 (Tune: St Michael TIS 483), 561

**9.30am – Holy Eucharist**

*Presiding and Preaching – Fr Mark Watson*

*Trinity Band and Singers*

**Hymns:** TIS 474, 745, 259, 258

[All hymns are from Together in Song unless otherwise specified.]

Prayer and anointing for healing are available at each Eucharist. If you would like prayer and anointing, please move in front of the step, at the left side of the altar, after receiving communion and a priest will come and minister to you.

## **MOTHERING SUNDAY – FOURTH SUNDAY IN LENT**

Because today we are halfway through our Lenten journey, it is sometimes called 'Mid-Lent Sunday'. It is traditionally a day to ease up on the Lenten discipline, hence another common name, 'Refreshment Sunday'. This tradition is seen in the simnel cake, and, in some churches, the wearing of rose-coloured vestments instead of purple ones.

In Latin, the name of the day is Laetare Sunday, from the opening word of the introit used on this day in the old Roman Missal: *Laetare*, or 'rejoice'.

In the sixteenth century, people were encouraged to return on this day to worship in the church in which they were baptised - their 'mother' church. If they still regularly worshipped at their home church, they would visit the cathedral instead, the mother church of their diocese. Hence the name 'Mothering Sunday'. In the Middle Ages, this day became a time when apprentices working away from home could visit their villages and perhaps take a present to their mothers, thus giving Mothering Sunday a family as well as a religious emphasis.

Another name sometimes used is 'Sunday of the Rose'. Formerly, the popes would send a golden rose to Roman Catholic sovereigns, and the rose was blessed on this day. Henry VIII of England received a golden rose on two occasions. Needless to say this was before his dispute with the pope and the separation of the Church of England from Rome!

Fr Mark

### **NOTIFICATION OF AGM**

Our AGM will be held at Holy Trinity, Terrigal on Sunday 17<sup>th</sup> March, 2024 at 11.00am.

## **Sentence**

The Son of Man must be lifted up, that whoever believes in him may have eternal life.

John 3.14–15

## **Prayer of the Day**

Everlasting God,  
in whom we live and move and have our being,  
you have made us for yourself,  
and our hearts are restless until they find their rest in you:  
give us purity of heart and strength of purpose,  
that no selfish passion may hinder us  
from knowing your will,  
no weakness prevent us from doing it;  
that in your light we may see light,  
and in your service find perfect freedom;  
through Jesus Christ our Lord,  
who lives and reigns with you and the Holy Spirit,  
one God, now and for ever. **Amen.**

## **A Reading from Numbers Chapter 21, verses 4 – 9**

<sup>4</sup> From Mount Hor they set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. <sup>5</sup> The people spoke against God and against Moses, 'Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food.' <sup>6</sup> Then the LORD sent poisonous serpents among the people, and they bit the people, so that many Israelites died. <sup>7</sup> The people came to Moses and said, 'We have sinned by speaking against the LORD and against you; pray to the LORD to take away the serpents from us.' So Moses prayed for the people. <sup>8</sup> And the LORD said to Moses, 'Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live.' <sup>9</sup> So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

Hear the word of the Lord.

**Thanks be to God.**

## Psalm 107.1-3, 17-22

- <sup>1</sup> O give thanks to the Lord, for he is good:  
for his loving mercy is for ever.
- <sup>2</sup> **Let the Lord's redeemed say so:  
whom he has redeemed from the hand of the enemy,**
- <sup>3</sup> And gathered in from every land,  
from the east and from the west:  
from the north and from the south.
- <sup>17</sup> **Fools were far gone in transgression:  
and because of their sins were afflicted.**
- <sup>18</sup> They sickened at any food:  
and had come to the gates of death.
- <sup>19</sup> **Then they cried to the Lord in their distress:  
and he took them out of their trouble.**
- <sup>20</sup> He sent his word and healed them:  
and saved their life from the Pit.
- <sup>21</sup> **Let them thank the Lord for his goodness:  
and for the wonders that he does  
for the children of Adam;**
- <sup>22</sup> Let them offer sacrifices of thanksgiving:  
and tell what he has done with shouts of joy.

### **A reading from The Letter of Paul to the Ephesians Chapter 2, verses 1 – 10**

<sup>1</sup> You were dead through the trespasses and sins <sup>2</sup> in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. <sup>3</sup> All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. <sup>4</sup> But God, who is rich in mercy, out of the great love with which he loved us <sup>5</sup> even when we were dead through our trespasses, made us alive together with Christ—by grace you have been saved— <sup>6</sup> and raised us up with him and seated us with him in the heavenly places in Christ Jesus, <sup>7</sup> so that in the ages to come he might show the immeasurable riches of his grace in kindness towards us in Christ Jesus. <sup>8</sup> For by grace you have been saved through faith, and this is not your own doing; it is the gift of God— <sup>9</sup> not the result of works, so that no one

may boast. <sup>10</sup> For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

Hear the word of the Lord.

**Thanks be to God.**

Glory and praise to you, Lord Jesus Christ!

**Glory and praise to you, Lord Jesus Christ!**

God loved the world so much, he gave us his only Son, that all who believe in him might have eternal life.

**Glory and praise to you, Lord Jesus Christ!**

**The Gospel of our Lord Jesus Christ  
according to John, Chapter 3, verses 14 – 21**

<sup>14</sup> And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, <sup>15</sup> that whoever believes in him may have eternal life. <sup>16</sup> 'For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. <sup>17</sup> 'Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. <sup>18</sup> Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. <sup>19</sup> And this is the judgement, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. <sup>20</sup> For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. <sup>21</sup> But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God.

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

**OFFERTORIES VIA DIRECT DEBIT**

Offering via direct debit. Direct debit details of account:  
ASDF Account: Parish of Terrigal, BSB:705-077  
Account Number: 00040934. - Terry Rowe, Treasurer.

### **PLEASE PRAY FOR:**

Carolyn Gibbs, Angarad O'Malley, John Sorensen, Emma Horton, Gloria & Albert Townsend, Jackie Davidson, Robyn Smith, Wendy McKellar, David Lamb, Pam Flegg, Ian, Jamie, Tahne & Syhe Robertshaw.

*Please note: This prayer list will be updated at the beginning of each month. If you wish someone to stay on the list, please legibly print their name in the prayer book. Please get their permission first. Thank you.*

### **Prayer of the Week**

Almighty God,  
in Christ you make all things new:  
transform the poverty of our nature  
by the riches of your grace,  
and in the renewal of our lives  
make known your heavenly glory;  
through Jesus Christ our Lord. **Amen.**

### **'WHISPERS OF LOVE' – MEDITATION**

Our 'Whispers of Love' meditation meets each Monday at 10.00am. A warm welcome is extended to join us.

Reflection: *Be still and know that I am God*

Silence reveals, silence heals,

Silence is where God dwells.

We yearn to be there.

Prayerfully, Reverend Ann.

### **THANK YOU BOXES**

Please take a Thank You box and put a coin in it when one receives a blessing. In 2023-2024 we are supporting the Newcastle Diocesan Domestic Abuse Project. Thank you.

## **MISSION NEWS**

On this Mothering Sunday, the church traditionally remembers mothers, and all those who have a motherly role in life of nurture and care.

Our ABM Lenten appeal this year has been focussing on the needs of women and children in areas of our world where it is a daily struggle to 'mother'.

Children starve and mothers die.

This week we focus on Kenya. ABM's partner in that country is Anglican Development Services Eastern which supports women in this drought-stricken country to establish an income, support their families and improve their livelihoods through their Sustainable Livelihoods Project.

Envelopes are still available on the welcome table. Please be generous.

ABM also raises money from used postage stamps to support many of their mission projects. I am about to send another package onto them. If you have any bring them in and leave them in the office. I will collect them.

Thank you all for your generosity.

Libby Harvey

## **DO YOU HAVE KEYS? NEW SIGNATURE REQUIRED**

If you have any keys to the building, please either see a Church Warden today or contact Cal in the office on 4365 1115 to arrange a time to come in and sign the new key register. Thank you.

## **WOMEN'S FELLOWSHIP**

We encourage and welcome ladies from all services, including both the 8.00am and 9.30am services, to join us in Women's Fellowship. We generally meet on the second Monday of the month, finishing with afternoon tea.

This month will be our Annual General Meeting (AGM) and will be held on:

Monday 11<sup>th</sup> March, 2024 at 1.00pm at church.

It will be followed by afternoon tea.

We look forward to seeing you there.

## **ATTENTION ALL VOLUNTEERS - IMPORTANT**

As you are all aware, I am currently adding all volunteers to the R3 system that the Newcastle Diocese is using. When your name is added, you will receive a few emails from 'Newcastle Anglican' advising you that you need to create a login for 'litmos'. Please follow the prompts to create a password and please take note of the web address for litmos so you can access it in future.

From then on, all of your correspondence and training will be sent through your litmos account from Newcastle Anglican.

I am available to help you so please do not hesitate to ask as this is very important. Please contact me either through [admin@terrigalanglican.org.au](mailto:admin@terrigalanglican.org.au) or on 4365 1115 on Tuesday or Thursday between 9.30am and 2.30pm.

Thank you. Cal Priest – Admin assistant.



**ANGLICAN BOARD OF MISSION**  
*Working for Love, Hope & Justice*

### **Lent 4 B – Sunday 10 March 2024**

- Numbers 21.4-9; Psalm 107.1-3, 17-22; Ephesians 2.1-10; John 3.14-21

The joyous proclamation of the Christian faith is that the reality and capacity of God's love and grace are not hidden from the world nor beyond our ability to see and know. Jesus, the Saviour, the Messiah, put aside the divinity and glory of heaven to be one of us, to be a visible part of this world and to invite the world into a journey of enlightening us to God and God's love. Naming Jesus as Lord begins our journey, and if you know nothing or everything of the bible, these words of Jesus recorded by John will continue to invite you, like Nicodemus, to seek to know how his life, death and resurrection is the power of God's love for our redemption and to eternal life.

- Pray that God's endless love would transform the darkness of our world to light – transforming hatred to forgiveness and freedom, conflict to peace and joy, fear to hope and faith, death to life.
- Give thanks for the work and witness of CAPA, the Council of the Anglican Provinces of Africa.

Text: Jenny, Diocese of Newcastle © Anglican Board of Mission, 2024

**Next Sunday – 17<sup>th</sup> March, 2024**

**FIFTH SUNDAY IN LENT**

**8.00am** – Sung Eucharist – *Presiding & Preaching – Fr Mark Watson*  
*Organist – Chris Sillince*

**9.30am** – Holy Eucharist – *Presiding & Preaching – Fr Mark Watson*  
*Organist – Chris Sillince*

**Readings:** Jeremiah 31.31-34, Psalm 119.9-16, Hebrews 5.5-14  
**Gospel:** John 12.20-33

**This Week**

**Monday 11<sup>th</sup> March**

**10.00am** – Whispers of Love – A Meditation  
– Rev'd Ann Watson

**1.00pm** – Women's Fellowship AGM and afternoon tea.

**Tuesday 12<sup>th</sup> March**

**7.00pm** – Trinity Band rehearsals.

**7.00pm** – Parish Council meeting.

**Wednesday 13<sup>th</sup> March**

**Thursday 14<sup>th</sup> March**

**7.30pm** – Lenten Studies – Fr Mark Watson

**Friday 15<sup>th</sup> March**

**10.30am** – Eucharist – Fr Mark Watson

Wisdom 2.1, 12-22, Psalm 34.15-22, John 7.1-2, 10, 25-30.

**Following the Eucharist** – Lenten Studies – Fr Mark Watson

**Saturday 16<sup>th</sup> March**

**8.00am – 1.00pm** – Market Day

**Sunday 17<sup>th</sup> March**

**11.00am** – Annual General Meeting

## Rosters for next week

### Friday 15<sup>th</sup> March – 10.30am

<b>Reader</b>
Ann West

### Sunday 17<sup>th</sup> March - 8.00am and 9.30am

<b>Readers</b>	<b>Intercessions</b>	<b>Servers</b>
<b>8.00am</b> 1 <sup>st</sup> – Chris Sillince 2 <sup>nd</sup> – Terry Rowe	<b>8.00am</b> TBA	<b>8.00am</b> TBA
<b>9.30am</b> 1 <sup>st</sup> – Libby Harvey 2 <sup>nd</sup> – David Harvey	<b>9.30am</b> TBA	<b>9.30am</b> TBA

### Sunday 17<sup>th</sup> March

<b>Flowers</b>	<b>Morning Tea</b>
No flowers during Lent.	<b>Volunteers Needed</b>

**\*Please note: If you are unable to serve, please arrange someone to take your place. If you can't find someone, please contact the person in charge of your roster or a church warden to help you.**

**Thank you.**

**The Anglican Diocese of Newcastle - The Parish of Terrigal**  
**The Church of the Holy Trinity**  
**92 Serpentine Rd, Terrigal, 2260**  
**Parish Postal Address – P.O. Box 167, Terrigal, 2260**  
**Office Phone: 4365 1115 (Office open Tuesday & Thursday 9.30am – 2.30pm)**

**Parish Email – [admin@terrigan Anglican.org.au](mailto:admin@terrigan Anglican.org.au)**  
**Website – [www.terrigan Anglican.org.au](http://www.terrigan Anglican.org.au)**  
**Facebook – <https://www.facebook.com/Terrigan Anglican>**

**Rector – The Reverend Canon Mark Watson – 4365 1374 or 0434 431 400**  
**Email – [cyprian7@bigpond.com](mailto:cyprian7@bigpond.com)**

**Associate Priests**

**The Reverend Ann Watson – 0427 135 771**  
**The Reverend Dr Richard Harvey – 0422 109 262**  
**The Reverend Bruce McAteer - 0417 229 296**

**Parish Executive**

**Rector's Warden – Ronda Kiss 0419 989 526**  
**People's Warden – Terry Rowe 0427 788 308**  
**People's Warden – Neil Ewer 0412 640 477**

**Parish Secretary – TBA**

**Parish Treasurer - Terry Rowe 0427 788 308**

**Parish Ministries**

**Parish Organist - Chris Sillince 0422 225 849**  
**Sacristan – C. Taylor**  
**Office Administration – Cal Priest 4365 1115**  
**Pastoral Care - Contact 4365 1115**  
**Trinity Band & Cursillo – Libby Harvey 0431 315 085**  
**Safety Officer - Mike Keaney 0412 370 716**  
**Copyright Compliance Officer – Terry Rowe 0427 788 308**  
**Parish Bookshop – Ronda Kiss 0419 989 526**  
**Women's Fellowship – June Timms 4384 2280**  
**Market Day Co-ordinator – Ian Wolstenholme 0424 135 214**

**Parish Opportunity Shop**

**Julie Laird/Mel Ferry Phone - 4365 1280**

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