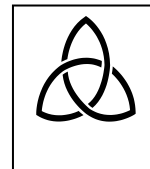


**The Anglican Diocese of Newcastle
The Parish of Terrigal**



Welcome to worship at Holy Trinity
The Third Sunday in Lent
19th March, 2017



7.30am - Sung Eucharist - Presiding & Preaching - The Rev'd. Richard Harvey

9.30am - Holy Eucharist - Presiding & preaching – Fr. Roy Hazlewood

11.00am - Lenten Bible Study

3.30 – 5.30pm – Messy Church

[All hymns are from Together in Song unless otherwise specified.]

Prayer and anointing for healing are available at each Eucharist. If you would like prayer and anointing, please move in front of the step, at the left side of the altar, after receiving communion and a priest will come and minister to you.

A Reading from the book of Exodus

Chapter 17: Verses 1 - 7.

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, 'Give us water to drink.' Moses said to them, 'Why do you quarrel with me? Why do you test the LORD?' But the people thirsted there for water; and the people complained against Moses and said, 'Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?' So Moses cried out to the LORD, 'What shall I do with this people? They are almost ready to stone me.' The LORD said to Moses, 'Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.' Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the LORD, saying, 'Is the LORD among us or not?'

Hear the word of the Lord.

Thanks be to God

Psalm: 95.

O come, let us sing out to the Lord:
let us shout in triumph to the rock of our salvation.
**Let us come before his face with thanksgiving:
and cry out to him joyfully in psalms.**

For the Lord is a great God:
and a great king above all gods.
**In his hand are the depths of the earth:
and the peaks of the mountains are his also.**

The sea is his and he made it:
his hands moulded dry land.

**Come, let us worship and bow down:
and kneel before the Lord our maker.**

For he is the Lord our God:
we are his people and the sheep of his pasture.

**Today if only you would hear his voice
— ‘Do not harden your hearts as at Meribah:
as on that day at Massah in the wilderness;**

‘When your forebears tested me:
put me to proof, though they had seen my works.

**‘Forty years long I loathed that generation and said:
“It is a people who err in their hearts,
for they do not know my ways”;**

‘Of whom I swore in my wrath:
“They shall not enter my rest.”’

A Reading from the letter of Paul to the Romans, Chapter 5. 1 –11.

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God’s love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him

from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Hear the word of the Lord.

Thanks be to God.

Glory to you, Word of God, Lord Jesus Christ!

Glory to you, Word of God, Lord Jesus Christ!

Lord, you are truly the Saviour of the world;
give me living water, that I may never thirst again.

Glory to you, Word of God, Lord Jesus Christ!

The Gospel of our Lord Jesus Christ according to St. John, Chapter 4, verses 5-42

So he came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink'. (His disciples had gone to the city to buy food.) The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (Jews do not share things in common with Samaritans.) Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink", you would have asked him, and he would have given you living water.' The woman said to him, 'Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?' Jesus said to her, 'Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up

to eternal life.' The woman said to him, 'Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.'

Jesus said to her, 'Go, call your husband, and come back.' The woman answered him, 'I have no husband.' Jesus said to her, 'You are right in saying, "I have no husband"; for you have had five husbands, and the one you have now is not your husband. What you have said is true!' The woman said to him, 'Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.' Jesus said to her, 'Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.' The woman said to him, 'I know that Messiah is coming' (who is called Christ). 'When he comes, he will proclaim all things to us.' Jesus said to her, 'I am he, the one who is speaking to you.'

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, 'What do you want?' or, 'Why are you speaking with her?' Then the woman left her water-jar and went back to the city. She said to the people, 'Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?' They left the city and were on their way to him.

Meanwhile the disciples were urging him, 'Rabbi, eat something.' But he said to them, 'I have food to eat that you do not know about.' So the disciples said to one another, 'Surely no one has brought him something to eat?' Jesus said to them, 'My food is to do the will of him who sent me and to complete his work. Do you not say, "Four months more, then comes the harvest"? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may

rejoice together. For here the saying holds true, "One sows and another reaps." I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.'

Many Samaritans from that city believed in him because of the woman's testimony, 'He told me everything I have ever done.' So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. And many more believed because of his word. They said to the woman, 'It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.'

The Gospel of the Lord

Praise to you, Lord Jesus Christ

Please pray for

Barbara Matthews, Paul Catanzariti, Joel, Denise King
Keith Williams, Joan & Norm Williams, Vern Tucker,
Enid Marvin, Keval Murphy, Keith Watson, Kate Ross,
Col Taylor

**We Prayerfully remember
Gordon Geoffrey Milne**

MARKET DAY THANK YOU

We would like to thank everyone who worked so hard to make
another Market Day a success.

Mission Report - 19th March 2017

ABM Lent Appeal.

During Lent the parish will be supporting the ABM Lent Projects (Envelopes.)
This week the ABM project we look at is the I

Gender & Governance Initiative in Zambia.

ABM has been supporting its partner, Zambia Anglican Council, to improve gender equality outcomes across many parts of Zambia since 2011. The Church's Gender and Governance Program addresses gender inequalities and Gender Based Violence, including advocacy about women's rights with government, both within the Church itself and with the broader community. The program has sought to confront cultural traditions, which deny women equal rights and change attitudes about girls being "sold" into early marriage upon the girl getting pregnant. It also aims to equip communities and parishes to learn about and develop skills to deal with Gender Based Violence at the local level.

Please support this project and help ABM change attitudes and behaviours about gender in Zambia.

Franciscan Angles

A Newsletter for the Society of Saint Francis in the Province of the Divine Compassion is available on the sides-person table in the Gathering Space. The current edition includes a glimpse of the personal spiritual journey and insight of Father Daniel Hobbs, who is currently discerning membership of the Third Order of the Society of St Francis.

There is also a Carbon Challenge which encourages us to 'carbon fast' throughout the season of Lent and to consider

- * Car sharing, use of public transport, to ride a bike or walk:
to reduce our CO2 usage.

- * Study the scriptures concerning our responsibilities for our environment.

Stroud BrothersThe Society of Saint Francis - The Hermitage at Stroud, is one of Anglican Franciscan brothers belonging to the world wide Society of Saint Francis.

Society of Saint Francis vision: *That God calls us to be a community who strive to be Lesser Brothers of great diversity. Committed to God and to each other through prayer, education and ministry. Witnessing in many ways to the Gospel of Christ and the vision of Saint Francis. We aim to be agents of transformation both for each other and for the wider society through our ministries and simplicity of lifestyle.*

Coralie Taylor - Mission Secretary.

This Week
THIRD SUNDAY IN LENT

Monday 20th March

10.00am – Whispers of Love [*Rev. Ann*]

Tuesday 21ST March

8.45am – 1.30pm - Maestro Possums

7.00pm – Trinity Band & Singers Rehearsal

Wednesday 22nd March

8.00am – Morning Prayer - **8.30am – Holy Eucharist** [*Fr. Mark*]

5.00pm – Holy Eucharist [*Fr. Roy*]

5.30pm – Sacred Reading [*Fr. Roy*]

Thursday 23rd March

8.00am – Morning Prayer - **8.30am – Holy Eucharist** [*Fr. Mark*]

7.30pm Lenten Bible Study [*Fr. Mark*]

Friday 24th March

8.00am – Morning Prayer

8.45am – 1.30pm - Maestro Possums

10.30am - Holy Eucharist [*Fr. Mark*] and morning tea

Readings – Hosea 14.2-10; Psalm: 81. 6-10; Mark 12.28-34

11.45am – Friday Lenten Bible Study [*Fr. Mark*]

11.00am – Eucharist at Woodport Aged Care [*Rev'd. Ann*]

Saturday 25th March

The Feast of the Annunciation to the Blessed Virgin Mary

8.30am – Holy Eucharist [*Fr. Mark*]

EASTER CARDS

Please investigate the wonders of our book shop and purchase your Easter Cards.

OP SHOP WEEK LONG SALE

The Op Shop has a sale on this week. Clothing bargains to be found, don't miss out.

PRAY WITHOUT CEASING

I've been asked numerous times what St Paul might have meant when he wrote in one of his letters, "Pray without ceasing" (1Thess. 5:17). How can we possibly pray without ceasing? Lent is the season of giving attention to prayer and the things of the spirit.

The late Henri Nouwen, Dutch priest and spiritual writer, said that prayer is not something extra we fit in with everything else. In *Clowning in Rome*, he wrote that we must pray not "as a part of life, but as all of life" (p.61). Prayer must become so much a part of us that it becomes like breathing.

Furthermore, our minds are always active; we are always thinking. "This unceasing thinking that lies at the core of our humanity needs to be converted slowly but persistently into unceasing prayer" (p.69). But that does not mean continuously thinking about God. "To pray, I think, does not mean to think about God in contrast to thinking about other things, or to spend time with God instead of spending time with other people. Rather, it means to **think and live in the presence of God**" (p.70, emphasis mine). This prayer is not isolated from our daily activities. It requires a "converting ... from a self-centered monologue to a God-centered dialogue" (p.70-71). It is a learning process in which we can "lead all our thoughts out of their fearful isolation into a fearless conversation with God" (p.71).

Nouwen says this is difficult because we are inclined to put everything before God, and to keep our daily existence outside the dialogue. This is "the road to idolatry." It is only by discipline, by spending time in prayer and meditation on the scriptures that we can become accomplished in this kind of prayer. Nor is it something we can hope to achieve in isolation. We need the community of faith, the church, the sacraments, the spiritual disciplines that saints and mystics have found conducive to the development of the spiritual life down the centuries. During Lent, various means of enabling this to happen are offered in the Parish through Lenten study groups, "Whispers of Love" meditation group on Mondays, *Lectio divina* or sacred reading on Wednesdays, weekday Morning Prayer and Eucharist as well as the Sunday liturgies.

The quality of our celebration of Easter will depend on how we have spent these holy days of Lent. It is all part of the great paschal mystery – death, burial, resurrection. May we experience, not simply recall, our own death and resurrection with Christ this Easter, because we have at least begun to learn to “pray without ceasing.”

Fr Mark

WHISPERS OF LOVE

Reflection

Breath of Life,
You ride the waves of life with me
In the rhythms of my communion with you.
You enter the comings and goings
of each day and in every prayer I breathe.
Whether I am in the stillness of quiet prayer
or in the fullness of the day's activity,
may your peace flow through my being. *(Prayer Joyce Rupp)*

Prayerfully Reverend Ann



Today

3.30 - 5.30pm

Please join us for this different service
and invite a family with young children to come along!

The liturgical text we are using for this service is from *A Prayer Book for Australia* (Sydney: Broughton Books, ©1995, The Anglican Church of Australia Trusts Corporation, 1996 and used with permission – ePray licence No.230
Hymns are reproduced from *Together in Song*, Harper Collins Publishers, East Melbourne, 1999.with permission. CCLI 89783.

Next Sunday – 26th March, 2017

Fourth Sunday in Lent

7.30am – Sung Eucharist *Presiding & Preaching– Fr. Mark - Organist –Chris Sillince*

9.30am – Holy Eucharist *Presiding & preaching – Fr. Mark-
Music – Trinity Band & Singers*

11.00 – Lenten Bible Study – Fr. Mark

Eucharistic Readings:

1 Samuel 16. 1-13; Psalm 23; Ephesians 5. 8-14; John 9: 1-41

DATES FOR THE DIARY – 2017

Saturday 1st April – 10.00am – Messy Church Meeting

Sunday 2nd April - 6.00pm – Parish Dinner at the Bowlo

Tuesday 4th April – 2.00pm – Tarragal Glen Eucharist [Rev'd. Ann]

Wednesday 5th April – 2.00pm – Ecumenical Service at Tarragal Manor [Fr. Mark]

Friday 7th April – 1.00pm – 3.00pm – Market Day Set up

Saturday 8th April – 8.00am – Garden Working Bee

Saturday 8th April - 8.00am – 1.00pm – Market Day (1 week earlier)

Sunday 9th April – Palm Sunday

Monday 10th April– 1.00pm – Women's Fellowship Meeting

Tuesday 11th April – 7.30pm – Parish Council Meeting

Wednesday 12th April – 10.00am – Tarragal House Eucharist/Concert [Fr. Mark]

Thursday 13th April – 10.00am - Pastoral Care Meeting

Friday 14th April – Good Friday

Saturday 15th April - 8.00am – Parish Clean up working bee

Sunday 16th April – Easter Day

Thursday 20th April - 10.00am - Eucharist at The Pod [Fr. Mark]

Friday 28th April – 11.00am – Eucharist at Woodport Aged Care [Rev'd. Ann]

Tuesday 2nd May – 2.00pm – Tarragal Glen Eucharist [Rev'd. Ann]

Saturday 6th May – 10.00am – Messy Church Meeting

Sunday 7th May – Concert – Cathy Aggett (Soprano) with pianist

Sunday 7th May - 6.00pm – Parish Dinner at the Bowlo

Monday 8th May– 1.00pm – Women's Fellowship Meeting

Tuesday 9th May – 7.30pm – Parish Council Meeting

Wednesday 10th May – 10.00am – Tarragal House Eucharist/Concert [Fr. Mark]

Wednesday 10th May – 2.00pm – Ecumenical Service at Tarragal Manor [Fr. Mark]

Thursday 11th May – 10.00am - Pastoral Care Meeting

Saturday 13th May – 8.00am – Garden Working Bee

Parish Directory

The Church of the Holy Trinity – 92 Serpentine Rd, Terrigal, 2260

Parish Postal Address – P.O. Box 167, Terrigal, 2260

Office Telephone - 4365 1115.

Parish Email – admin@terrigalnglican.org.au

Website - www.terrigalnglican.org.au

Rector – The Reverend Canon Mark Watson – 4365 1374 or 0434 431 400

Email - cyprian7@bigpond.com

Associate Priests

The Reverend Ann Watson – 4365 1065 or 0427 135 771

The Reverend Roy Hazlewood - 4393 0114

The Reverend Richard Harvey – 0422 109 262

Parish Executive

Keith Watson (4365 1065) - Rector's Warden

Terry Rowe (4365 0430) - People's Warden

Kyara Newport (4384 3997) - People's Warden

Parish Secretary - Kyara Newport (4384 3997)

Parish Treasurer - Terry Rowe (4365 0430)

Parish Ministries

Parish Organist - Chris Sillince - 0422 225 849

Sacristan and Mission Secretary - Coralie Taylor

Office Manager - Bev Broadley - 4367 6066

Messy Church Convenor - Rhonda Kiss – 4363 5001

Pastoral Care - contact - 4365 1115

Cursillo - Keith Watson - 4365 1065

Safety Officer - Mike Keaney

Copyright Compliance Officer - Barbara Matthews

Parish Bookshop – Kyara Newport

Market Day Co-ordinator – George Jessup - 4368 2237

Parish Opportunity Shop

Carolyn Shields / Christine De Gans - 4365 1280

The Op Shop is open Tuesday to Friday from 9.00am to 4.00pm

and each Saturday from 10.00am to 1.00pm