

**Welcome to worship at Holy Trinity, Terrigal  
11<sup>th</sup> February, 2018  
Sixth Sunday after Epiphany**



**7.30am - Sung Eucharist – *Presiding & Preaching –Fr Mark Watson*  
**Organist – *Chris Sillince*****

**9.30am - Holy Eucharist -*Presiding & Preaching – Fr Mark Watson*  
**Organist – *Libby Harvey*****

[All hymns are from Together in Song unless otherwise specified.]

Prayer and anointing for healing are available at each Eucharist. If you would like prayer and anointing, please move in front of the step, at the left side of the altar, after receiving communion and a priest will come and minister to you.

## **A reading from the second book of Kings**

### **Chapter 5: verses 1-14.**

Naaman, commander of the army of the king of Aram, was a great man and in high favour with his master, because by him the LORD had given victory to Aram. The man, though a mighty warrior, suffered from leprosy. Now the Arameans on one of their raids had taken a young girl captive from the land of Israel, and she served Naaman's wife. She said to her mistress, 'If only my lord were with the prophet who is in Samaria! He would cure him of his leprosy.' So Naaman went in and told his lord just what the girl from the land of Israel had said. And the king of Aram said, 'Go then, and I will send along a letter to the king of Israel.'

He went, taking with him ten talents of silver, six thousand shekels of gold, and ten sets of garments. He brought the letter to the king of Israel, which read, 'When this letter reaches you, know that I have sent to you my servant Naaman, that you may cure him of his leprosy.' When the king of Israel read the letter, he tore his clothes and said, 'Am I God, to give death or life, that this man sends word to me to cure a man of his leprosy? Just look and see how he is trying to pick a quarrel with me.'

But when Elisha the man of God heard that the king of Israel had torn his clothes, he sent a message to the king, 'Why have you torn your clothes? Let him come to me, that he may learn that there is a prophet in Israel.' So Naaman came with his horses and chariots, and halted at the entrance of Elisha's house. Elisha sent a messenger to him, saying, 'Go, wash in the Jordan seven times, and your flesh shall be restored and you shall be clean.' But Naaman became angry and went away, saying, 'I thought that for me he would surely come out, and stand and call on the name of the LORD his God, and would wave his hand over the spot, and cure the leprosy! Are not Abana and Pharpar, the rivers of Damascus, better than all the waters of Israel? Could I not wash

in them, and be clean?’ He turned and went away in a rage. But his servants approached and said to him, ‘Father, if the prophet had commanded you to do something difficult, would you not have done it? How much more, when all he said to you was, “Wash, and be clean”?’ So he went down and immersed himself seven times in the Jordan, according to the word of the man of God; his flesh was restored like the flesh of a young boy, and he was clean.

Hear the word of the Lord.

**Thanks be to God.**

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### **Psalm 30**

I will exalt you, O Lord,  
for you have drawn me up from the depths:  
and have not suffered my foes to triumph over me.

**O Lord my God, I cried to you:  
and you have made me whole.**

You brought me back, O Lord, from the land of silence:  
you saved my life  
from among those that go down to the Pit.

**Sing praises to the Lord, all you his faithful ones:  
and give thanks to his holy name.**

For if in his anger is havoc,  
in his good favour is life:  
heaviness may endure for a night,  
but joy comes in the morning.

**In my prosperity I said ‘I shall never be moved:  
your goodness, O Lord, has set me on so firm a hill.’**

Then you hid your face from me:  
and I was greatly dismayed.

**I cried to you, O God:  
and made my petition humbly to my Lord.**

'What profit is there in my blood,  
if I go down to the Pit:  
can the dust give you thanks,  
or declare your faithfulness?

**'Hear, O Lord, and be merciful:  
O Lord, be my helper.'**

You have turned my lamentation into dancing:  
you have put off my sackcloth and girded me with joy,  
**That my heart may sing your praise and never be silent:  
O Lord my God, I will give you thanks for ever.**

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**A reading from the first letter of Paul to the Corinthians,  
Chapter 9: verses 24 - 27.**

Do you not know that in a race the runners all compete, but only one receives the prize? Run in such a way that you may win it. Athletes exercise self-control in all things; they do it to receive a perishable garland, but we an imperishable one. So I do not run aimlessly, nor do I box as though beating the air; but I punish my body and enslave it, so that after proclaiming to others I myself should not be disqualified.

Hear the word of the Lord.

**Thanks be to God.**

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Alleluia, **alleluia!**  
A great prophet has appeared among us;  
God has visited his people.  
**Alleluia!**

## **The Gospel of our Lord Jesus Christ according to Mark 1: verses 40-45.**

A leper came to him begging him, and kneeling he said to him, 'If you choose, you can make me clean.' Moved with pity, Jesus stretched out his hand and touched him, and said to him, 'I do choose. Be made clean!' Immediately the leprosy left him, and he was made clean. After sternly warning him he sent him away at once, saying to him, 'See that you say nothing to anyone; but go, show yourself to the priest, and offer for your cleansing what Moses commanded, as a testimony to them.' But he went out and began to proclaim it freely, and to spread the word, so that Jesus could no longer go into a town openly, but stayed out in the country; and people came to him from every quarter.

The Gospel of the Lord

**Praise to you, Lord Jesus**

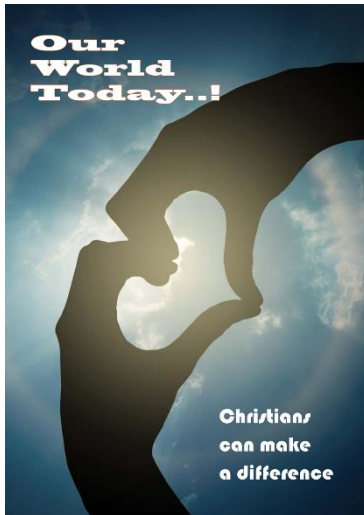
**Please pray for**

Barbara Matthews, Denise King, Maureen H., Marie Partier,  
Barry Stokes, Joel, Joan and Norman Williams

**Prayer List**

Each month we start a fresh page in our prayer list book which is located on the table outside the church. At this time we will also start a fresh list in the pew bulletin. If you wish yourself or someone you would like us to pray for please enter their name on the fresh page each month

*Thank you, Bev Broadley*



## LENT 2018

We begin our Lenten journey on Ash Wednesday, 14<sup>th</sup> February. With Christians around the world, we go with Jesus into the wilderness, a place of clarification, of stripping down to the bare essentials, of refocusing our lives toward God. Jesus was part of a tradition of holy people who spent time in the loneliness and harshness of the desert – Moses, Elijah, John the Baptist – where they were able to focus on God without material comforts and other distractions, in order to pray and spend time with God.

Various practices assist us to do this: studying and meditating on the scriptures, prayer, fasting and abstinence, giving to the poor and needy, being more dedicated in receiving the sacraments – especially penance and the Eucharist – as we seek to live out and renew our baptismal calling to daily die and rise with Christ.

- This year, our **Ash Wednesday** liturgies on the 14<sup>th</sup> February will be at **8.30am, 12midday, and 5.00pm** in the Founders' Chapel. Each Eucharist will include the Imposition of Ashes and a penitential Litany.

This year, our **Lenten Study Groups** will include:

- ***Whispers of Love*** Meditation Group on Mondays at **10.00am** led by the Rev'd Ann Watson (see separate notice in this bulletin).
- ***Sacred Reading (Lectio Divina)*** led by Fr Roy Hazlewood will continue on Wednesdays at **5.30pm** following the Eucharist at **5.00pm** in the Founders' Chapel.
- ***Lenten Studies*** will be held on **Sundays** at **11.00am** in the Meeting Room, **Thursdays** at **7.30pm** at the Rectory, and **Fridays** at **11.30am** in the Meeting Room. These groups will use the 2018 Lent Study Resource "***Make a Difference***" by Bishop Bill Ray of North Queensland using the Lent Year B lectionary readings.

The Studies help us to ask “where has society gone wrong and in particular, is the church seen as irrelevant?”

Some see the church as a half full glass, while others see it as an empty or half empty glass. These six studies are for those who see the church as a glass half full and are seeking to add to the glass of faith in a positive way to “***Make a Difference.***” in our secular world.

We are invited to reflect upon the Sunday Lent readings, to read a short commentary and are encouraged to find some space to quietly reflect before coming to the groups.

Our group discussions will share insights and allow ourselves to be challenged, so that we will live out our faith in an authentic way.

The booklets are \$9.95 each. Please indicate which group you would like to join on the sign-up sheet on the table at the church door.

*Fr Mark*

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### **ASH WEDNESDAY AND LENT**

“Remember that you are dust and to dust you shall return.” We hear those words as ashes are placed on our foreheads on Ash Wednesday. They are deliberately jarring, and definitely out of step with our culture. We are encouraged not to think about death. Our culture glorifies youth and energy and activity. Of course, there’s nothing wrong with wanting to maintain the vitality of youth as long as we can. But no matter how well we succeed in doing that, the day will come when we will take our last breath. The older we get, the more our mortality confronts us – “earth to earth, ashes to ashes, dust to dust” – these words not only remind us of the brevity of life; they also symbolise our need for regular self-examination, repentance and confession.

Lent is a time for cleansing, renewal and refreshment. We talk about “giving something up for Lent.” It’s also a season to “take something up”. Lent is not intended to be some sort of endurance test, but an opportunity to become new

and different people. We live out our baptismal calling by entering the water and re-emerging as new people. After the 40 days of Lent how will we “re-emerge” on Holy Saturday and Easter Sunday? We enter with Jesus into the darkness of the cross and the tomb and then re-emerge with him into the light of his resurrection.

Lent is a time to ask ourselves: What is God calling me to do this Lent? As we listen to the stillness and the movements of our hearts; as we read and pray the scriptures; we can ask, “Where do I feel uncomfortable with the choices I am making? What things have I done that cause some disquiet in me? How do I respond to others? How have I hurt others? How may the Lord be speaking to me in the little naggings of my heart? What has gained control in my life that I may need to give up? What needs changing in my life? What do I need more of? Patience? Thoughtfulness? Joyfulness? Unselfishness? Awareness of others? What has got in the way of my being loving and kind? Have I allowed bitterness or resentment to take over somewhere? What would it cost me to change these behaviours? What would my life look like if I gave up some of these destructive patterns of living and behaving?”

A leading British investment banker and Christian philanthropist sums it up succinctly and beautifully: “Lent, followed by Easter, gives us the opportunity to detach ourselves from the concerns of mortality and overcome the sorrows of mourning. At the same time, each of us can draw on the energy of Lent to look forward to the rest of our life – and beyond – and to ask ourselves what we want to leave behind when we too have return to dust” (“Energy of Lent” by John Studzinski *The Tablet* 3 March 2012 p. 9).

I encourage you to begin Lent well by coming to one of our Ash Wednesday liturgies next Wednesday 14<sup>th</sup> February at 8.30am, 12 noon or 5.00pm. May God help us to keep a holy Lent.

*Fr Mark*



## Meditation 'Whispers of Love'

Monday 10.00 am at Holy Trinity.

Reflection: What is prayer?

A spiritual life without prayer is like the gospel without Christ.

To pray.....means to think and live in the presence of God.

*Henri Nouwen*

*Prayerfully Reverend Ann*



**Sunday 18<sup>th</sup> February**

**3.30 - 5.30pm**

Please join us for this different service  
and invite a family with young children to come along with you!

## Rosters for Sunday 18<sup>th</sup> February

7.30am

Greeter	Sidesperson	Readers	Servers
B. Willets	U. Finlay	C. McGee B. Broadley	R.Kiss,C.Taylor

9.30am

Greeter	Sidesperson	Readers	Servers
I. Neville	J. & T. Rowe	T. Rowe M. Hazlewood	C.Taylor
Morning Tea	Counting Roster		Flowers
J.Rowe, J.Cook, M.Meaken, T. Parsons	T.Gray, T. Rowe		Lent

## This Week

### **Monday 12<sup>th</sup> February**

**10.00am** – Whispers of Love

**1.00pm** – Women's Fellowship Meeting and AGM

### **Tuesday 13<sup>th</sup>**

**8.00am** - Morning Prayer

**7.30pm** - Parish Council meeting



### **Wednesday 14<sup>th</sup> - Ash Wednesday**

**8.00am** Morning Prayer

**8.30am** Holy Eucharist with Imposition of Ashes (*Fr Mark*)

**10.00am** Holy Eucharist at Tarragal House (followed by singalong) (*Fr Mark*)

**12 midday** Holy Eucharist with Imposition of Ashes (*Fr Mark*)

**5.00pm** Holy Eucharist with Imposition of Ashes (*Fr Roy*)

**5.30pm** Sacred Reading (*Fr Roy*)

### **Thursday 15<sup>th</sup> February**

**8.00am** - Morning Prayer

**10.30am** – Eucharist at Aurrum - the Pod {*Fr Mark*}

### **Friday 16<sup>th</sup>**

**10.30am - Holy Eucharist** [*Fr Mark Watson*] and morning tea

**Readings** – Isaiah 58.1 – 9a, Psalm 51.15-19; Matthew 9. 14-15

**11.30pm – Bible Study**

**1.00pm** – Market Day preparations

### **Saturday 10<sup>th</sup>**

**8.00am - 1.00pm** - Market Day

## **WOMEN'S FELLOWSHIP**

Women's Fellowship first meeting for 2018 on 12th February is the AGM meeting. At this all positions become vacant and elections take place to fill these for the coming year.

We report on the previous year and seek suggestions for speakers and events that would be of interest.

The group is small and extremely supportive of the Church and each other. Fundraising has not recently been a priority it has been more on a social level. A time to join together to support each other and enjoy the interesting talks our visitors give.

Audree Dash has been keeping in touch with those Baptised at Holy Trinity, this has always been a thought to keep them connected.

We take interest in Anglican Women within the Diocese of Newcastle, allowing us to join in their retreats and reflexion days.

At times we join other Christian Groups in the area for reflexion and prayer days.

Our starting time is 1:00pm, however we are flexible with that as we know some ladies have other commitments and could be running late.

We always enjoy a lovely afternoon tea before heading home.

Should you like to join us you would be more than welcome, even to bring along a friend.

## **ANNUAL GENERAL MEETING**

Will be held on Sunday 25<sup>th</sup> February at 11.00am.

Please mark the date in your diary.

## **OUR NEXT MARKET DAY IS SATURDAY 17<sup>th</sup> FEBRUARY.**

We need help with setting up on Friday 16<sup>th</sup> at 1.00pm. On Saturday we always need help with manning the stalls, greeting our customers and there are many goodies to purchase.

Packing up will take place from 1.00pm on Saturday and help is needed to get the goods into boxes for storage.

Don't forget to make a cake or two for our cake stall.

Tell your friends and invite your neighbours.

## Next Sunday – 18<sup>th</sup> February, 2018

**7.30am – Sung Eucharist - Presiding & Preaching – Fr Mark Watson**

**Organist – Chris Sillince**

**9.30am – Holy Eucharist - Presiding & Preaching – Fr Mark Watson**

**Organist – Sharon Sandstrom**

**Eucharistic Readings:**

Genesis 9.8–17; Psalm 25. 1-10; 1 Peter 3. 18-22; Mark 1. 9-15

**3.30 – 5.30pm – Messy Church**

### DATES FOR THE DIARY – 2018

**Sunday 18<sup>th</sup> February – 3.30 – 5.30pm - Messy Church**

**Friday 23<sup>rd</sup> February – 10.30am – Eucharist at Woodport Aged Care {Revd. Ann}**

**Friday 23<sup>rd</sup> – 3.30pm – Wedding Rehearsal**

**Saturday 24<sup>th</sup> February – 3.00pm - Wedding**

**Sunday 25<sup>th</sup> February - 11.00am - Parish AGM**

**Tuesday 27<sup>th</sup> February - 7.00pm – Trinity Band & Singers Rehearsal**

**Saturday 3<sup>rd</sup> March – 10.00am – Messy Church Meeting**

**Sunday 4<sup>th</sup> March – 6.00pm – Parish Dinner at Terrigal Bowlo**

**Tuesday 6<sup>th</sup> March - 2.00pm – Eucharist at Tarragal Glen {Revd. Ann}**

**Wednesday 7<sup>th</sup> March 2.00pm – Ecumenical Service Tarragal Glen {Fr Mark}**

**Thursday 8<sup>th</sup> March – 10.00am - Pastoral Care Meeting**

**Saturday 10<sup>th</sup> March - 8.00am – Garden Working Bee**

**Monday 12<sup>th</sup> March - 1.00pm – Women’s Fellowship Meeting**

**Thursday 15<sup>th</sup> March – 1.30am – Eucharist at the Pod {Fr Mark}**

**Friday 23<sup>rd</sup> March – 10.30am – Eucharist at Woodport Aged Care {Revd. Ann}**

### **SAFE MINISTRY TRAINING**

A full day workshop is being held at Christchurch, Mann Street, Gosford on the 7<sup>th</sup> April, 2018 from 9am until 4pm.

There is also a refresher half day course at St James, Byron St, Wyong on the 17th March, 2018 from 9am until Noon.

If you believe you may need to participate in a course, please contact Kyara Newport or the office for a copy of the registration form.

*Thank you*



### **Ash Wednesday - Palm Crosses.**

Ash Wednesday 14th February marks the beginning of the Season of Lent. This is a Season of penance, contrition, reflection and fasting, a period of 40 days for us to prepare for Christ's Resurrection on Easter Sunday. During this preparation, we are reminded, that **God is gracious and merciful to those who call on Him with repentant hearts.**

Each year the Ashes are prepared using the blessed Palm Crosses from the previous years Palm Sunday Service.

The symbolic marking of foreheads with ashes, to humble our hearts, remind us that life passes away on Earth. **"Remember that you are dust, and to dust you shall return". Gen. 3:19**

A Bowl has been place on the Side table in the gathering space for the collection of the Palm Crosses. Could you please bring your Palm Crosses from last year to place in the bowl, so that they can be prepared and burned as part of the Parish preparations for this years Ash Wednesday services.

*Coralie Taylor - Sacristan.*

#### **BAND PRACTICE**

Band Practice will resume 27<sup>th</sup> February at 7.00pm

If you can sing or play an instrument and would like to join our Trinity Band and Singers Group, please contact Libby Harvey on 0431 315 085.



## **ANGLICAN BOARD OF MISSION** *Working for Love, Hope & Justice*

**ABM Lent Appeal 2018 supports three  
program areas:**

### **LEADERSHIP FORMATION AND TRAINING**

ABM's Church to Church Program supports the theological formation and leadership training of our Partners at Newton Theological College in Papua New Guinea. Funding assists curriculum development and in the provision of running water.

### **THE ABORIGINAL AND TORRES STRAIT ISLANDER MISSION FUND**

This program supports the Aboriginal and Torres Strait Islander Anglican Church in work that seeks to challenge violence and injustice, respond to human need and build flourishing communities of hope.

### **PHILIPPINES LIVELIHOODS PROJECT**

This Lent consider supporting the work of ABM's Philippine Church partners, Episcopal Community Action for Renewal and Empowerment, Visayas and Mindanao Regional Office for Development whose programs help community groups in rural areas to value add community and individual assets to improve people's livelihoods.

**Into the *Desert*** - 40 days of Bible readings, reflections and prayers that will take you on a spiritual journey into the Australian wilderness - is available as an app for your smartphone. Download our free Lent Bible Study Resource written by Dr Julianne Stewart, which will help you to explore, theologically reflect, and act upon the Sustainable Development Goals. Book also available at <http://www.intothedesert.org>

### **"This Lent, Hear the Stories",**

The Lent study consists of 7 individual studies that have been designed around the lectionary readings for Ash Wednesday and each Sunday in Lent. They have been designed for group discussion but are also suitable for individual reflection. "This Lent, Hear the Stories" can be downloaded from [abmission.org](http://abmission.org)

*Coralie Taylor - Mission Secretary.*

**The Parish of Terrigal warmly welcomes you.**

We offer many opportunities for meeting together ...

**to worship and pray; to study Scripture and theology; to share fellowship, caring and support; and to celebrate real relationships which are divinely life-giving.**

These opportunities normally include ...

**Sunday Worship at Holy Trinity**

**7.30am - Sung Eucharist and 9.30am – Holy Eucharist**

**3<sup>rd</sup> Sunday in the month - Messy Church**

between 3.30pm and 5.30pm

**Weekly Worship at Holy Trinity**

**Tues to Friday - 8.00am - Morning Prayer**

**Friday at 10.30am - Eucharist**

**1st Tuesday at 2.00pm - Tarragal Glen Eucharist**

**2nd Wednesday at 10.00am - Tarragal House Eucharist/concert**

**Every Wednesday at 5.00 pm - Eucharist**

**3rd Thursday at 10.00am - Eucharist at The Pod [Aurrum]**

**4<sup>th</sup> Friday – 10.30am – Eucharist at Woodport Aged Care**

**VARIOUS PARISH MINISTRIES**

**'Whispers of Love'** - a meditation (*Monday at 10.00am*); **Women's Fellowship** (*2nd Monday at 1.00pm*); **Parish Council** (*2<sup>nd</sup> Tuesday at 7.30pm*); **Trinity Band** (*Rehearsal - Tuesday at 7.00pm*) (*Playing at the 9.30am Sunday - 2<sup>nd</sup> and 4<sup>th</sup> Sundays*); **Sacred Reading** (*Wednesday at 5.30pm*); **Pastoral Care** (*2<sup>nd</sup> Thursday at 10.00am*); **Bible Study** (*Friday at 11.45am*); **Messy Church Planning Meeting** (*1<sup>st</sup> Saturday at 10.00am*) ; **Gardening** (*2nd Saturday from 8.00am*); **Market Day** (*3<sup>rd</sup> Saturday from 8.00am*)

*Parish contact - (02) 4365 1115 or mobile 0427 135 771*

**Holy Trinity Opportunity Shop ... contact (02) 4365 1280**

**Parish Website – [www.terrigan Anglican.org.au](http://www.terrigan Anglican.org.au)**

## **Parish Directory**

**The Church of the Holy Trinity – 92 Serpentine Rd, Terrigal, 2260**

**Parish Postal Address – P.O. Box 167, Terrigal, 2260**

**Office Telephone - 4365 1115.**

**Parish Email – [admin@terrigalanglican.org.au](mailto:admin@terrigalanglican.org.au)**

**Website - [www.terrigalanglican.org.au](http://www.terrigalanglican.org.au)**

**Rector – The Reverend Canon Mark Watson – 4365 1374 or 0434 431 400**

**Email - [cyprian7@bigpond.com](mailto:cyprian7@bigpond.com)**

### **Associate Priests**

**The Reverend Ann Watson –4365 1065 or 0427 135 771**

**The Reverend Roy Hazlewood - 4393 0114**

**The Reverend Dr Richard Harvey – 0422 109 262**

**The Reverend Bruce McAteer - 0417 229 296**

### **Parish Executive**

**Terry Rowe (4365 0430) - People's Warden**

**Kyara Newport (4384 3997) - People's Warden**

**Parish Secretary - Kyara Newport (4384 3997)**

**Parish Treasurer - Terry Rowe (4365 0430)**

### **Parish Ministries**

**Parish Organist - Chris Sillince - 0422 225 849**

**Sacristan and Mission Secretary - Coralie Taylor**

**Office Manager - Bev Broadley - 4367 6066**

**Messy Church Convenor - Rhonda Kiss – 4363 5001**

**Pastoral Care - contact - 4365 1115**

**Cursillo – Libby Harvey – 0431 315 085**

**Safety Officer - Mike Keaney**

**Copyright Compliance Officer – Terry Rowe**

**Parish Bookshop – Kyara Newport**

**Market Day Co-ordinator – George Jessup - 4368 2237**

### **Parish Opportunity Shop**

**Carolyn Shields / Christine De Gans - 4365 1280**

**The Op Shop is open Tuesday to Friday from 9.00am to 4.00pm**

**and each Saturday from 10.00am to 1.00pm**