

**Welcome to worship at Holy Trinity, Terrigal  
First Sunday in Lent  
10<sup>th</sup> March, 2019**



**7.30am - Sung Eucharist - *Presiding & Preaching – Fr Mark Watson***

**Organist – *Chris Sillince***

**Hymns: TIS 591, 463, 515(ii), 580**

Postlude: English Organ Postlude: ***Gavotte*** (Matthew Camidge)

**9.30am - Holy Eucharist - *Presiding & Preaching – Fr Mark Watson***

**Trinity Band and Singers**

**Hymns: TIS 526, 655, 239, 607**

[All hymns are from Together in Song unless otherwise specified.]

Prayer and anointing for healing are available at each Eucharist. If you would like prayer and anointing, please move in front of the step, at the left side of the altar, after receiving communion and a priest will come and minister to you.

## **Sentence**

Worship the Lord your God, and serve only him.

*Luke 4.8*

## **Prayer of the Day**

O saving God,  
who led your people through the wilderness  
and brought them to the promised land:  
so guide us that, following our Saviour,  
we may walk through the wilderness of this world  
and be brought to the glory of the world which is to come;  
through your Son, Jesus Christ our Lord  
who lives and reigns with you, and the Holy Spirit,  
one God, now and for.     **Amen**

## **A reading from the book of Deuteronomy**

### **Chapter 26, verses 1 – 11**

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, 'Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us.' When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this

response before the Lord your God: 'A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me.' You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

Hear the word of the Lord.

**Thanks be to God.**

**Psalm 91, verses 1 -2, 9 – 16**

Those who dwell in the shelter of the Most High:  
who abide under the shadow of the Almighty,

**They will say to the Lord**

**'You are my refuge and my stronghold:  
my God in whom I trust.'**

The Lord himself is your refuge:  
you have made the Most High your stronghold.

**Therefore no harm will befall you:  
nor will any scourge come near your tent.**

For he will command his angels:  
to keep you in all your ways.

**They will bear you up in their hands:  
lest you dash your foot against a stone.**

You will tread on the lion and the adder:  
the young lion and the serpent  
you will trample under foot.

**'You have set your love upon me,'  
says the Lord, 'and therefore I will deliver you:  
I will lift you out of danger,  
because you have known my name.**

'When you call upon me I will answer you:  
I will be with you in trouble,  
I will rescue you and bring you to honour.

**'With long life I will satisfy you:  
and fill you with my salvation.'**

## **A reading from the Letter of Paul to the Romans**

### **chapter 10, verses 4 – 13**

For Christ is the end of the law so that there may be  
righteousness for everyone who believes.

Moses writes concerning the righteousness that comes from the  
law, that 'the person who does these things will live by them.'  
But the righteousness that comes from faith says, 'Do not say in  
your heart, "Who will ascend into heaven?" ' (that is, to bring  
Christ down) 'or "Who will descend into the abyss?" ' (that is, to  
bring Christ up from the dead). But what does it say?

'The word is near you,  
on your lips and in your heart'

(that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, 'No one who believes in him will be put to shame.' For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, 'Everyone who calls on the name of the Lord shall be saved.'

Hear the word of the Lord.

**Thanks be to God.**

Praise to you, Lord Jesus Christ, king of endless glory!

**Praise to you, Lord Jesus Christ, king of endless glory!**

No one lives on bread alone,

but on every word that comes from the mouth of God.

**Praise to you, Lord Jesus Christ, king of endless glory!**

**The Gospel of our Lord Jesus Christ according to  
Luke , Chapter 4, verses 1 – 15**

**Glory to you Lord Jesus Christ.**

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, 'If you are the Son of God, command this stone to become a loaf of bread.' Jesus answered him, 'It is written, "One does not live by bread alone." '

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, 'To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.' Jesus answered him, 'It is written, "Worship the Lord your God, and serve only him." '

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down from here, for it is written, "He will command his angels concerning you, to protect you", and

"On their hands they will bear you up, so that you will not dash your foot against a stone." '

Jesus answered him, 'It is said, "Do not put the Lord your God to the test." ' When the devil had finished every test, he departed from him until an opportune time.

Then Jesus, filled with the power of the Spirit, returned to Galilee, and a report about him spread through all the surrounding country. He began to teach in their synagogues and was praised by everyone.

For the Gospel of the Lord

**Praise to you, Lord Jesus Christ**

## **Prayer in time of drought.**

All things look to you, O Lord,  
to give them their food in due season:  
look in mercy on your people,  
and hear our prayer for those whose lives and possessions  
are threatened by drought.

In your mercy restore your creation and heal our land.

So guide and bless your people,  
that we may enjoy the fruits of the earth  
and give you thanks with grateful hearts,  
through our Lord Jesus Christ. **Amen.**

(from *A Prayer Book for Australia*, p. 205).

### **Please pray for**

Barbara Matthews, Maureen H, Joan and Norman Williams,  
Bill Howard, Joel, Paul C, Pat Jessup, George Jessup,  
Jean Easy, Paul Naylor, Sue Wilkinson, Isabel Horsley,  
Ken Hope, Carmen McGee, Bill Moss, David Franklin,  
Emma Horton, Simon Argue

## **DON'T APOLOGISE FOR LENT**

On Ash Wednesday I read an article online by Dr Benjamin Guyer, lecturer in the department and philosophy at the University of Tennessee, titled: "Clergy: Don't Apologize for Lent". He said, "If you live comfortably in the developed world, you need Lent more than you know." "Lent spurns contentment, celebrates self-discipline, and sanctifies self-knowledge. We all need Lent more than we know."

He says too many clergy downplay Lent by trying to soften it or reduce its demands. I guess because Lent is so counter-cultural, for us to suddenly give up certain things and try to exercise self-discipline is a bit overwhelming and may cause us to give up before we even get going. It's just too much hard work. Dr Guyer says, "Do not celebrate Lent for the wrong reason! . . . during Lent we may direct our activities to other ends, such as environmental stewardship or charitable deeds. But these are good *if and only if* they so force us out of our comfort zones that we begin to recognize how our desires rebel against our commitments. Only then will the words of the Apostle become our own: 'I do not understand my own actions. For I do not do what I want, but I do the very thing I hate.' Only then can we cry out with the same, 'Who will rescue me from this body of death?' (Rom. 7:15, 24).

This may sound harsh to the ears of the modern world and to our ears. Yet the liturgy for Ash Wednesday instructs us, "Remember that you are dust, and to dust you shall return." To rush too quickly to Easter joy before we have fully dealt with the uglier and less attractive sides of our natures is to fail to recognise the necessity of contrasts. "We understand light only after we have known darkness. If we cannot – or, if we will not – live, into this season, how can we truly know what comes after?"

You and I need Lent. Let us take the time necessary to humble ourselves before God and to know our own mortality and waywardness and our rebellion. Until we know we are lost we cannot find our way home. It was only when he realised he was far away from home and what he'd left behind when he left his home that the Prodigal Son could begin the journey home to his waiting father where he found acceptance, forgiveness, love and celebration.

Fr Mark



## **Mission Report – 10th March 2019**

### **ABM – LENT APPEAL.**

This year the ABM Lent Appeal supports three missions:

St John's Anglican Seminary

The Aboriginal and Torres Strait Islander Mission Fund

Gender Governance Initiative in Zambia.

**St John's Anglican Seminary** – has been supported by ABM for almost a decade. It is the nationally seminary of the Anglican Church in Zambia, training ordinands and clergy from all five Anglican dioceses across Zambia. The training prepares them to minister in fast growing urban and rural congregations of the Church.

The seminary, which receives a small monthly grant from the National Church does not charge tuition fees, in order to enable students from poor dioceses to attend. However, this operating grant is not enough to cover the seminary's expenses. It is dependent on donor aid to cover the staff salary support, maintenance, it's internet facility, and books for both the library and students' use after the training.

In 2019, the seminary will introduce its own local diploma and degree courses in Theology. Please give generously to support clergy training and formation in the Anglican Church in Zambia.

Next Week : The Aboriginal and Torres Strait Islander Mission Fund.

Coralie Taylor – Mission Secretary.

## **'Whispers of Love' Meditation**

Reflection: "Truth sees God, and wisdom contemplates God, and from these two comes a third, a holy and wonderful delight in God, who is love."

— **Julian of Norwich, Revelations of Divine Love**

## **Work Health and Safety – Defibrillator Machine**

We have been fortunate to receive funding from the Local State Member for Terrigal, Adam Crouch for the purchase of a defibrillator machine for the Church. The unit has been ordered and should be here in the next week or so.

Adam Crouch will be attending Holy Trinity on Sunday 17<sup>th</sup> march to present the unit to us.

**NOTE OF THANKS:** I would like to thank all those who supported our concert last Sunday afternoon. Those who attended enjoyed a magnificent musical feast from our visiting musicians. The musicians enjoyed themselves too and appreciated the kind words of support offered over tea and coffee post-concert.

I'd like also to formally acknowledge those who generously assisted with the money collection, program distribution and refreshments that were served at the end of the concert. The afternoon's event was a wonderful occasion and a good community outreach for the parish.

Chris Sillince

## **Tarragal Manor & Tarragal Glen Eucharist**

As from Monday 4 March there will be a combined Eucharist for Tarragal Manor and Tarragal Glen at 3.00 pm in the Manor Library. (Reverend Ann). There will not be any further Eucharist at Joan Maxwell's home.

We thank Joan Maxwell for the 5 years she has opened her home and offered such wonderful hospitality to Tarragal Glen and Tarragal Manor residents.

May God continue to bless you richly.

### **Annual General Meeting – 17<sup>th</sup> March 2019**

Nomination forms for people wishing to stand for the positions of Church Warden and Parish Councillor are available from the Office. Please contact Terry Rowe or Kyara Newport if you are interested in nominating for one of these positions. Thanks



### **Sunday 17<sup>th</sup> March 2019**

Please join us next Sunday for Messy Church and invite a family with young children to come along with you!

### **Market Day – Saturday 16<sup>th</sup> March 2019**

Once again, we will need all the help we can get when setting up on Friday and especially with packing away and clearing up on Saturday. Your help is always appreciated. If you can come at 12.30pm for an hour on Saturday to pack up, we would love to see you.

## Rosters for 17<sup>th</sup> March 2019 – Second Sunday of Lent

### 7.30am

<b>Greeter</b>	<b>Sidesperson</b>	<b>Readers</b>	<b>Servers</b>
Terry Rowe	Ulla Finlay	Carmen McGee Colleen Cronin	Rhonda Kiss Margaret MacLachlan

### 9.30am

<b>Greeter</b>	<b>Sidesperson</b>	<b>Readers</b>	<b>Servers</b>
Pat Jessup	Julie Rowe Terry Rowe	Kyara Newport Pauline Argue	Coralie Taylor
<b>Morning Tea</b>	<b>Counting Roster</b>		<b>Flowers</b>
Julie Rowe Terry Rowe	Tricia Gray Terry Rowe		

## **Next Sunday – 17<sup>th</sup> March 2019**

### **Second Sunday of Lent**

**7.30am – Sung Eucharist - Presiding & Preaching – Fr Mark Watson**  
**Organist – Chris Sillince**

**9.30am – Holy Eucharist - Presiding & Preaching – Fr Mark Watson**  
**Organist – Libby Harvey**

**Readings:** Genesis 15. 1-12, 17-18, Psalm – 27, Philippians 3. 17 – 4. 1

**Gospel** Luke 9. 28-36

**3.30pm - Messy Church**

## This Week

### **Monday 11<sup>th</sup> March**

Meditation – Whispers of Love – *Rev Ann*

**3.00pm** – Holy Eucharist for Tarragal Manor and Tarragal Glen – *Rev Ann*

### **Tuesday 12<sup>th</sup> March**

**8.00am** – Morning Prayer – *Rev Ann*

**7.00pm** - Trinity Band and Singers

### **Wednesday 13<sup>th</sup> March 2019**

**8.00am** – Morning Prayer [*Fr Mark*]

**10.00am** – Holy Eucharist Tarragal House (*Fr Mark*)

**5.00pm** - Holy Eucharist (*Fr Roy*)

**5.30pm** - Sacred Reading (*Fr Roy*)

### **Thursday 14<sup>th</sup> March 2019**

**8.00am** – Morning Prayer – *Fr Mark*

**7.00pm** – Lenten Study - *Fr Mark* Rectory

### **Friday 15<sup>th</sup> March 2019**

**8.00am** – Morning Prayer – *Fr Mark*

**10.30am** - Holy Eucharist [*Fr Mark*] and morning tea  
Readings – Ezekiel 18. 21-28, Psalm 130; Matthew 5: 20-26.

**11.45am** – Lenten Study – *Fr Mark*

### **Saturday 16<sup>th</sup> March 2019**

**8.00am** – Gardening

**The Parish of Terrigal warmly welcomes you.**

We offer many opportunities for meeting together ...

**to worship and pray; to study Scripture and theology; to share fellowship, caring and support; and to celebrate real relationships which are divinely life-giving.**

These opportunities normally include ...

**Sunday Worship at Holy Trinity**

**7.30am - Sung Eucharist and 9.30am – Holy Eucharist**

**3<sup>rd</sup> Sunday in the month - Messy Church**

between 3.30pm and 5.30pm

**Weekly Worship at Holy Trinity**

**Tues to Friday - 8.00am - Morning Prayer**

**Friday at 10.30am - Eucharist**

**3.00pm Monday Tarragal Manor & Tarragal Glen Eucharist**

**Every Wednesday at 5.00 pm - Eucharist**

**3<sup>rd</sup> Thursday at 10.30am - Eucharist at The Pod [Aurrum]**

**4<sup>th</sup> Friday – 11.00am – Eucharist at Woodport Aged Care**

**VARIOUS PARISH MINISTRIES**

**'Whispers of Love'** - a meditation (*Monday at 10.00am*); **Women's Fellowship** (*2<sup>nd</sup> Monday at 1.00pm*); **Parish Council** (*2<sup>nd</sup> Tuesday at 7.30pm*); **Trinity Band** (*Rehearsal - Tuesday at 7.00pm*) (*Playing at the 9.30am Service - 2<sup>nd</sup> and 4<sup>th</sup> Sundays*); **Sacred Reading** (*Wednesday at 5.30pm*); **Pastoral Care** (*2<sup>nd</sup> Thursday at 10.00am*); **Bible Study** (*Friday at 11.45am*); **Messy Church Planning Meeting** (as arranged) ; **Gardening** (*2<sup>nd</sup> Saturday from 8.00am*); **Market Day** (*3<sup>rd</sup> Saturday from 8.00am*)

*Parish contact - (02) 4365 1115 or mobile 0427 135 771*

**Holy Trinity Opportunity Shop ... contact (02) 4365 1280**

**Parish Website – [www.terrigan Anglican.org.au](http://www.terrigan Anglican.org.au)**

The liturgical text we are using for this service is from *A Prayer Book for Australia* (Sydney: Broughton Books, ©1995,

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## **Parish Directory**

**The Church of the Holy Trinity – 92 Serpentine Rd, Terrigal, 2260**  
**Parish Postal Address – P.O. Box 167, Terrigal, 2260**  
**Office Telephone - 4365 1115.**

**Parish Email – [admin@terrigalanglican.org.au](mailto:admin@terrigalanglican.org.au)**

**Website - [www.terrigalanglican.org.au](http://www.terrigalanglican.org.au)**

**Rector – The Reverend Canon Mark Watson – 4365 1374 or 0434 431 400**

**Email - [cyprian7@bigpond.com](mailto:cyprian7@bigpond.com)**

### **Associate Priests**

**The Reverend Ann Watson – 4365 1065 or 0427 135 771**

**The Reverend Roy Hazlewood - 4393 0114**

**The Reverend Dr Richard Harvey – 0422 109 262**

**The Reverend Bruce McAteer - 0417 229 296**

### **Parish Executive**

**Neil Ewer (0412 640 477) – Rector’s Warden**

**Terry Rowe (4365 0430) - People’s Warden**

**Kyara Newport (0400 994 779) - People’s Warden**

**Parish Secretary - Kyara Newport (0400 994 779)**

**Parish Treasurer - Terry Rowe (4365 0430)**

### **Parish Ministries**

**Parish Organist - Chris Sillince - 0422 225 849**

**Sacristan and Mission Secretary - Coralie Taylor**

**Messy Church Convenor - Rhonda Kiss – 4363 5001**

**Pastoral Care - contact - 4365 1115**

**Cursillo – Libby Harvey – 0431 315 085**

**Safety Officer - Mike Keaney**

**Copyright Compliance Officer – Terry Rowe**

**Parish Bookshop – Kyara Newport**

**Market Day Co-ordinator – George Jessup - 4368 2237**

### **Parish Opportunity Shop**

**Carolyn Shields / Christine De Gans - 4365 1280**

**The Op Shop is open Tuesday to Friday from 9.00am to 4.00pm  
and each Saturday from 10.00am to 1.00pm**