

**Welcome to worship at Holy Trinity, Terrigal
Third Sunday in Lent
24th March, 2019**



**7.30am - Sung Eucharist - *Presiding & Preaching – Fr Mark Watson*
Organist – Chris Sillince**

Hymns: TIS 131, 546, 533 (Tune: St Botolph TIS 223), 502

Postlude: English Organ Postlude: ***Rondeau*** (Henry Purcell)

9.30am - Holy Eucharist - *Presiding & Preaching – Fr Mark Watson*

Trinity Band and Singers

Hymns: TIS 642, 644, 511, 545

[All hymns are from Together in Song unless otherwise specified.]

Prayer and anointing for healing are available at each Eucharist. If you would like prayer and anointing, please move in front of the step, at the left side of the altar, after receiving communion and a priest will come and minister to you.

Sentence

Seek the Lord while he may be found, call upon him while he is near

Isaiah 55.6

Prayer of the Day

O God, the fountain of life,
to a humanity parched with thirst
you offer the living water that springs from the Rock,
our Saviour Jesus Christ:
stir up within your people the gift of your Spirit,
that we may profess our faith with freshness
and announce with joy the wonder of your love.
We ask this through our Lord Jesus Christ,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever. **Amen**

A reading from Isaiah chapter 55, verses 1 – 9

Ho, everyone who thirsts,
come to the waters;
and you that have no money,
come, buy and eat!
Come, buy wine and milk
without money and without price.
Why do you spend your money for that which is not bread,
and your labour for that which does not satisfy?
Listen carefully to me, and eat what is good,
and delight yourselves in rich food.
Incline your ear, and come to me;

listen, so that you may live.
I will make with you an everlasting covenant,
my steadfast, sure love for David.
See, I made him a witness to the peoples,
a leader and commander for the peoples.
See, you shall call nations that you do not know,
and nations that do not know you shall run to you,
because of the Lord your God, the Holy One of Israel,
for he has glorified you.

Seek the Lord while he may be found,
call upon him while he is near;
let the wicked forsake their way,
and the unrighteous their thoughts;
let them return to the Lord, that he may have mercy on them,
and to our God, for he will abundantly pardon.
For my thoughts are not your thoughts,
nor are your ways my ways, says the Lord.
For as the heavens are higher than the earth,
so are my ways higher than your ways
and my thoughts than your thoughts.

Hear the word of the Lord.

Thanks be to God.

Psalm 63, verses 1 – 9

O God, you are my God:
eagerly will I seek you.

**My soul thirsts for you, my flesh longs for you:
as a dry and thirsty land where no water is.**

So it was when I beheld you in the sanctuary:
and saw your power and your glory.

**For your unchanging goodness is better than life:
therefore my lips shall praise you.**

And so I will bless you as long as I live:
and in your name will I lift my hands on high.

**My longing shall be satisfied as with marrow and fatness:
my mouth shall praise you with exultant lips.**

When I remember you upon my bed:
when I meditate upon you in the night watches,

**How you have been my helper:
then I sing for joy in the shadow of your wings,**

Then my soul clings to you:
and your right hand upholds me.

**A reading from the Letter of Paul to the Corinthians
chapter 10, verses 1 – 13**

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness.

Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become idolaters as some of them did; as it is written, 'The people sat down to eat and drink, and they rose up to play.' We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents.

And do not complain as some of them did, and were destroyed by the destroyer. These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

Hear the word of the Lord.

Thanks be to God.

Glory to you, Word of God, Lord Jesus Christ!

Glory to you, Word of God, Lord Jesus Christ!

Repent, says the Lord; the kingdom of heaven is at hand.

Glory to you, Word of God, Lord Jesus Christ

**The Gospel of our Lord Jesus Christ according to
Luke , Chapter 13, verses 31 – 35**

Glory to you Lord Jesus Christ.

At that very hour some Pharisees came and said to him, 'Get away from here, for Herod wants to kill you.' He said to them, 'Go and tell that fox for me, "Listen, I am casting out demons and performing cures today and tomorrow, and on the third day I finish my work. Yet today, tomorrow, and the next day I must be on my way, because it is impossible for a prophet to be killed away from Jerusalem." Jerusalem, Jerusalem, the city that kills the prophets and stones those who are sent to it! How often have

I desired to gather your children together as a hen gathers her brood under her wings, and you were not willing! See, your house is left to you. And I tell you, you will not see me until the time comes when you say, "Blessed is the one who comes in the name of the Lord." ' "

For the Gospel of the Lord

Praise to you, Lord Jesus Christ

Prayer in time of drought.

All things look to you, O Lord,
to give them their food in due season:
look in mercy on your people,
and hear our prayer for those whose lives and possessions
are threatened by drought.

In your mercy restore your creation and heal our land.

So guide and bless your people,
that we may enjoy the fruits of the earth
and give you thanks with grateful hearts,
through our Lord Jesus Christ. **Amen.**

(from *A Prayer Book for Australia*, p. 205).

Please pray for

Barbara Matthews, Maureen H, Joan and Norman Williams,
Bill Howard, Joel, Paul C, Pat Jessup, Jean Easy, Paul Naylor,
Sue Wilkinson, Isabel Horsley, Ken Hope, Carmen McGee,
Bill Moss, David Franklin, Emma Horton, Simon Argue

PAYING ATTENTION DURING LENT

Something we can do in Lent is to ask ourselves at the end of each day how we have kept alert to God and how we have been made aware of God during the day. Lent is about listening and attentiveness; listening to God to be drawn into closer relationship to him.

It is impossible to listen without silence. Have you ever tried to engage someone in conversation, but they don't really hear what you're trying to tell them? They seem interested only in what *they* have to say. Even when they're not saying anything, you can tell they're thinking what to say next, rather than really hearing what *you're* saying. Today there is a tendency in our society for people to talk past each other rather than to each other. A major reason for that is the tendency for us to be distracted by our own ideas and opinions.

There's an old hymn that begins, "Speak, Lord, in the stillness." The words are rather trite, and the tune is a dirge. Nevertheless, in essence it rings true:

"Speak, Lord, in the stillness,
While I wait on Thee;
Hushed my heart to listen,
In expectancy."

When something momentous is about to happen, there's a sense of expectancy, there's silence. It should be that way when we come into church - silently waiting on God in prayerful expectancy rather than chatting or allowing distractions to divert our attention.

I recently read an article from the online forum *Aleteia*. The writer asked the question: "How can we be less distracted and more attentive, to take more of an interest in and be more open-minded about the opinions and concerns of others?" He refers to St Benedict who asked himself the same question in the sixth century. Benedict was trying to form a focused, peaceful environment for his community of monks who struggled with their

own distractions. Benedict wrote a Rule of Life for the monks to assist them to do this. The very first word in the entire Benedictine Rule is *Listen*. "Listen and incline the ear of your heart." Whenever we are engaged in conversation with someone, before we speak, the best place to begin is to be quiet for a moment and just listen. That may involve listening to other people and even hearing things that we don't like but may nevertheless be important.

When we listen to God, distractions may recede into the background. Or we may be faced with an important decision and need time to "sleep on it", to take time to ponder it before actually making the decision. In short, listening is taking the time needed to hear in a certain way, with an attitude of openness. This is important in our world of distractions, many of them technological. As I type an article or sermon I can listen to music on my computer or watch something funny on YouTube. I can switch tabs to check my emails or pick up my tablet if it pings, telling me I have mail. I've had to learn to tell myself I can do all that afterwards.

This last week I was without my mobile phone for nearly three days while it was being repaired after I dropped it on the floor of a shopping centre. At first, I felt naked without it, so dependent have we become on our phones. Distractions are all around us. So Benedict also talks about listening with "obedience". Obedience doesn't mean military obedience or blindly obeying instructions. It comes from the Latin *obaudiens* which means "to listen carefully". It's listening from a heart of stillness. "Speak, Lord, in the stillness."

Fr Mark

Mission Report 24th March 2019

ABM LENTEN APPEAL.

GENDER & GOVERNANCE INITIATIVE IN ZAMBIA

ABM works with the Zambia Anglican Council Outreach Program (ZACOP) to end child marriage and to end the conditions of poverty and ignorance, and the low status of women that sustain it.

ZACOP is educating people about the rights of women and children, helping them to claim these

rights, and providing services to support victims of gender-based violence (GBV).

Violet aged 28, is a survivor of domestic violence. With the support of her Village Counselling Centre, she found the courage to change her life around, and those of her children. She is now a convenor of a Savings with Education group. With her savings and borrowings she bought vegetable seeds and has developed a small business which supports her and her children.

Please support this project and make a difference to the lives of women like Violet and their children in Zambia, by helping ABM's partner continue its programs in the Eastern Province.

(This project is tax deductible.)

Coralie Taylor / Mission Secretary.

'Whispers of Love' Meditation

Reflection: *Whispers of Love'*

The discipline of prayer makes us stop and listen, wait and look, taste and see, pay attention and be aware. It actually demands much willpower and motivation...

Every attempt to 'live it through' or to "stay with it" is so contrary to our usual habits that all our impulses rise up in protest, But when discipline keeps us faithful, we slowly begin to sense that something so deep, so mysterious, and so creative is happening here and now that we are drawn towards it. '*Compassion'*

Prayerfully Reverend Ann



Act of Solidarity
With the Muslim Community
And
Remembrance
Of the Christchurch
Victims

2.30pm
Sunday 24th March
Gosford Waterfront

Pastoral Care on the Central Coast

2019 Clinical Pastoral Education (CPE) Training Programmes

Equipping the Saints. Eph. 4:12

An enhanced training programme in Pastoral care will be offered on the Central Coast in 2019. Starting on May 1 students can train in Wyong and Gosford Hospitals. This training can be used towards formal chaplaincy qualifications with the Sydney College of Divinity. What you learn will develop your pastoral ability and equip you for ministry within a public or church setting.

If you would like to know more please contact Ms Gwen Vale, Acting Centre Director at **gwenvale@idl.net.au**

or

Rev. Peter Wakeley,
Senior Chaplain, Wyong Hospital
peter.wakeley@health.nsw.gov.au

Rosters for 31st March 2019 – Fourth Sunday in Lent

7.30am

Greeter	Sidesperson	Readers	Servers
Terry Rowe	Bev Broadley	Bev Broadley Kath Connor- Brown	Margaret MacLachlan Neil Ewer

9.30am

Greeter	Sidesperson	Readers	Servers
	Ellie Murphy	Libby Harvey David Harvey	Coralie Taylor John Henwood
Morning Tea	Counting Roster		Flowers
June Timms Isabel Horsley	Audree Dash Ellie Murphy		

Next Sunday – 31st March 2019

Fourth Sunday in Lent

7.30am – Sung Eucharist - Presiding & Preaching – Fr Mark Watson
Organist – Chris Sillince

9.30am – Holy Eucharist - Presiding & Preaching – Fr Mark Watson
Organist – Chris Sillince

Readings: Joshua 5. 2-12, Psalm – 32, 2 Corinthians 5. 16-21

Gospel Luke 15. 11-32

This Week

Monday 25th March

The Annunciation to the Blessed Virgin Mary

Meditation – Whispers of Love – *Rev Ann*

Tuesday 26th March

8.00am – Morning Prayer – *Rev Ann*

7.00pm - Trinity Band and Singers

Wednesday 27th March 2019

8.00am – Morning Prayer [*Fr Mark*]

5.00pm - Holy Eucharist (*Fr Roy*)

5.30pm - Sacred Reading (*Fr Roy*)

Thursday 28th March 2019

8.00am – Morning Prayer – *Fr Mark*

7.00pm – Lenten Study - *Fr Mark* Rectory

Friday 29th March 2019

John Keble (d.1866)

8.00am – Morning Prayer – *Fr Mark*

10.30am - Holy Eucharist [*Fr Mark*] and morning tea
Readings – Hosea 1. 2-9, Psalm 81. 13-16; Mark 12: 28-34.

11.45am – Lenten Study – *Fr Mark*

11.00am – Eucharist at Woodport Aged Care

Saturday 30th March 2019

The Parish of Terrigal warmly welcomes you.

We offer many opportunities for meeting together ...

to worship and pray; to study Scripture and theology; to share fellowship, caring and support; and to celebrate real relationships which are divinely life-giving.

These opportunities normally include ...

Sunday Worship at Holy Trinity

7.30am - Sung Eucharist and 9.30am – Holy Eucharist

3rd Sunday in the month - Messy Church

between 3.30pm and 5.30pm

Weekly Worship at Holy Trinity

Tues to Friday - 8.00am - Morning Prayer

Friday at 10.30am – Eucharist

1st Monday at 3.00pm Monday Tarragal Manor & Tarragal Glen Eucharist

Every Wednesday at 5.00 pm - Eucharist

3rd Thursday at 10.30am - Eucharist at The Pod [Aurrum]

4th Friday – 11.00am – Eucharist at Woodport Aged Care

VARIOUS PARISH MINISTRIES

‘Whispers of Love’ - a meditation (Monday at 10.00am); Women’s Fellowship (2nd Monday at 1.00pm); Parish Council (2nd Tuesday at 7.30pm); Trinity Band (Rehearsal - Tuesday at 7.00pm) (Playing at the 9.30am Service - 2nd and 4th Sundays); Sacred Reading (Wednesday at 5.30pm); Pastoral Care (2nd Thursday at 10.00am); Bible Study (Friday at 11.45am); Messy Church Planning Meeting (as arranged) ; Gardening (2nd Saturday from 8.00am); Market Day (3rd Saturday from 8.00am)

Parish contact - (02) 4365 1115 or mobile 0427 135 771

Holy Trinity Opportunity Shop ... contact (02) 4365 1280

Parish Website – www.terrigan.org.au

The liturgical text we are using for this service is from *A Prayer Book for Australia* (Sydney: Broughton Books, ©1995,

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Parish Directory

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Parish Postal Address – P.O. Box 167, Terrigal, 2260

Office Telephone - 4365 1115.

Parish Email – admin@terrigalanglican.org.au

Website - www.terrigalanglican.org.au

Rector – The Reverend Canon Mark Watson – 4365 1374 or 0434 431 400

Email - cyprian7@bigpond.com

Associate Priests

The Reverend Ann Watson – 4365 1065 or 0427 135 771

The Reverend Roy Hazlewood - 4393 0114

The Reverend Dr Richard Harvey – 0422 109 262

The Reverend Bruce McAteer - 0417 229 296

Parish Executive

Neil Ewer (0412 640 477) – Rector’s Warden

Terry Rowe (4365 0430) - People’s Warden

Kyara Newport (0400 994 779) - People’s Warden

Parish Secretary - Kyara Newport (0400 994 779)

Parish Treasurer - Terry Rowe (4365 0430)

Parish Ministries

Parish Organist - Chris Sillince - 0422 225 849

Sacristan and Mission Secretary - Coralie Taylor

Messy Church Convenor - Rhonda Kiss – 4363 5001

Pastoral Care - contact - 4365 1115

Cursillo – Libby Harvey – 0431 315 085

Safety Officer - Mike Keaney

Copyright Compliance Officer – Terry Rowe

Parish Bookshop – Kyara Newport

Market Day Co-ordinator –

Parish Opportunity Shop

Carolyn Shields / Christine De Gans - 4365 1280

**The Op Shop is open Tuesday to Friday from 9.00am to 4.00pm
and each Saturday from 10.00am to 1.00pm**