

**Welcome to worship at Holy Trinity, Terrigal
THANKSGIVING FOR THE HOLY COMMUNION (Corpus Christi)
23rd June, 2019**



7.30am - Sung Eucharist - *Presiding & Preaching – Fr Mark Watson*

Organist – *Chris Sillince*

Hymns: TIS 520, 525, NEH 307, 272

9.30am - Holy Eucharist - *Presiding & Preaching – Fr Mark Watson*

Trinity Band and Singers

Hymns: TIS 147, 491, 526, 531

[All hymns are from Together in Song unless otherwise specified.]

Prayer and anointing for healing are available at each Eucharist. If you would like prayer and anointing, please move in front of the step, at the left side of the altar, after receiving communion and a priest will come and minister to you.

Sentence

Truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood abide in me, and I in them.

John 6. 53, 56

Prayer of the Day

O God

in a wonderful sacrament

you have given us a memorial of the passion of your dear Son:

grant that we may so reverence

the sacred mysteries of his body and blood

that we may ever know within ourselves

the fruits of his redemption;

who is alive and reigns with you and the Holy Spirit,

one God now and for ever. **Amen.**

A reading from the Book of Exodus Chapter 24, verses 3 – 8

Moses came and told the people all the words of the Lord and all the ordinances; and all the people answered with one voice, and said, 'All the words that the Lord has spoken we will do.' And Moses wrote down all the words of the Lord. He rose early in the morning, and built an altar at the foot of the mountain, and set up twelve pillars, corresponding to the twelve tribes of Israel. He sent young men of the people of Israel, who offered burnt-offerings and sacrificed oxen as offerings of well-being to the Lord. Moses took half of the blood and put it in basins, and half of the blood he dashed against the altar. Then he took the book

of the covenant, and read it in the hearing of the people; and they said, 'All that the Lord has spoken we will do, and we will be obedient.' Moses took the blood and dashed it on the people, and said, 'See the blood of the covenant that the Lord has made with you in accordance with all these words.'

Hear the word of the Lord
Thanks be to God

Psalm 116

I love the Lord, because he heard my voice:
the voice of my supplication;

**Because he inclined his ear to me:
in the day that I called to him.**

The cords of death encompassed me,
the snares of the grave took hold on me:
I was in anguish and sorrow.

**Then I called upon the name of the Lord:
'O Lord, I beseech you, deliver me !'**

Gracious and righteous is the Lord:
full of compassion is our God.

**The Lord preserves the simple:
when I was brought low, he saved me.**

Return, O my soul, to your rest:
for the Lord has rewarded you.

**For you, O Lord, have delivered my soul from death:
my eyes from tears and my feet from falling.**

I will walk before the Lord:
in the land of the living.

**I believed that I would perish, I was brought very low:
I said in my haste 'Everyone is a liar.'**

How shall I repay the Lord:
for all his benefits to me?

**I will take up the cup of salvation:
and call upon the name of the Lord.**

I will pay my vows to the Lord:
in the presence of all his people.

**Grievous in the sight of the Lord:
is the death of his faithful ones.**

O Lord, I am your servant,
your servant and the child of your handmaid:
you have unloosed my bonds.

**I will offer you a sacrifice of thanksgiving:
and call upon the name of the Lord.**

I will pay my vows to the Lord:
in the presence of all his people,

**In the courts of the house of the Lord:
even in your midst, O Jerusalem. Praise the Lord.**

**A reading from the first letter of Paul to the Corinthians,
Chapter 10 verses 14 – 21**

Therefore, my dear friends, flee from the worship of idols. I speak as to sensible people; judge for yourselves what I say. The cup of blessing that we bless, is it not a sharing in the blood of Christ? The bread that we break, is it not a sharing in the body of Christ? Because there is one bread, we who are many are one body, for we all partake of the one bread. Consider the people of Israel; are not those who eat the sacrifices partners in the altar? What do I imply then? That food sacrificed to idols is anything, or that an idol is anything? No, I imply that what pagans sacrifice, they sacrifice to demons and not to God. I do not want you to be partners with demons. You cannot drink the cup of the Lord and the cup of demons. You cannot partake of the table of the Lord and the table of demons.

Hear the word of the Lord
Thanks be to God

Alleluia, **alleluia!**

I am the living bread from heaven, says the Lord:
whoever eats this bread will live for ever.

Alleluia!

The Gospel of our Lord Jesus Christ according to Mark,
Chapter 14, verses 12 – 16, 22 – 26

Glory to you Lord Jesus Christ

On the first day of Unleavened Bread, when the Passover lamb is sacrificed, his disciples said to him, 'Where do you want us to go and make the preparations for you to eat the Passover?' So he sent two of his disciples, saying to them, 'Go into the city, and a man carrying a jar of water will meet you; follow him, and wherever he enters, say to the owner of the house, "The Teacher asks, Where is my guest room where I may eat the Passover with my disciples?" He will show you a large room upstairs, furnished and ready. Make preparations for us there.' So the disciples set out and went to the city and found everything as he had told them; and they prepared the Passover meal.

While they were eating, he took a loaf of bread, and after blessing it he broke it, gave it to them, and said, 'Take; this is my body.' Then he took a cup, and after giving thanks he gave it to them, and all of them drank from it. He said to them, 'This is my blood of the covenant, which is poured out for many. Truly I tell you, I will never again drink of the fruit of the vine until that day when I drink it new in the kingdom of God.'

When they had sung the hymn, they went out to the Mount of Olives.

For the Gospel of the Lord

Praise to you Lord Jesus Christ

Please pray for

Barbara Matthews, Maureen H, Joan and Norman Williams,
Bill Howard, Joel, Julie, Paul C, Jean Easy, Paul Naylor,
Isabel Horsley, Ken Hope, Carmen McGee, Andrew Clarke
Bill Moss, Emma Horton, Margaret Willard, Mandy
Tony Cronin, Lyn Cooke, Enid Marvin, Neville Clark, Patricia Bailey

'Whispers of Love' Meditation –

Meditation Reflection

Our own experience with loneliness, depression and fear can become a gift to others, especially when we have received good care. As long as our wounds are open and bleeding, we scare others away. But after someone has carefully tended to our wounds they no longer frighten us or others. When we experience the healing presence of another person, we can discover our own gifts of healing. Then our wounds allow us to enter into a deep solidarity with our wounded brothers and sisters.

Henri Nouwen

Prayerfully Reverend Ann

TRINITY SUNDAY BRUNCH

Thank you to all who joined us for our Brunch and a big thank you to all who brought food and worked in the kitchen. It was very much appreciated

Bev Broadley, Women's Fellowship

Postponed till August 'Community Hymnfest'

At this time we do not have a date, however, start looking for your favourite hymns to add to the list once we have put it out.

For those wishing to use internet banking for their offertory to support our church the following are the details for Holy Trinity's ASDF bank account.

BSB 705077, Account No. 00040934



Winter Appeal – Food and Blankets

Please support the Samaritan's Winter Appeal for food donations, soups, cereals, pasta sauce. With winter approaching demand increases but unfortunately supplies are low. Samaritans are also in need of warm blankets.

Samaritans are very grateful for your support.

Margaret Maclachlan

The prayer for the week

Almighty and everlasting God,
you are always more ready to hear than we to pray,
and give more than either we desire or deserve:
pour down upon us the abundance of your mercy,
forgiving us those things of which our conscience is afraid,
and giving us those good things
 which we are not worthy to ask,
save through the merits and meditation of Jesus Christ,
your Son our Lord. **Amen**

Cancer Council's Biggest Morning Tea

Many thanks to all who supported last Sunday's Biggest Morning Tea by donating money and/or providing something delicious to put on the tables.

We raised \$469.70 for the Cancer Council. An official letter from the Council will arrive in the next few weeks and will be placed on the noticeboard to confirm the amount raised.

As a matter of interest these are the amounts donated/raised over the past years:

2013 - \$618.30, **2014** - \$639.20, **2015** - \$635.60,

2016 - \$238.60 (numbers were down due to a large storm)

2017 - \$547.65, **2018** - \$391.60

Dinner at the Bowlo - July

Terrigal Bowling Club, **at Bec's Kitchen.**

Sunday 7th July, 2019, from 6pm

**This will also be the thankyou dinner for Opp Shop and
Market Day volunteers**

We would love to see you there



ANGLICAN BOARD OF MISSION
Working for Love, Hope & Justice

Pew Reflections

Thanksgiving for the Holy Communion

- Exodus 24.3-8; Psalm 116;
1 Corinthians 10.14-21; Mark 14.12-16 (17-21) 22-26

Hope: One of the favourite texts for composers in any age to set to music has been that by St Thomas Aquinas, *O sacrum convivium*. In the text Aquinas links the Eucharist with the paschal mystery and with the hope of incorporation of the faithful into heaven: *O sacred banquet! in which Christ is received,*

the memory of his Passion is renewed, the mind is filled with grace, and a pledge of future glory is given to us. Alleluia.

- Resolve to receive the Eucharist more regularly, as your response to God's many blessings.
- Give thanks for the Church of South India, remembering especially today their ministry in a predominantly non-Christian context.

Text: Robert McLean,
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Rosters for next week

30th June – Third Sunday after Pentecost

7.30am

Greeter	Sidesperson	Readers	Servers
Terry Rowe	Bev Broadley	Margot Bilston Ken Bilston	Neil Ewer Margaret MacLachlan

9.30am

Greeter	Sidesperson	Readers	Servers
Carolyn Shields	Ellie Murphy	Marie Partier Josh Partier	Coralie Taylor
Morning Tea	Counting Roster		Flowers
June Timms Isabel Horsley	Audree Dash Ellie Murphy		Robyn Smith

Next Sunday – 30th June 2019 – Third Sunday after Pentecost

Third Sunday after Pentecost

7.30am – Sung Eucharist - Presiding & Preaching – Fr Mark Watson

Organist – Chris Sillince

9.30am – Holy Eucharist - Presiding & Preaching – Fr Mark Watson

Organist – Chris Sillince

Readings: 1 Kings 19. 15-16, 19-21, Psalm 16, Galatians 5. 1, 13-25

Gospel: Luke 9. 51 - 62

This Week

Monday 24th June

THE BIRTH OF JOHN THE BAPTIST

10.00am – Whispers of Love Meditation – *Rev Ann*

Tuesday 25th June

8.00am – Morning Prayer – *Rev Ann*

7.00pm - Trinity Band and Singers

Wednesday 26th June

8.00am – Morning Prayer [*Fr Mark*]

5.00pm - Holy Eucharist (*Fr Roy*)

5.30pm - Sacred Reading (*Fr Roy*)

Thursday 27th June

Cyril of Alexandria, bishop and teacher)d. 444)

8.00am – Morning Prayer – *Fr Mark*

Friday 28th June

Irenaeus of Lyons, bishop and teacher (d. c. 200)

8.00am – Morning Prayer – *Fr Mark*

10.30am - Holy Eucharist [*Fr Mark*] and morning tea

Readings – 2 Corinthians 11. 21b-30, Psalm 34. 1-8, Matthew 6. 19 – 23

Saturday 29th June

PETER AND PAUL, APOSTLES & MARTYRS

The Parish of Terrigal warmly welcomes you.

We offer many opportunities for meeting together ...

to worship and pray; to study Scripture and theology; to share fellowship, caring and support; and to celebrate real relationships which are divinely life-giving.

These opportunities normally include ...

Sunday Worship at Holy Trinity

7.30am - Sung Eucharist and 9.30am – Holy Eucharist

3rd Sunday in the month - Messy Church

between 3.30pm and 5.30pm

Weekly Worship at Holy Trinity

Tues to Friday - 8.00am - Morning Prayer

Friday at 10.30am – Eucharist

1st Monday at 3.00pm Monday Tarragal Manor & Tarragal Glen Eucharist

Every Wednesday at 5.00 pm - Eucharist

3rd Thursday at 10.30am - Eucharist at The Pod [Aurrum]

4th Friday – 11.00am – Eucharist at Woodport Aged Care

VARIOUS PARISH MINISTRIES

‘Whispers of Love’ - a meditation (Monday at 10.00am); Women’s Fellowship (2nd Monday at 1.00pm); Parish Council (2nd Tuesday at 7.30pm); Trinity Band (Rehearsal - Tuesday at 7.00pm) (Playing at the 9.30am Service - 2nd and 4th Sundays); Sacred Reading (Wednesday at 5.30pm); Pastoral Care (2nd Thursday at 10.00am); Bible Study (Friday at 11.45am); Messy Church Planning Meeting (as arranged) ; Gardening (2nd Saturday from 8.00am); Market Day (3rd Saturday from 8.00am)

Parish contact - (02) 4365 1115 or mobile 0427 135 771

Holy Trinity Opportunity Shop ... contact (02) 4365 1280

Parish Website – www.terrigan Anglican.org.au

The liturgical text we are using for this service is from *A Prayer Book for Australia* (Sydney: Broughton Books, ©1995,

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Parish Directory

The Church of the Holy Trinity – 92 Serpentine Rd, Terrigal, 2260
Parish Postal Address – P.O. Box 167, Terrigal, 2260
Office Telephone - 4365 1115.

Parish Email – admin@terrigalanglican.org.au

Website - www.terrigalanglican.org.au

Rector – The Reverend Canon Mark Watson – 4365 1374 or 0434 431 400

Email - cyprian7@bigpond.com

Associate Priests

The Reverend Ann Watson – 4365 1065 or 0427 135 771

The Reverend Roy Hazlewood - 4393 0114

The Reverend Dr Richard Harvey – 0422 109 262

The Reverend Bruce McAteer - 0417 229 296

Parish Executive

Neil Ewer (0412 640 477) – Rector’s Warden

Terry Rowe (4365 0430) - People’s Warden

Kyara Newport (0400 994 779) - People’s Warden

Parish Secretary - Kyara Newport (0400 994 779)

Parish Treasurer - Terry Rowe (4365 0430)

Parish Ministries

Parish Organist - Chris Sillince - 0422 225 849

Sacristan and Mission Secretary - Coralie Taylor

Messy Church Convenor - Rhonda Kiss – 4363 5001

Pastoral Care - contact - 4365 1115

Cursillo – Libby Harvey – 0431 315 085

Safety Officer - Mike Keaney

Copyright Compliance Officer – Terry Rowe

Parish Bookshop – Kyara Newport

Market Day Co-ordinator –

Parish Opportunity Shop

Carolyn Shields / Christine De Gans - 4365 1280

**The Op Shop is open Tuesday to Friday from 9.00am to 4.00pm
and each Saturday from 10.00am to 1.00pm**