

**Welcome to worship at Holy Trinity, Terrigal  
Seventh Sunday after Pentecost  
28<sup>th</sup> July, 2019**



**7.30am - Sung Eucharist - Presiding & Preaching – Fr Mark Watson**

**Organist – Chris Sillince**

**Hymns: TIS 96, 464, 495, 569**

**9.30am – Holy Eucharist - Presiding & Preaching – Fr Mark Watson**

**Trinity Band and Singers**

**Hymns: TIS 183, 745, 259, 607**

[All hymns are from Together in Song unless otherwise specified.]

Prayer and anointing for healing are available at each Eucharist. If you would like prayer and anointing, please move in front of the step, at the left side of the altar, after receiving communion and a priest will come and minister to you.

## **Sentence**

Ask, and it will be given you; seek, and you will find; knock, and the door will be opened for you.

Luke 11.9

## **Prayer of the Day**

Provident Father,  
with the prayer your Son taught us always on our lips,  
we ask, we seek, we knock at your door:  
help us so to seek that we may truly find,  
so to ask that we may joyfully receive,  
and so to knock that the door of mercy  
    may be opened for us;  
through Jesus Christ our Lord. **Amen.**

## **A reading from Genesis chapter 18, verses 20 – 32**

Then the LORD said, 'How great is the outcry against Sodom and Gomorrah and how very grave their sin! I must go down and see whether they have done altogether according to the outcry that has come to me; and if not, I will know.'

So the men turned from there, and went towards Sodom, while Abraham remained standing before the LORD. Then Abraham came near and said, 'Will you indeed sweep away the righteous with the wicked? Suppose there are fifty righteous within the city; will you then sweep away the place and not forgive it for the fifty righteous who are in it? Far be it from you to do such a thing, to slay the righteous with the wicked, so that the righteous fare as the wicked! Far be that from you! Shall not the Judge of all the earth do what is just?' And the LORD said, 'If I find at Sodom fifty righteous in the city, I will forgive the whole place for their sake.' Abraham answered, 'Let me take it upon myself to speak to the Lord, I who am but dust and ashes. Suppose five of the fifty righteous are lacking? Will you destroy the whole city for lack of five?' And he said, 'I will not destroy it if I find forty-five there.' Again he spoke to him, 'Suppose forty are found there.' He answered, 'For the sake of forty I will not do it.' Then he said, 'Oh

do not let the Lord be angry if I speak. Suppose thirty are found there.' He answered, 'I will not do it, if I find thirty there.' He said, 'Let me take it upon myself to speak to the Lord. Suppose twenty are found there.' He answered, 'For the sake of twenty I will not destroy it.' Then he said, 'Oh do not let the Lord be angry if I speak just once more. Suppose ten are found there.' He answered, 'For the sake of ten I will not destroy it.'

Hear the word of the Lord  
**Thanks be to God**

### **Psalm 138**

I will give you thanks, O Lord, with my whole heart:  
even before the gods will I sing your praises.

**I will bow down toward your holy temple  
and give thanks to your name:  
because of your faithfulness and your loving-kindness,  
for you have made your name and your word supreme  
over all things.**

At a time when I called to you, you gave me answer:  
and put new strength within my soul.

**All the kings of the earth shall praise you, O Lord:  
for they have heard the words of your mouth;**

And they shall sing of the ways of the Lord:  
that the glory of the Lord is great.

**For though the Lord is exalted, he looks upon the lowly:  
and he comprehends the proud from afar.**

Though I walk in the midst of danger,  
yet will you preserve my life:  
you will stretch out your hand against the fury of my enemies,  
and your right hand shall save me.

**The Lord will complete his purpose for me:  
your loving-kindness, O Lord, endures for ever;  
do not forsake the work of your own hands.**

**A reading from the letter of Paul to the Colossians**

**Chapter 2, verses 6 – 15**

As you therefore have received Christ Jesus the Lord, continue to live your lives in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving.

See to it that no one takes you captive through philosophy and empty deceit, according to human tradition, according to the elemental spirits of the universe, and not according to Christ. For in him the whole fullness of deity dwells bodily, and you have come to fullness in him, who is the head of every ruler and authority. In him also you were circumcised with a spiritual circumcision, by putting off the body of the flesh in the circumcision of Christ; when you were buried with him in baptism, you were also raised with him through faith in the power of God, who raised him from the dead. And when you were dead in trespasses and the uncircumcision of your flesh, God made you alive together with him, when he forgave us all our trespasses, erasing the record that stood against us with its legal demands. He set this aside, nailing it to the cross. He disarmed the rulers and authorities and made a public example of them, triumphing over them in it.

Hear the word of the Lord

**Thanks be to God**

Alleluia, **alleluia!**

You have received the Spirit which makes us God's children,  
and in that Spirit we call God our Father.

**Alleluia!**

The Gospel of our Lord Jesus Christ according to Luke,  
Chapter 11, verses 1-13

### **Glory to you Lord Jesus Christ**

He was praying in a certain place, and after he had finished, one of his disciples said to him, 'Lord, teach us to pray, as John taught his disciples.' He said to them, 'When you pray, say: Father, hallowed be your name.

Your kingdom come.

Give us each day our daily bread.

And forgive us our sins,

for we ourselves forgive everyone indebted to us.

And do not bring us to the time of trial.'

And he said to them, 'Suppose one of you has a friend, and you go to him at midnight and say to him, "Friend, lend me three loaves of bread; for a friend of mine has arrived, and I have nothing to set before him." And he answers from within, "Do not bother me; the door has already been locked, and my children are with me in bed; I cannot get up and give you anything." I tell you, even though he will not get up and give him anything because he is his friend, at least because of his persistence he will get up and give him whatever he needs.

'So I say to you, Ask, and it will be given to you; search, and you will find; knock, and the door will be opened for you. For everyone who asks receives, and everyone who searches finds, and for everyone who knocks, the door will be opened. Is there anyone among you who, if your child asks for a fish, will give a snake instead of a fish? Or if the child asks for an egg, will give a scorpion? If you then, who are evil, know how to give good gifts to your children, how much more will the heavenly Father give the Holy Spirit to those who ask him!'

For the Gospel of the Lord

### **Praise to you Lord Jesus Christ**

#### **Please pray for**

Ken Hope, Paul C, Joel, Julie, Mandy, Bill Howard, Isobel Horsley, Joan & Norman Williams, Sue Wilkinson, Emma Horton, Patricia Bailey, Tony Cronin, Barbara Matthews, Maureen H, Jean Easy, Paul Naylor, Bill Moss.

VALE Robyn McAteer

We prayerfully remember Neil Fagerlund

## ***'Whispers of Love' Meditation –***

### **Meditation Reflection**

The peace, the stillness, the harmony that we experience in meditation become the basis for all our actions.

*John Main*

Prayerfully Reverend Ann

## **WOMEN'S FELLOWSHIP MEETING 12<sup>TH</sup> AUGUST 2019**

WE WILL BE HAVING A SPEAKER AT 2.00PM.

ALL ARE INVITED.

### **"Radio through the Years"**

Gary Gilday from RADIO 50+

**Gary will talk about his memories from early days of radio and move up to the community station of today.**

Anyone who has grown up with radio will be interested and we look forward to you joining us.

It is open to all parishioners; men are included, and we would like you all to join us. Followed by a delicious afternoon tea.

### **Name Badges**

Anyone who requires a new name badge, please advise Kyara or Cal in the office as we will be placing an order soon. Thank you.

Kyara

### **Thank You Boxes**

Thank You boxes, supporting Riding for the Disabled, are now due. Please return them if you have one, full or empty ASAP. Thank you.

Irene Neville

## **Multi-Purpose Shed at Rear of Property**

Currently the plans are with council for DA approval. This has been delayed due to some council regulations i.e.

Payment for advertising

Position of building to boundary

Clarification of sewage works

Some internal fit outs

Once Council have sent the DA approval the project co-ordinator will proceed with the build.

In the interim Terry Rowe has placed the drawings of the building on our notice board.

## **Parish Contact List**

We are in the process of updating the Parish Contact List. If you would like to be included, please complete the Renewing Contact Information Form available today. Any questions, please contact Terry Rowe or Kyara Newport. Thank you.

Cal Priest

## **First Aid Certificates**

As part of WHS for Holy Trinity we would like to know if any Parishioners hold a current First Aid Certificate.

It will be possible for the Church to hold a first aid course (min 10 people) at our centre, should you be interested in completing a first aid course with the group.

Please advise Terry Rowe, Neil Ewer, Kyara Newport or Cal Priest in the office.

## **Dinner at Terrigal Bowling Club**

Please join us for dinner at Terrigal Bowling Club at 'Bec's Kitchen' on Sunday 4<sup>th</sup> August from 6pm. Sign up sheet on notice board.

# 2019 Diocesan Convention



**The Rev'd Dr  
Donna Lazenby**  
Author of '*Divine  
Sparks: Everyday  
encounters with God's  
incoming kingdom*'

**SATURDAY AUGUST 17, 2019  
9.30AM - 3.30PM**

BISHOP TYRRELL ANGLICAN COLLEGE  
256 MINMI ROAD, FLETCHER

TICKETS \$20

**Book by Aug 7: [www.ticketebo.com.au/diocesanconvention2019](http://www.ticketebo.com.au/diocesanconvention2019)**

For more info, contact Newcastle  
Anglican Church office on 4926 3733  
or [events@newcastleanglican.org.au](mailto:events@newcastleanglican.org.au)



**Should you be interested in attending the Diocesan Convention, please advise Terry Rowe or Kyara Newport so this information can be passed to Newcastle.**

## **The prayer for the week**

O God, the protector of all that trust in you,  
without whom nothing is strong, nothing is holy:  
increase and multiply upon us your mercy,  
that, with you as our ruler and guide,  
we may so pass through things temporal  
that we finally lose not the things eternal.  
Grant this, O heavenly Father,  
for the sake of Jesus Christ, our Lord. **Amen**

## **PRAYER**

In every Parish in which I've served as the incumbent, I have encouraged the people to be a people of prayer. I have often been encouraged to see a steady deepening in the prayer life of many people. One sign of this has been a modest increase in the number of people attending the Eucharist on holy days. More frequent attendance both on Sundays and during the week, greater numbers of people sharing in Lenten and other Bible study groups, are positive indicators of spiritual vitality. The Holy Spirit transforms us when we give attention to prayer. God moves when we give attention to prayer. Our focus is re-adjusted when we give attention to prayer. The church cannot grow unless we give attention to prayer. **This is not because the more people are praying, the more God will somehow take notice. It is not a matter of getting more people together to pray in order to somehow put pressure on God so God will act.** The more we expose ourselves to something the more influence it has on our lives – if we have a spirit of openness and receptivity. **Prayer does not change God so much as it changes us.** Could this be a reason some people don't give much time to prayer?

Prayer is vital to our life as Christians. St Vincent de Paul said, "Prayer is the food of the soul....Anyone who restricted himself to dining every three or four days would soon become weak and

would run the risk of dying, or, if he lived, would be exhausted, incapable of performing any useful function, a mere carcass without either force or vigour: so the soul which does not nourish itself with prayer, or does so only rarely, will become tepid and sickly, without either courage or virtue, a nuisance to others and unbearable to itself.”

Prayer is also an expression of our relationship with God. A relationship in which people spend minimal time together and say little to each other is unhealthy and may be headed for trouble. If two people don't really like each other, they will not invest time and effort in their relationship (if you could call it that). What does the time and effort spent in prayer say about our relationship with God?

Earlier this year, between Ascension and Pentecost, everyone was given a beautiful booklet to pray a novena as part of the Archbishop of Canterbury's initiative called *Thy Kingdom Come*. These were brief and simple to use. How has your practice of prayer continued since then?

Prayer is not only an activity we practise at certain times or in certain places. It ought to be the rhythm of our whole life. St John Cassian, whose writings had a great influence on St Benedict, wrote, “He prays too little who only prays on his knees. He never prays, who while he is on his knees is distracted by all kinds of wanderings of heart. Therefore what we want to be at prayer, we should be before the time of prayer. The mind must be formed at the time of prayer by the state which preceded it and while it is praying, it will be lifted up to heavenly things or dragged down to earthly things by those thoughts with which it was preoccupied beforehand.”

Fr Mark

## **Mission Report - 28th July 2019.**

### **Mission to Seafarers**

Once again I would like to thank everyone for your donations for the MtS on Sea Sunday. This week, all of your gifts were delivered to the Flying Angel Centre in Newcastle. The Chaplain Garry Dodd was at the centre on Tuesday and greatly appreciated the support of our parish. Whilst I was there, a group of seafarers were brought into the centre by the minibus. All the men were very friendly and happy to be visiting the centre, and the aroma from the food smelt very appetising too. Garry said that the beanies are supplied throughout the year, and the toiletries and other goods are used in the care packages given out at Christmas.

Below is a list of this year's donations: Beanies - **248**, Socks (6 pairs), Toothpaste (19 tubes), Toothbrush (19), Razors (9 pkts), Shaving (3), Deodorant (17), Soap (10), Shower wash (1), Shampoo (4), Conditioner (2), Lip balm (5), Hand sanitiser (6), Torches (6), Playing cards (16 decks) & Magazines.

### **PNG VOLCANO EMERGENCY APPEAL**

**ABM has launched an emergency appeal in response to the recent volcanic eruptions in Papua New Guinea.**

Ulawun Volcano on New Britain Island in PNG erupted on 26 June 2019, affecting up to 15,000 people. Since then, distribution of relief supplies has been hampered by ash cover on local roads and the closure of one airport.

Ash has devastated the region's palm oil crop which many people rely on for their livelihoods, as well as falling on food gardens. There is also the danger of damage to the lungs from the ash which can lead to sickness or death.

According to news reports, the government is working with the military to assist with the emergency response. The situation is dire, with many people now in need of food, water and shelter. The Anglican Church of PNG has reported that an Anglican parish (Bialla Parish) and an Anglican School (Soi Primary) are amongst the areas and institutions affected by the eruption.

**ABM is seeking to raise AUD \$20,000 for the relief effort. Please consider a gift to help with emergency supplies for the victims of this disaster.**

*Please pray for all whose lives have been affected and for those involved in the emergency response.*

### **HOW TO DONATE**

You can donate online to the [PNG Volcano Emergency Appeal](#)  
Send a cheque/money order made out to the Anglican Board of Mission to:

Anglican Board of Mission – Australia

Locked Bag Q4005

Queen Victoria Building NSW 1230.

(Please don't forget to write down the Code **PG027** and/or the campaign name **PNG Volcano Emergency Appeal** and include it with your donation.)

Alternatively, you can phone [1300 302663](tel:1300302663), Sydney [02 9264 1021](tel:0292641021) or email us at [info@abmission.org.au](mailto:info@abmission.org.au)

Any funds raised in excess of the amount needed will be directed to ABM's Global Emergency Rapid Response Fund or ABM's Global Disaster Risk Reduction Fund.

Coralie Taylor - Mission Secretary.



**ANGLICAN BOARD OF MISSION**  
*Working for Love, Hope & Justice*

### **Pew Reflections**

**The Seventh Sunday After Pentecost [Pentecost 7]  
– Sunday 28 July 2019**

• Hosea 1.2-10; Psalm 85;

Colossians 2.6-15 (16-19); Luke 11.1-13

Hosea's life must have been like a nightmare, being called by the Lord to marry a prostitute (symbolic of God's loving relationship with unfaithful Israel) and to give their children symbolic names relating to God's warnings of judgment on Israel – extreme

action inspired by our loving God to try to draw the people back into relationship with God.

Centuries later and still today, Paul encourages us to remain faithful to our Lord Jesus Christ who through the extreme loving action of the cross has delivered those who believe in him from all other influences that threaten to control our lives and draw us away from God. In order to do so, prayer is essential – prayer to God as a Father who seeks our cooperation to further his kingdom of love and who provides for our physical needs and will meet our spiritual needs.

- Pray the Lord’s Prayer slowly, spending time reflecting on each phrase in relation to your life.
- Give thanks for the work and witness of the Episcopal Church of Jerusalem and the Middle East.

*Text:* The Rev Ross Cameron, Diocese of Brisbane  
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### **Rosters for next week**

#### **4<sup>th</sup> August – Eighth Sunday after Pentecost**

##### **7.30am**

<b>Greeter</b>	<b>Sidesperson</b>	<b>Readers</b>	<b>Servers</b>
Terry Rowe	Adrienne Baldwin	Robyn Crowley Chris Crowley	

##### **9.30am**

<b>Greeter</b>	<b>Sidesperson</b>	<b>Readers</b>	<b>Servers</b>
Libby Harvey David Harvey	Laurie Meakins	Irene Neville Laurie Meakins	
<b>Morning Tea</b>	<b>Counting Roster</b>		<b>Flowers</b>
Irene Neville Evelyn White	Albert Townsend Kyara Newport		Jackie Davidson

## Next Sunday – 4<sup>th</sup> August 2019 – Eighth Sunday after Pentecost

### Eighth Sunday after Pentecost

**7.30am – Sung Eucharist - Presiding & Preaching – Fr Mark Watson**

**Organist – Chris Sillince**

**9.30am – Holy Eucharist - Presiding & Preaching – Fr Mark Watson**

**Organist – Sharon Sandstrom**

**Readings: Ecclesiastes 1. 2, 12-14, Psalm 49. 1-12, Colossians 3. 1-11**

**Gospel: Luke 12. 13-21**

### This Week

#### **Monday 29<sup>th</sup> July**

*Mary and Martha of Bethany*

**10.00am – Whispers of Love Meditation – Rev Ann**

#### **Tuesday 30<sup>th</sup> July**

*William Wilberforce, social reformer (d. 1833)*

**8.00am – Morning Prayer – Rev Ann**

**7.00pm - Trinity Band and Singers**

#### **Wednesday 31<sup>st</sup> July**

*Joseph of Arimathea*

*Ignatius of Loyola, priest and founder of the Society of Jesus (d. 1556)*

**8.00am – Morning Prayer [Fr Mark]**

**5.00pm - Holy Eucharist (Fr Roy)**

**5.30pm - Sacred Reading (Fr Roy)**

#### **Thursday 1<sup>st</sup> August**

*Holy men and women of the Old Testament*

**8.00am – Morning Prayer – Fr Mark**

#### **Friday 2<sup>nd</sup> August**

**8.00am – Morning Prayer – Fr Mark**

**10.30am – Holy Eucharist [Fr Mark] and morning tea**

Readings – Exodus 20. 1-17. Psalm 19. 7-14, Matthew 13. 18 –23

**11.45am – Bible Study**

#### **Saturday 3<sup>rd</sup> August**

#### **Sunday 4<sup>th</sup> August**

**6pm – Dinner at Terrigal Bowling Club ‘Bec’s Kitchen’**

**The Parish of Terrigal warmly welcomes you.**

We offer many opportunities for meeting together ...  
**to worship and pray; to study Scripture and theology; to share fellowship, caring and support; and to celebrate real relationships which are divinely life-giving.**

These opportunities normally include ...

**Sunday Worship at Holy Trinity**

**7.30am - Sung Eucharist and 9.30am – Holy Eucharist**

**3<sup>rd</sup> Sunday in the month - Messy Church**

between 3.30pm and 5.30pm

**Weekly Worship at Holy Trinity**

**Tues to Friday - 8.00am - Morning Prayer**

**Friday at 10.30am – Eucharist**

**1st Monday at 3.00pm Monday Tarragal Manor & Tarragal Glen Eucharist**

**Every Wednesday at 5.00 pm - Eucharist**

**3<sup>rd</sup> Thursday at 10.30am - Eucharist at The Pod [Aurrum]**

**4<sup>th</sup> Friday – 11.00am – Eucharist at Woodport Aged Care**

**VARIOUS PARISH MINISTRIES**

**'Whispers of Love'** - a meditation (*Monday at 10.00am*); **Women's Fellowship** (*2<sup>nd</sup> Monday at 1.00pm*); **Parish Council** (*2<sup>nd</sup> Tuesday at 7.30pm*); **Trinity Band** (*Rehearsal - Tuesday at 7.00pm*) (*Playing at the 9.30am Service - 2<sup>nd</sup> and 4<sup>th</sup> Sundays*); **Sacred Reading** (*Wednesday at 5.30pm*); **Pastoral Care** (*2<sup>nd</sup> Thursday at 10.00am*); **Bible Study** (*Friday at 11.45am*); **Messy Church Planning Meeting** (as arranged) ; **Gardening** (*2<sup>nd</sup> Saturday from 8.00am*); **Market Day** (*3<sup>rd</sup> Saturday from 8.00am*)

*Parish contact - (02) 4365 1115 or mobile 0427 135 771*

**Holy Trinity Opportunity Shop ... contact (02) 4365 1280**

**Parish Website – [www.terrigalanglican.org.au](http://www.terrigalanglican.org.au)**

The liturgical text we are using for this service is from *A Prayer Book for Australia* (Sydney: Broughton Books, ©1995, The Anglican Church of Australia Trusts Corporation, 1996 and used with permission – ePray licence No.230  
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## **Parish Directory**

**The Church of the Holy Trinity – 92 Serpentine Rd, Terrigal, 2260**

**Parish Postal Address – P.O. Box 167, Terrigal, 2260**

**Office Telephone - 4365 1115.**

**Parish Email – [admin@terrigalanglican.org.au](mailto:admin@terrigalanglican.org.au)**

**Website - [www.terrigalanglican.org.au](http://www.terrigalanglican.org.au)**

**Rector – The Reverend Canon Mark Watson – 4365 1374 or 0434 431 400**

**Email - [cyprian7@bigpond.com](mailto:cyprian7@bigpond.com)**

### **Associate Priests**

**The Reverend Ann Watson – 4365 1065 or 0427 135 771**

**The Reverend Roy Hazlewood - 4393 0114**

**The Reverend Dr Richard Harvey – 0422 109 262**

**The Reverend Bruce McAteer - 0417 229 296**

### **Parish Executive**

**Neil Ewer (0412 640 477) – Rector’s Warden**

**Terry Rowe (4365 0430) - People’s Warden**

**Kyara Newport (0400 994 779) - People’s Warden**

**Parish Secretary - Kyara Newport (0400 994 779)**

**Parish Treasurer - Terry Rowe (4365 0430)**

### **Parish Ministries**

**Parish Organist - Chris Sillince - 0422 225 849**

**Sacristan and Mission Secretary - Coralie Taylor**

**Messy Church Convenor - Rhonda Kiss – 4363 5001**

**Pastoral Care - contact - 4365 1115**

**Cursillo – Libby Harvey – 0431 315 085**

**Safety Officer - Mike Keaney**

**Copyright Compliance Officer – Terry Rowe**

**Parish Bookshop – Kyara Newport**

**Market Day Co-ordinator –**

### **Parish Opportunity Shop**

**Carolyn Shields / Christine De Gans - 4365 1280**

**The Op Shop is open Tuesday to Friday from 9.00am to 4.00pm  
and each Saturday from 10.00am to 1.00pm**