

Welcome to worship at Holy Trinity, Terrigal Thirteenth Sunday after Pentecost 8th September, 2019



7.30am - Sung Eucharist - Presiding & Preaching – Fr Mark Watson Organist – Chris Sillince

Hymns: TIS 143, 430, 519, 595

(English Organ Postlude: March in C (David Johnson)

9.30am - Holy Eucharist - Presiding & Preaching - Fr Mark Watson

Trinity Band and Singers

Hymns: TIS 53, 650, 511, 687

11.00am - Holy Baptism

[All hymns are from Together in Song unless otherwise specified.]

Prayer and anointing for healing are available at each Eucharist. If you would like prayer and anointing, please move in front of the step, at the left side of the altar, after receiving communion and a priest will come and minister to you.

HOLY BAPTISM

We welcome Hunter Grant Waters who will be received into the Body of Christ through the Sacrament of Baptism this morning at 11am. We welcome also Hunter's parents, Mitchell and Paige, the Godparents and members of his family and friends. God bless you as you make these important promises on behalf of Hunter.

Sentence

Whoever does not carry the cross and follow Jesus cannot be his disciple.

Luke 14.27

Prayer of the Day

God of the ages, You call the Church to keep watch in the world and to discern the signs of the times: grant us the wisdom that your Spirit bestows, so that with courage we may proclaim your prophetic word, and complete the work you have set before us; through your Son, our Lord Jesus Christ, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**

A reading from Deuteronomy

Chapter 30, verses 15 – 20

See, I have set before you today life and prosperity, death and adversity. If you obey the commandments of the Lord your God that I am commanding you today, by loving the Lord your God, walking in his ways, and observing his commandments, decrees, and ordinances, then you shall live and become numerous, and the Lord your God will bless you in the land that you are entering to possess. But if your heart turns away and you do not hear, but are led astray to bow down to other gods and serve them, I declare to you today that you shall perish; you shall not live long in the land that you are crossing the Jordan to enter and possess. I call heaven and earth to witness against you today that I have set before you life and death, blessings and curses. Choose life so that you and your descendants may live, loving the Lord your God, obeying him, and holding fast to him; for that means life to you and length of days, so that you may live in the land that the Lord swore to give to your ancestors, to Abraham, to Isaac, and to Jacob.

Hear the Word of the Lord Thanks be to God

Psalm 1

Blessed are they who have not walked in the counsel of the ungodly:

nor followed the way of sinners, nor taken their seat amongst the scornful.

But their delight is in the law of the Lord: and on that law will they ponder day and night.

They are like trees planted beside streams of water: that yield their fruit in due season.

Their leaves also shall not wither: and look, whatever they do, it shall prosper.

As for the ungodly, it is not so with them: they are like the chaff which the wind scatters.

Therefore the ungodly shall not stand up at the judgement:

nor sinners in the congregation of the righteous.

For the Lord cares for the way of the righteous: but the way of the ungodly shall perish. Paul, a prisoner of Christ Jesus, and Timothy our brother,

To Philemon our dear friend and co-worker, to Apphia our sister, to Archippus our fellow-soldier, and to the church in your house:

Grace to you and peace from God our Father and the Lord Jesus Christ.

When I remember you in my prayers, I always thank my God because I hear of your love for all the saints and your faith towards the Lord Jesus. I pray that the sharing of your faith may become effective when you perceive all the good that we may do for Christ. I have indeed received much joy and encouragement from your love, because the hearts of the saints have been refreshed through you, my brother.

For this reason, though I am bold enough in Christ to command you to do your duty, yet I would rather appeal to you on the basis of love—and I, Paul, do this as an old man, and now also as a prisoner of Christ Jesus. I am appealing to you for my child, Onesimus, whose father I have become during my imprisonment. Formerly he was useless to you, but now he is indeed useful both to you and to me. I am sending him, that is, my own heart, back to you. I wanted to keep him with me, so that he might be of service to me in your place during my imprisonment for the gospel; but I preferred to do nothing without your consent, in order that your good deed might be voluntary and not something forced. Perhaps this is the reason he was separated from you for a while, so that you might have him back for ever, no longer as a slave but as more than a slave, a beloved brother—especially to me but how much more to you, both in the flesh and in the Lord.

So if you consider me your partner, welcome him as you would welcome me. If he has wronged you in any way, or owes you anything, charge that to my account. I, Paul, am writing this with my own hand: I will repay it. I say nothing about your owing me even your own self. Yes, brother, let me have this benefit from you in the Lord! Refresh my heart in Christ. Confident of your obedience, I am writing to you, knowing that you will do even more than I say.

One thing more—prepare a guest room for me, for I am hoping through your prayers to be restored to you.

Epaphras, my fellow-prisoner in Christ Jesus, sends greetings to you, and so do Mark, Aristarchus, Demas, and Luke, my fellowworkers.

The grace of the Lord Jesus Christ be with your spirit.

Hear the Word of the Lord Thanks be to God

Alleluia, **alleluia!** Let your face shine on your servant, and teach me your laws. **Alleluia!**

The Gospel of our Lord Jesus Christ according to Luke, chapter 14, verse 25-35

Glory to you Lord Jesus Christ

Now large crowds were travelling with him; and he turned and said to them, 'Whoever comes to me and does not hate father and mother, wife and children, brothers and sisters, yes, and even life itself, cannot be my disciple. Whoever does not carry the cross and follow me cannot be my disciple. For which of you, intending to build a tower, does not first sit down and estimate the cost, to see whether he has enough to complete it? Otherwise, when he has laid a foundation and is not able to finish, all who see it will begin to ridicule him, saying, "This fellow began to build and was not able to finish." Or what king, going out to wage war against another king, will not sit down first and consider whether he is able with ten thousand to oppose the one who comes against him with twenty thousand? If he cannot, then, while the other is still far away, he sends a delegation and asks for the terms of peace. So therefore, none of you can become my disciple if you do not give up all your possessions.

'Salt is good; but if salt has lost its taste, how can its saltiness be restored? It is fit neither for the soil nor for the manure heap; they throw it away. Let anyone with ears to hear listen!'

> For the Gospel of the Lord Praise to you Lord Jesus Christ

Please pray for

Shirley Taylor, Isobel Horsley, Barbara Matthews, Maureen H, Jean Easy, Paul Naylor, Patricia Bailey, Ken Hope, Bill Howard, Joan and Norman Williams, Emma Horton, Mandy, Joel, Julie, Paul C and Emmanuel C.

We prayerfully remember Barbara Flood, Wendy Hill and Todd Collinson.

'Whispers of Love' Meditation –

Reflection

We learn to be silent by paying attention. Attention brings the centre of our being to full conscious.

It brings us from the past and the future into the present which is gentle and restful.

Laurence Freeman

Prayerfully Reverend Ann



Sunday 15th September 2019

Please join us next Sunday for Messy Church and invite a family with young children to come along with you!

Domestic Abuse

It's everybody's business!

Let's raise awareness together.

Where: Catholic Church, The Entrance.

When: 18th September - 9.30am coffee, for 10.00am start till 12.30pm

Who: <u>Anyone</u> who wants to raise their awareness of domestic abuse.



Our Annual Harvest Festival will be celebrated on Sunday 29th September 2019

Please start bringing in non-perishable goods now so we can have a wonderful display on the day to pass to Samaritans.

Goods can include:

Long life milk, long life custard, breakfast cereal (not Weetbix), jam, Vegemite, pasta and pasta sauce, biscuits ... Arrowroot, sm packets tea bags, sm jars coffee, tinned vegetables, tinned fruit.

Perishable goods can be brought in on the weekend of our festival – these will go to Coast Shelter.

Thanking you in advance.

Kyara Newport - Parish Secretary

The next **Women's Fellowship Meeting** will be held on Monday the 9th September, 2019 at 1pm.

<u>First Aid</u>

First Aid course has been booked for Saturday 14th September 2019 Time 1:00PM to 3:00 pm Place: Multi-purpose room

If you would like to join, please contact Kyara, Terry or Cal.

<u> Market Day – Saturday 21st September</u>

Once again, we will need all the help we can get when setting up on Friday 20th and especially when packing away and clearing up on Saturday 21st. Your help is always appreciated. If you can come at 12.30pm for an hour on Saturday to pack up, we would love to see you.

Upcoming Events

Community Hymnfest - Sunday 6 October 2019 at 3:00pm. There is a coloured form available for you to select up to three hymns for possible inclusion in the afternoon. Please submit your list as soon as is possible to help with the preparation of the event.

Choral Evensong - Sunday 27 October 2019 at 3:00pm.

As in previous years, **The Cathedral Singers** (an Independent Choir) will come and join us to sing the Office of Evensong according to the Book of Common Prayer. The organist & choirmaster is Jim Abrams FRCO and they will be joined by Ian Cox playing the trumpet. This event is a liturgical one and is not a concert.

Chris Sillince

2019 Annual Sing for Bibles

Join us for an afternoon of uplifting music celebrating the Christian faith and enjoy singing some of your favourite hymns. A free-will offering will be taken on the day to support Bible Society's projects in Indigenous Ministry.

Sunday 22nd September, 2019 – 2pm

Kincumber Anglican Church 167 Avoca Drive, Kincumber, NSW, 2251 (Parking located on Oberton Street) For other events visit: biblesociety.org.au/get-involved

Spirituality in the Pub (SIP CENTRAL COAST)

Tuesday 1st October, 2019, 7.30pm - 9.00pm The Grange Hotel Function Room

Cnr: Renwick St & Pacific Hwy, WYOMING Bistro opens at 5-30pm.

Inquiries: 4365 9197 or 0498 588 261 Theme 2019: "Reflections on my Spiritual Journey"

Two Speakers:

Rev Greg Colby: Overcoming traumatic experiences of his past life, his spirituality and gardening experiences continue to provide a stable platform from which to help others.

Mardi Bell: Mardi is the Individual Support Worker for the Family & Carer Mental Health Program on the Central Coast. She offers emotional support, information and advocacy.

Parish Contact List

We are in the final process of updating the Parish Contact List for 2019. If you would like to be included, please complete the Renewing Contact Information Form available today. **Even if we already have your details, please complete a new form.** Next week will be the final week for forms to be submitted. Any questions, please contact Terry Rowe or Kyara Newport. Thank you. Cal Priest

2019 Introduction to Clinical Pastoral Education (CPE) Equipping the Saints. Eph. 4:12

This is an exciting programme that will give you a taste of what being a Pastoral/ Spiritual carer is about. The training will be offered at the **Narara Uniting Church, 91 Wyoming Rd, Wyoming NSW 2250** Timing: 9am - 4.30pm **Commencing Monday 7 October and running on consecutive Mondays up to and including 11 November.** We provide a positive educational space for you to learn about pastoral care, explore your pastoral ability or calling and become equipped for ministry within either a public or church setting. For those interested in this kind of ministry or for more information please contact: **Chaplain Frank Wortley, PO Box 361**

PO Box 361 GOSFORD NSW Ph.: 02 4320 2253 Or Francis.Wortley@health.nsw.gov.au

Prayer of the week

O God,

you know us to be set in the midst of so many and so great dangers that by reason of the frailty of our nature we cannot always stand upright: grant to us such strength and protection as may support us in all dangers and carry us through all temptations; through Jesus Christ our Lord. **Amen**

WHAT YOU SEE IS NOT NECESSARILY WHAT YOU GET

Jesus said, "Do not judge, so that you may not be judged" (Matthew 7:1). He was outlining in the Sermon on the Mount what it means to live as a citizen of the Kingdom of God. Jesus continues: "For with the judgement you make you will be judged, and the measure you give will be the measure you get. Why do you see the speck in your neighbour's eye, but do not notice the log in your own eye? Or how can you say to your neighbour, 'Let me take the speck out of your eye,' while the log is in your own eye? You hypocrite, first take the log out of your own eye, and then you will see clearly to take the speck out of your neighbour's eye" (Matthew 7:2-5).

Judging our neighbour – any other human being – is hastily jumping to conclusions. None of us knows all that is in the heart of another person. Only God is qualified to ultimately judge the motivations and actions of another person. Of course, we must have a system of judgement in a legal sense. Jesus is not talking about that. Nor is he talking about the everyday decisions or judgements we need to make in order to live well.

An example of the kind of judgement Jesus is teaching about happened to me in a previous parish when I somehow strained my back at the early Sunday Eucharist. It was quite painful, and I went to the rectory after the service to lie down. The pain disappeared fairly quickly, and I was able to celebrate the next Eucharist without any trouble. It got back to me that the question had been asked why I hadn't gone to the church door as usual to greet people on the way out of church. I was told someone answered, "Oh he's in a bad mood, and gone off in a huff!" That's an example of judging: false assumptions are made and wrong conclusions are drawn; thoughtless comments may be uttered; third parties are addressed instead of the person concerned; and, most serious of all, there is a failure to ascertain the truth by checking facts.

This failure to ascertain the truth may be due to any number of factors: fear of embarrassment, laziness, assumptions, or overestimating our ability to discern the reasons for another's behaviour. Judging also demonstrates a lack of Christian charity. Asking directly, "Mark, are you okay?" would have been the Christian thing to do.

Professors Scott Lilienfeld, Steven Jay Lynn, John Ruscio and Barry Beyerstein wrote a book called, 50 Great Myths of Popular *Psychology.* In it, they address the misconceptions that drive many of us in our lives, which we assume to be true because they seem to make sense, but which have been passed around unexamined for some time. Lilienfeld says, "Misconceptions" about human behaviour are actually widespread....According to various surveys, 77 per cent believe opposites attract in a romantic relationship, 66 per cent believe if we get angry it's best to let off steam. Forty-five per cent even believe weird behaviour tends to occur during a full moon." Other common beliefs are that most teenagers go through a period of turmoil; people use only 10 per cent of their brains; men are from Mars and women are from Venus; and individuals commonly repress the memories of traumatic events, and men abused as children usually become abusers themselves.

The reason such myths are so commonly held, is that we need to make sense of the world around us. We do that partly by learning how the world and people operate. A set of beliefs about the world enables us to function. Journalist Michael Duffy, in an essay in *Spectrum* (March 13-14 2010), writes, "Most of us like to think we have a pretty good idea how others behave. It's one of those basic adult skills, based on self-knowledge, our

observation of others and the inherited wisdom of the ages....In fact, it's difficult and **many of us go through life with deeply flawed notions of how people feel and behave**."

Caroline Hunt, associate professor of psychology at the University of Sydney, says it's natural for us humans to develop models of how other people behave and use those models to try to understand behaviour we encounter. However, the problem is that "we're not so good at distinguishing between right and wrong models." I'm sure you know how it feels for another to think they know you; whereas in reality they're way off the mark. They need to feel they have you worked out because it gives them a sense of control; it masks their own insecurities; it reveals their preoccupation with saving their own sense of uneasiness; and it avoids the risk of *really* getting to know you, because that would require them to change their preconceived notions of who they think you are.

I mentioned last Sunday a series of studies on *Radical Hospitality: Benedict's Way of Love,* which emphasised the importance of an attitude of openness to 'the other' in all our encounters. This means making space for others without prejudging or requiring them to conform to our expectations. It is a spirit of openness and acceptance, instead of introversion and judging. Fear is a major factor in failing to show this kind of openness. Nevertheless, this stance of openness to others is also the only way the community of faith will be an attractive place. **Most important, it is the only way the Church can remain faithful to its calling**.

One of the reasons false ideas about people are passed around, is what might be called the "water cooler" principle. The water cooler is the proverbial gathering place for workers in the office to gather and to catch up or gossip about what's happening either in the office environment or in their lives generally. In older societies the village well would have been the equivalent. Today, social networking sites are comparable forums for sharing information, swapping stories and gossiping. Go to any shopping centre and you see people in the food halls and cafes doing exactly the same thing.

Christian hospitality goes deeper than that. It is

comfortable not having to know all about the other, allowing them the freedom to *be*, without intrusive prejudging that is the very antithesis of true Christian hospitality and welcome. Getting to know someone takes time and effort *and* a willingness to be open and vulnerable and to share ourselves. It requires us to treat others with respect and not to jump to wrong conclusions based on what we think we know. "Do not judge by appearances, but judge with right judgement" (John 7:24).

Fr Mark



Pew Reflections

The Thirteenth Sunday After Pentecost [Pentecost 13] - Sunday 8 September 2019

Jeremiah 18.1-11; Psalm 139.1-5, 12-18;
 Philemon 1-25; Luke 14.25-35

Does Jesus really require us to destroy self, family and all other meaningful human relationships, as well as getting rid of all our possessions (whether useful or not), in order to be his disciples? In other passages he urges us to love one another and tells us that this love is the test of discipleship. So, he doesn't really want us to hate anyone. He is using typical Middle Eastern exaggeration (as he often did) to get people's attention and drive home the point that all other loyalties need to be subsidiary to our relationship with him.

- Give thanks for our creator God's faithfulness to you (Psalm), and pray that you will be a 'salty' disciple of Jesus.
- Give thanks for the Church of Ceylon, which covers most of Sri Lanka, remembering their ministry in a multi-religious context.

Text: The Rev Ross Cameron, Diocese of Brisbane © Anglican Board of Mission, 2019

Rosters for next week

15th September – Fourteenth Sunday after Pentecost

Greeter	Sidesperson	Readers	Servers
Terry Rowe	Ulla Finlay	Margaret Bilston	Margaret
		Ken Bilston	Neil

<u>7.30am</u>

<u>9.30am</u>

Greeter	Sidesperson	Readers	Servers
	Julie Rowe		Maureen
	Terry Rowe		Coralie
			Margaret
Morning Tea	Counting Roster		Flowers
Julie Rowe	Terry Rowe		Robyn Smith
Terry Rowe	Trica Gray		

Next Sunday 15th September 2019 – Fourteenth Sunday after Pentecost

Fourteenth Sunday after Pentecost

7.30am – Sung Eucharist - Presiding & Preaching – Fr Mark Watson Organist – Chris Sillince
9.30am – Holy Eucharist - Presiding & Preaching – Fr Mark Watson Organist – Chris Sillince
Readings: Exodus 32. 7-14, Psalm 51. 1-10, 1 Timothy 1. 1-2, 12-19a Gospel: Luke 15. 1-10

This Week

Monday 9th September

10.00am – Whispers of Love Meditation – *Rev Ann*1.00pm – Women's Fellowship

Tuesday 10th September

8.00am – Morning Prayer – Postponed on Tuesday until further notice
 7.00pm - Trinity Band and Singers Rehearsal
 7.30pm – Parish Council

Wednesday 11th September

Mother Esther CHN, founder of the Community of the Holy Name (Melbourne) (d. 1931) 8.00am – Morning Prayer [Fr Mark] 11.00am – Eucharist at Tarragal House [Fr Mark] 2.00pm - Ecumenical Service at Tarragal Glen Manor [Fr Mark] 5.00pm - Holy Eucharist [Fr Roy] 5.30pm - Sacred Reading [Fr Roy]

Thursday 12th September

8.00am – Morning Prayer [Fr Mark] 10.00am – Pastoral Care

Friday 13th September

Cyprian of Carthage, bishop and martyr (d.258) 8.00am – Morning Prayer [Fr Mark] 10.30am – Holy Eucharist and morning tea [Fr Mark] Readings – 1 Timothy 1. 1-2 (3-11) 12-14, Psalm 16. 7-11, Luke 6. 39-42 11.45am – Bible Study

Saturday 14th September

8.00am – Gardening 8.30am - Eucharist in the Chapel - HOLY CROSS DAY [Fr Mark] The Parish of Terrigal warmly welcomes you.

We offer many opportunities for meeting together ...

to worship and pray; to study Scripture and theology; to share fellowship, caring and support; and to celebrate real relationships which are divinely life-giving.

> These opportunities normally include ... Sunday Worship at Holy Trinity 7.30am - Sung Eucharist and 9.30am – Holy Eucharist 3rd Sunday in the month - Messy Church between 3.30pm and 5.30pm

> > Weekly Worship at Holy Trinity

Tues to Friday - 8.00am - Morning Prayer Friday at 10.30am – Eucharist 1st Monday at 3.00pm Monday Tarragal Manor & Tarragal Glen Eucharist Every Wednesday at 5.00 pm - Eucharist 3rd Thursday at 10.30am - Eucharist at The Pod [Aurrum] 4th Friday – 11.00am – Eucharist at Woodport Aged Care VARIOUS PARISH MINISTRIES

'Whispers of Love' - a meditation (Monday at 10.00am); Women's Fellowship (2nd Monday at 1.00pm); Parish Council (2nd Tuesday at 7.30pm); Trinity Band (Rehearsal - Tuesday at 7.00pm) (Playing at the 9.30am Service -2nd and 4th Sundays); Sacred Reading (Wednesday at 5.30pm); Pastoral Care (2nd Thursday at 10.00am); Bible Study (Friday at 11.45am); Messy Church Planning Meeting (as arranged) ; Gardening (2nd Saturday from 8.00am); Market Day (3rd Saturday from 8.00am)

> Parish contact - (02) 4365 1115 or mobile 0427 135 771 Holy Trinity Opportunity Shop ... contact (02) 4365 1280 Parish Website – www.terrigalanglican.org.au

The liturgical text we are using for this service is from *A Prayer Book for Australia* (Sydney: Broughton Books, ©1995, The Anglican Church of Australia Trusts Corporation, 1996 and used with permission – ePray licence No.230

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Parish Directory

The Church of the Holy Trinity – 92 Serpentine Rd, Terrigal, 2260 Parish Postal Address – P.O. Box 167, Terrigal, 2260 Office Telephone - 4365 1115.

> Parish Email – <u>admin@terrigalanglican.org.au</u> Website - <u>www.terrigalanglican.org.au</u>

Rector – The Reverend Canon Mark Watson – 4365 1374 or 0434 431 400 Email - cyprian7@bigpond.com

Associate Priests

The Reverend Ann Watson – 4365 1065 or 0427 135 771 The Reverend Roy Hazlewood - 4393 0114 The Reverend Dr Richard Harvey – 0422 109 262 The Reverend Bruce McAteer - 0417 229 296

Parish Executive

Neil Ewer (0412 640 477) – Rector's Warden Terry Rowe (4365 0430) - People's Warden Kyara Newport (0400 994 779) - People's Warden Parish Secretary - Kyara Newport (0400 994 779) Parish Treasurer - Terry Rowe (4365 0430)

Parish Ministries

Parish Organist - Chris Sillince - 0422 225 849 Sacristan and Mission Secretary - Coralie Taylor Messy Church Convenor - Rhonda Kiss – 4363 5001 Pastoral Care - contact - 4365 1115 Cursillo – Libby Harvey – 0431 315 085 Safety Officer - Mike Keaney Copyright Compliance Officer – Terry Rowe Parish Bookshop – Kyara Newport Women's Fellowship – Bev Broadley – 4367 6066 Market Day Co-ordinator –

Parish Opportunity Shop

Carolyn Shields / Christine De Gans - 4365 1280 The Op Shop is open Tuesday to Friday from 9.00am to 4.00pm and each Saturday from 10.00am to 1.00pm