

**Welcome to worship at Holy Trinity, Terrigal**  
**THE EPIPHANY OF OUR LORD**  
**5<sup>th</sup> January, 2020**



**7.30am** – **Sung Eucharist** - *Presiding & Preaching – Fr Mark Watson*  
**Organist – Chris Sillince**

**Hymns: TIS 314, 291, 310 (Tune: Morning Star), 301**

**9.30am** – **Holy Eucharist** - *Presiding & Preaching – Fr Mark Watson*  
**Organist – Sharon Sandstrom**

**Hymns: TIS 314, 291, 310 (Tune: Morning Star), 301**

[All hymns are from Together in Song unless otherwise specified.]

Prayer and anointing for healing are available at each Eucharist. If you would like prayer and anointing, please move in front of the step, at the left side of the altar, after receiving communion and a priest will come and minister to you.

## **Sentence**

Arise, shine; for your light has come, and the glory of the Lord has risen upon you.

Isaiah 60.1

## **Prayer of the Day**

Eternal God,  
Who by a star led Magi to the worship of your Son:  
Guide the nations of the earth by your light,  
that the whole world may see your glory;  
through Jesus Christ our Lord,  
who lives and reigns with you and the Holy Spirit,  
one God, now and for ever. **Amen.**

## **Isaiah 60.1-6**

Arise, shine; for your light has come,  
and the glory of the Lord has risen upon you.  
For darkness shall cover the earth,  
and thick darkness the peoples;  
but the Lord will arise upon you,  
and his glory will appear over you.  
Nations shall come to your light,  
and kings to the brightness of your dawn.

Lift up your eyes and look around;  
they all gather together, they come to you;  
your sons shall come from far away,  
and your daughters shall be carried on their nurses' arms.  
Then you shall see and be radiant;  
your heart shall thrill and rejoice,  
because the abundance of the sea shall be brought to you,  
the wealth of the nations shall come to you.  
A multitude of camels shall cover you,  
the young camels of Midian and Ephah;  
all those from Sheba shall come.

Hear the word of the Lord

**Thanks be to God**

**Psalm 72.1-7, 10-14**

Give the king your judgement, O God:  
and your righteousness to the son of a king,

**That he may judge your people rightly:  
and the poor of the land with equity.**

Let the mountains be laden with peace  
because of his righteousness:

and the hills also with prosperity for his people.

**May he give justice to the poor among the people:  
and rescue the children of the needy,  
and crush the oppressor.**

May he live while the sun endures:  
and while the moon gives light,  
throughout all generations.

**May he come down like rain upon the new-mown fields:  
and as showers that water the earth.**

In his time shall righteousness flourish:

and abundance of peace, till the moon shall be no more.

**The kings of Tarshish and of the isles  
shall bring tribute:**

**the kings of Sheba and Seba shall offer gifts.**

All kings shall fall down before him:  
and all nations do him service.

**He will deliver the needy when they cry:  
and the poor that have no helper.**

He will pity the helpless and the needy:  
and save the lives of the poor.

**He will redeem them from oppression and violence:  
and their blood shall be precious in his sight.**

**Ephesians 3.1-12**

This is the reason that I Paul am a prisoner for Christ Jesus for the sake of you Gentiles— for surely you have already heard of the commission of God's grace that was given to me for you, and how the mystery was made known to me by revelation, as I wrote above in a few words, a reading of which will enable you

to perceive my understanding of the mystery of Christ. In former generations this mystery was not made known to humankind, as it has now been revealed to his holy apostles and prophets by the Spirit: that is, the Gentiles have become fellow-heirs, members of the same body, and sharers in the promise in Christ Jesus through the gospel.

Of this gospel I have become a servant according to the gift of God's grace that was given to me by the working of his power. Although I am the very least of all the saints, this grace was given to me to bring to the Gentiles the news of the boundless riches of Christ, and to make everyone see what is the plan of the mystery hidden for ages in God who created all things; so that through the church the wisdom of God in its rich variety might now be made known to the rulers and authorities in the heavenly places. This was in accordance with the eternal purpose that he has carried out in Christ Jesus our Lord, in whom we have access to God in boldness and confidence through faith in him. I pray therefore that you may not lose heart over my sufferings for you; they are your glory.

Hear the word of the Lord

**Thanks be to God**

Alleluia, **alleluia!**

We have seen his star in the East;  
and have come to adore the Lord.

**Alleluia!**

**Matthew 2.1-12**

**Glory to you Lord Jesus Christ**

In the time of King Herod, after Jesus was born in Bethlehem of Judea, wise men from the East came to Jerusalem, asking, 'Where is the child who has been born king of the Jews? For we observed his star at its rising, and have come to pay him homage.' When King Herod heard this, he was frightened, and

all Jerusalem with him; and calling together all the chief priests and scribes of the people, he inquired of them where the Messiah was to be born. They told him, 'In Bethlehem of Judea; for so it has been written by the prophet:

"And you, Bethlehem, in the land of Judah,  
are by no means least among the rulers of Judah;  
for from you shall come a ruler  
who is to shepherd my people Israel." '

Then Herod secretly called for the wise men and learned from them the exact time when the star had appeared. Then he sent them to Bethlehem, saying, 'Go and search diligently for the child; and when you have found him, bring me word so that I may also go and pay him homage.' When they had heard the king, they set out; and there, ahead of them, went the star that they had seen at its rising, until it stopped over the place where the child was. When they saw that the star had stopped, they were overwhelmed with joy. On entering the house, they saw the child with Mary his mother; and they knelt down and paid him homage. Then, opening their treasure-chests, they offered him gifts of gold, frankincense, and myrrh. And having been warned in a dream not to return to Herod, they left for their own country by another road.

For the Gospel of the Lord  
**Praise to you Lord Jesus Christ**

**Please pray for**

Fr Jonathon Ewer, Norm Williams, Isabel Horsley, Joyce Taylor, Emma Horton, Ben Uhrweiss, Gloria Townsend, Ken Hope, Robyn & Rick Di Cristoforo, Rob & Fay Lord, Kim Morley, Robyn L., John, Paul C, Maureen H., Jean Easey, Margaret Willard, Joel, Jean Hilton, Aaron Lane, Charlie and Jean K.

**Market Day - January**

There will be a market day in January on the 18th. Thank you.

## **THANK YOU**

Thank you to all who were involved in the preparations for our Christmas Liturgies here at Holy Trinity. Feedback after the services, especially from visitors, was very positive and affirming. Thanks to our organists, sacristan and servers, sidespersons, Cal Priest, our Parish Office administration assistant with preparing and printing orders of service, and those who arranged flowers, set up the Christmas tree and the Nativity scene. It was a beautiful and joyful time of celebration of the birth of our Saviour. We are truly blessed as a Parish.

My thanks too, to all of you who sent cards and gave gifts. I deeply appreciate your kindness and generosity.

Fr Mark

## **Samaritan Donations**

The Samaritans will be closed until the 21<sup>st</sup> January, 2020 so please don't drop off any more donations until Sunday, 19<sup>th</sup> January, 2020. Thank you for your kind donations over the last year.

## **Dinner at Terrigal Bowling Club Tonight**

Please join us for dinner at Terrigal Bowling Club at 'Bec's Kitchen' tonight, Sunday 5<sup>th</sup> January, from 6pm. If you are interested, please add your name to the sign-up sheet on the notice board this morning.

## **Prayer of the week**

O God,  
by the leading of a star  
you manifested your only-begotten Son to the Gentiles:  
mercifully grant, that we, who know you now by faith,  
may after this life be led to the vision  
of your glorious Godhead;  
through Jesus Christ our Lord. **Amen.**

## LIFT UP YOUR HEARTS

The words that introduce the Great Thanksgiving at the Eucharist are called the *Sursum Corda*, Latin for "Lift up your hearts." We probably never say those words outside the context of the liturgy. It's an unusual phrase. What does it mean? How do you "lift up your hearts"? When we move from being sad to feeling happy, we may say "I feel my spirits have been *lifted*." On the contrary, when someone is in a bad mood or depressed, we may say, "He/she is *'down* in the dumps."

Worship is exaltation. "O praise the Lord with me: let us exalt his name together" (Psalm 34:3). The word exalt means to raise or lift up; to elevate someone to a higher rank or position or to speak very highly of someone. Our liturgy provides us with a number of opportunities in addition to the *Sursum Corda*, to do that: singing hymns of praise, elevation of the sacred species as we sing or say the doxology: "Blessing and honour and glory and power are yours for ever and ever"; incense rising into the air, raising our hand to make the sign of the cross. These and other actions assist us to worship with our bodies, not just our minds and hearts. They focus us on what we're doing. For some reason, many avoid them. Before I became an Anglican, I always liked how congregations in Anglican services knelt – something that never happened in the denomination in which I was brought up. Now we don't even do that.

Many would rather worship be easy and cosy and simple, with minimum effort. "Liturgy" means the *work* of the people. It's not a leisure activity. When we treat it as such, it becomes a drag. Bishop Robert Atwell says, "Religion has become something we do in our spare time, a leisure activity that competes for our attention. Worship has evolved into an optional extra" (*The Good Worship Guide*, Robert Atwell, Canterbury Press, p. 7, 2013).



To elevate something requires effort. To lift up takes more energy than to set down. To exalt or speak well of someone takes more energy than tearing down and criticising them. It takes more effort to sing than to speak. To sing well requires our bodies to be straight and erect with our lungs drawing in the oxygen. We burn more calories when we sing! But this doesn't mean that worship exhausts and drains us. It requires effort, and it actually energises us. Worship lifts us out of our everyday lives into the atmosphere of heaven. When we exalt or raise the name of God, we find ourselves exalted.

Fr Mark



**ANGLICAN BOARD OF MISSION**  
*Working for Love, Hope & Justice*

**Pew Reflections**  
**The Epiphany of Our Lord**  
**– Sunday 5<sup>th</sup> January 2020**

- Isaiah 60.1-6; Psalm 72.1-7, 10-14;  
Ephesians 3.1-12; Matthew 2.1-12

Jesus commands the apostles to go out and tell others that “The kingdom of God has come near to you.” May we find opportunities this week to do that on Christ’s behalf. Let our prayer be that we might become effective ambassadors for our Lord Jesus Christ.

- Give thanks for the revelation of God to every nation.
- Give thanks for the work and witness of the Anglican Church of Papua New Guinea, remembering especially today the staff and students at Newton Theological College in Popondetta.

*Text:* © Anglican Board of Mission, 2020



## Rosters for next week

### 12<sup>th</sup> January – THE BAPTISM OF OUR LORD (First Sunday after the Epiphany)

#### 7.30am

Greeter	Sidesperson	Readers	Servers
Terry Rowe	Neil Ewer	Margaret Maclachlan Neil Ewer	Jan Neil

#### 9.30am

Greeter	Sidesperson	Readers	Servers
Leslie Gosling	June Timms Irene Neville	Laurie Meakins Stacey Henwood	Coralie John
Morning Tea	Counting Roster		Flowers
Anna Holt Judy Thompson	John Holt Betty Hancock		Jackie Davidson

### **Next Sunday 12<sup>th</sup> January, 2020 – THE BAPTISM OF OUR LORD** **(First Sunday after the Epiphany)**

#### **The Baptism of Our Lord**

**7.30am – Sung Eucharist – Presiding & Preaching – Fr Mark Watson**

**Organist – Chris Sillince**

**9.30am – Holy Eucharist – Presiding & Preaching – Fr Mark Watson**

**Organist – Sharon Sandstrom**

**Readings: Isaiah 42.1-9, Psalm 29, Acts 10.34-43**

**Gospel: Matthew 3.13-17**

#### **SERVICES AT HOLY TRINITY DURING JANUARY**

Every Sunday during January the Eucharist will be celebrated at 7.30am and 9.30am.  
8.00am Morning Prayer on weekdays will be postponed during January.

The Friday Eucharist at 10.30am will continue in January however, the Bible Study will be in recess during January and will resume on the 7<sup>th</sup> February, 2020.

The Wednesday 5.00pm Eucharist followed by Sacred Readings (*Lectio divina*) will be in recess and will resume 22<sup>nd</sup> January, 2020.

## This Week

### **Monday 6<sup>th</sup> January**

Reverend Ann's Whispers of Love – a meditation will be in recess until Monday, 3rd February, 2020.

No Women's Fellowship in January.

### **Tuesday 7<sup>th</sup> January**

Band practice will be in recess until Tuesday 4<sup>th</sup> February, 2020.

No Parish Council meeting in January.

### **Wednesday 8<sup>th</sup> January**

No Eucharist at Tarragal House in January.

### **Thursday 9<sup>th</sup> January**

No Pastoral Care Meeting until further notice.

### **Friday 10<sup>th</sup> January**

*William Laud, archbishop of Canterbury, martyr (d. 1645)*

**10.30am** – Holy Eucharist and morning tea [*Fr Mark*]

Readings – 1 John 5.5-13, Psalm 147.12-20, Luke 5.12-16

### **Saturday 11<sup>th</sup> January**

No gardening this week.

**The Parish of Terrigal warmly welcomes you.**

We offer many opportunities for meeting together ...

**to worship and pray; to study Scripture and theology; to share fellowship, caring and support; and to celebrate real relationships which are divinely life-giving.**

These opportunities normally include ...

**Sunday Worship at Holy Trinity**

**7.30am - Sung Eucharist and 9.30am – Holy Eucharist**

**3<sup>rd</sup> Sunday in the month - Messy Church**

between 3.30pm and 5.30pm

**Weekly Worship at Holy Trinity**

**Tues to Friday - 8.00am - Morning Prayer**

**Friday at 10.30am – Eucharist**

**1st Monday at 3.00pm Monday Tarragal Manor & Tarragal Glen Eucharist**

**Every Wednesday at 5.00 pm - Eucharist**

**3rd Thursday at 10.30am - Eucharist at The Pod [Aurrum]**

**4<sup>th</sup> Friday – 11.00am – Eucharist at Woodport Aged Care**

**VARIOUS PARISH MINISTRIES**

**'Whispers of Love'** - a meditation (*Monday at 10.00am*); **Women's Fellowship** (*2nd Monday at 1.00pm*); **Parish Council** (*2<sup>nd</sup> Tuesday at 7.30pm*); **Trinity Band** (*Rehearsal - Tuesday at 7.00pm*) (*Playing at the 9.30am Service - 2<sup>nd</sup> and 4<sup>th</sup> Sundays*); **Sacred Reading** (*Wednesday at 5.30pm*); **Pastoral Care** (*2<sup>nd</sup> Thursday at 10.00am*); **Bible Study** (*Friday at 11.45am*); **Messy Church Planning Meeting** (as arranged) ; **Gardening** (*2nd Saturday from 8.00am*); **Market Day** (*3<sup>rd</sup> Saturday from 8.00am*)

*Parish contact - (02) 4365 1115 or mobile 0427 135 771*

**Holy Trinity Opportunity Shop ... contact (02) 4365 1280**

**Parish Website – [www.terrigalanglican.org.au](http://www.terrigalanglican.org.au)**

The liturgical text we are using for this service is from *A Prayer Book for Australia* (Sydney: Broughton Books, ©1995, The Anglican Church of Australia Trusts Corporation, 1996 and used with permission – ePray licence No.230

Hymns are reproduced from *Together in Song*, Harper Collins Publishers, East Melbourne, 1999. with permission. CCLI 89783.

## **Parish Directory**

**The Church of the Holy Trinity – 92 Serpentine Rd, Terrigal, 2260**

**Parish Postal Address – P.O. Box 167, Terrigal, 2260**

**Office Telephone - 4365 1115.**

**Parish Email – [admin@terrigalanglican.org.au](mailto:admin@terrigalanglican.org.au)**

**Website - [www.terrigalanglican.org.au](http://www.terrigalanglican.org.au)**

**Rector – The Reverend Canon Mark Watson – 4365 1374 or 0434 431 400**

**Email - [cyprian7@bigpond.com](mailto:cyprian7@bigpond.com)**

### **Associate Priests**

**The Reverend Ann Watson – 4365 1065 or 0427 135 771**

**The Reverend Roy Hazlewood – 0418 290 192**

**The Reverend Dr Richard Harvey – 0422 109 262**

**The Reverend Bruce McAteer - 0417 229 296**

### **Parish Executive**

**Neil Ewer (0412 640 477) – Rector’s Warden**

**Terry Rowe (4365 0430) - People’s Warden**

**Kyara Newport (0400 994 779) - People’s Warden**

**Parish Secretary - Kyara Newport (0400 994 779)**

**Parish Treasurer - Terry Rowe (4365 0430)**

### **Parish Ministries**

**Parish Organist - Chris Sillince - 0422 225 849**

**Sacristan and Mission Secretary - Coralie Taylor**

**Messy Church Convenor - Rhonda Kiss – 4363 5001**

**Pastoral Care - contact - 4365 1115**

**Trinity Band & Cursillo – Libby Harvey – 0431 315 085**

**Safety Officer - Mike Keaney**

**Copyright Compliance Officer – Terry Rowe**

**Parish Bookshop – Kyara Newport**

**Women’s Fellowship – Bev Broadley – 4367 6066**

**Market Day Co-ordinator – Ian Wolstenholme**

### **Parish Opportunity Shop**

**Carolyn Shields / Christine De Gans - 4365 1280**

**The Op Shop is open Tuesday to Friday from 9.00am to 4.00pm  
and each Saturday from 10.00am to 1.00pm**