

**Welcome to worship at
Holy Trinity, Terrigal**

**THIRD SUNDAY AFTER EPIPHANY
24th January 2021**



9.00am – Holy Eucharist

Presiding and Preaching – The Rev'd Ann Watson

Organist – Chris Sillince

Fr. Roy writes: There is no doubt that the coronavirus pandemic is still with us throughout the world and we are not immune from it. It has changed our lives dramatically from that which we enjoyed in January 2020 to what we have in January 2021. We now wear a face mask when we go shopping or keep an appointment with our GP. We are not visiting other households in any numbers. We stay more to ourselves with no large parties in holiday times. Yes, the normal has certainly changed!

This situation brings me to think about your spiritual life. Is it carrying on as normal, that is, January 2020 or has it changed to fit in with the new normal of January 2021? The new normal may mean a greater isolation for you with more time to think, reflect, think in a nostalgic way, or feel sorry for yourself. It could allow you more time to work on your spiritual life.

A couple of weeks ago I wrote about love and now the present thought is about joy and prayerfulness amid the new normal. Joy is a short word that has a great impact on your life. Look at some of the psalms in the Scriptures and you will find the part that joy plays in some of the writings.

Here is an example from Psalm 100

1. O be joyful in the Lord, all the earth;
serve the Lord with gladness
and come before his presence with a song.
2. Know that the Lord is God;
it is he that has made us and we are his;
we are his people and the sheep of his pasture.
3. Enter his gates with thanksgiving
and his courts with praise;
give thanks to him and bless his name.
4. For the Lord is gracious; his steadfast love is everlasting,
and his faithfulness endures from generation to generation.

Go to bed at night with joy in your heart for what God has given you during the past day and pray for a joyful and peaceful sleep

and to wake with joy in your heart at the beginning of a new day to be lived with joy and prayerfulness.

Now to prayerfulness, a time for renewal of your connection with God. God gives you the opportunity for such renewal day by day in offering forgiveness, love and salvation and with the power of the Holy Spirit to enable you to live life prayerfully and in service to God and your fellow humans. Give yourself time to offer your prayer to God verbally, in meditation and in your work joyfully in the Lord.

Come, Son of God Incarnate, Jesus of Nazareth, come and touch the lives of your people.

Keep well, keep safe and the blessing of God be upon you and on all who you love and may your days and nights be holy, good and peaceful. **AMEN.**

Sentence

The time is fulfilled, and the kingdom of God is at hand;
Repent, and believe in the gospel.

Mark 1.15

Prayer of the Day

Bountiful God,
through your Son you have called us to repent of our sin,
to believe the good news,
and to celebrate the coming of your kingdom:
teach us, like Christ's first apostles,
to hear the call to discipleship,
and, forsaking old ways,
to proclaim the gospel of new life to a broken world:
through our Lord and Saviour Jesus Christ,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. **Amen.**

Prayer for Australia Day

We bless you, God of the universe,
for this land,
for its contrasts of landscape and climate,
for its abundance of wealth and opportunity.

We bless you for our history,
with all its struggles in adversity,
its courage and hope.

Give us in our diversity
tolerance and respect for each other
and a passionate commitment to justice for all.

Bless us so that we might be a blessing to others.

We ask this through Jesus Christ our Lord. **Amen.**

A reading from Jonah Chapter 3 verses 1-10

The word of the LORD came to Jonah a second time, saying, 'Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you.' So Jonah set out and went to Nineveh, according to the word of the LORD. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, 'Forty days more, and Nineveh shall be overthrown!' And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth.

When the news reached the king of Nineveh, he rose from his throne, removed his robe, covered himself with sackcloth, and sat in ashes. Then he had a proclamation made in Nineveh: 'By the decree of the king and his nobles: No human being or animal, no herd or flock, shall taste anything. They shall not feed, nor shall they drink water. Human beings and animals shall be covered with sackcloth, and they shall cry mightily to God. All shall turn from their evil ways and from the violence that is in

their hands. Who knows? God may relent and change his mind; he may turn from his fierce anger, so that we do not perish.' When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

Hear the word of the Lord.

Thanks be to God.

Psalm 62.5-12

5 Nevertheless, my soul, wait in silence for God:
for from him comes my hope.

**6 He only is my rock and my salvation:
my strong tower, so that I shall not be moved.**

7 In God is my deliverance and my glory:
God is my strong rock and my shelter.

**8 Trust in him at all times, O my people:
pour out your hearts before him, for God is our refuge.**

9 The children of Adam are but breath,
the children of earth are a lie:
place them in the scales and they fly upward,
they are as light as air.

**10 Put no trust in extortion,
do not grow worthless by robbery:
if riches increase, set not your heart upon them.**

11 God has spoken once, twice have I heard him say:
that power belongs to God,

**12 That to the Lord belongs a constant goodness:
for you reward each one of us according to our works.**

A reading from the First Letter of Paul to the Corinthians Chapter 7 verses 29-31

I mean, brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none, and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no possessions, and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away.

Hear the word of the Lord.

Thanks be to God.

Alleluia, **alleluia!**

The kingdom of God is near:
believe the Good News!

Alleluia!

The Gospel of Our Lord Jesus Christ according to Mark
Chapter 1 verses 14-20

Glory to you Lord Jesus Christ.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, 'The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.'

As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the lake—for they were fishermen. And Jesus said to them, 'Follow me and I will make you fish for people.' And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending

the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

For the Gospel of the Lord.

Praise to you Lord Jesus Christ.

Prayer for those suffering severe illness (adapted from *A Prayer Book for Australia*, p. 692)

Healing Spirit,

we pray for those suffering from serious diseases and for those who are terminally ill, and those living with the COVID-19 virus. We pray for skill and patience for the doctors and nurses who care for them. We pray that their relatives and friends may be strengthened and comforted. May their faith not falter as they support each other through testing times. We pray for those engaged in research that by your inspiration and their skill the scourges of this generation may be overcome. Help us to live in your way and to seek health in body, mind and spirit. **Amen.**

Please pray for

Graeme Patterson, Ken Hope, Norm Williams, Emma Horton, Isobel Hargraves, Jean Jackson, Marian French, Aaron Lane, Pat Lindsay, Toby Lindsay, Gloria Townsend, Margaret Willard, Pat Stokes, Carolyn Gibbs, Kathy Oakes, Jill Ross, Tania Howlett, Ian Kidson, Maureen Hazlewood, Patricia Bailey, Carmen McGee, Adrian Baldwin, Shirley Taylor and Manfred.

Direct Debit details of account:

ASDF Account

Parish of Terrigal

BSB: 705-077

Account number: 00040934

'Whispers of Love' Meditation

It is a deep experience that we are loved and held by God in our brokenness and littleness

John Vanier

'Whispers of Love' Meditation is in recess and will resume on Monday 1st February, 2021 at 10am.

Prayerfully Reverend Ann

Dinner at Terrigal Bowling Club

Please join us for dinner at Terrigal Bowling Club at 'Bec's Kitchen' on **Sunday 7th February from 6pm.**

If you are interested, please let us know by email to the office admin@terrigalanglican.org.au,

calling the office on 4365 1115

or asking to have your name added to the sign-up sheet upon entry to the service on Friday or Sunday.

Prayer of the week

O God,

the strength of all those who put their trust in you:

mercifully accept our prayers,

and because through the weakness of our mortal nature

we can do nothing good without you,

grant us the help of your grace,

that in keeping your commandments

we may please you both in will and deed;

through Jesus Christ our Lord. **Amen.**



ANGLICAN BOARD OF MISSION

Working for Love, Hope & Justice

Ordinary Sunday 3[Epiphany 3]

– Sunday 24 January 2021

- Jonah 3.1-10; Psalm 62.5-12;
1 Corinthians 7.29-31; Mark 1.14-20

What we do matters. It matters to ourselves, each other and to God. The people of Nineveh responded to Jonah's warning of destruction by donning sackcloth, sitting in ashes and going without food or water. The king hopes that if his citizens turned from their evil ways then God would change his mind. God does change his mind. Is God capricious or does God hear and respond to his people? In much the same way, Jesus calls for our repentance and belief in the gospel. The time is near when we will have to choose to follow Jesus just like the fisherfolk he called.

- Pray that we have ears to listen to the urgency of God's call to us to live in the faith of Jesus Christ. We ask that we too could leave all things that weigh us down and follow Jesus.
- Give thanks for the work and witness of the National Aboriginal and Torres Strait Islander Anglican Council

Text: The Rev Kate Ross,
St John's Cathedral, Brisbane

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Parish Directory

The Church of the Holy Trinity – 92 Serpentine Rd, Terrigal, 2260

Parish Postal Address – P.O. Box 167, Terrigal, 2260

Office Telephone - 4365 1115.

Parish Email – admin@terrigalanglican.org.au

Website - www.terrigalanglican.org.au

Rector – The Reverend Canon Mark Watson – 4365 1374 or 0434 431 400

Email - cyprian7@bigpond.com

Associate Priests

The Reverend Ann Watson – 4365 1065 or 0427 135 771

The Reverend Roy Hazlewood – 0418 290 192

The Reverend Dr Richard Harvey – 0422 109 262

The Reverend Bruce McAteer - 0417 229 296

Parish Executive

Neil Ewer (0412 640 477) – Rector’s Warden

Terry Rowe (4365 0430) - People’s Warden

Kyara Newport (0400 994 779) - People’s Warden

Parish Secretary - Kyara Newport (0400 994 779)

Parish Treasurer - Terry Rowe (4365 0430)

Parish Ministries

Parish Organist - Chris Sillince - 0422 225 849

Sacristan and Mission Secretary - Coralie Taylor

Messy Church Convenor - Rhonda Kiss – 4363 5001

Pastoral Care - contact - 4365 1115

Trinity Band & Cursillo – Libby Harvey – 0431 315 085

Safety Officer - Mike Keaney

Copyright Compliance Officer – Terry Rowe

Parish Bookshop – Kyara Newport

Women’s Fellowship – Pam Flegg – 4384 5326

Market Day Co-ordinator – Ian Wolstenholme

Parish Opportunity Shop

Carolyn Shields / Christine De Gans - 4365 1280

The Op Shop is open Tuesday to Thursday from 9.00am to 4.00pm

Fridays open from 9.00am to 10.15am and from 11:15am to 4.00pm

(Please note Friday between 10.15am-11.15am the Op Shop is CLOSED)

Saturday opens from 10.00am to 1.00pm