

**Welcome to worship at Holy Trinity, Terrigal  
Seventh Sunday after Epiphany  
20<sup>th</sup> February, 2022**



**8.00am – Sung Eucharist *Presiding & Preaching – Fr Mark Watson***

**Organist – Chris Sillince**

**Hymns: TIS 96, 136, 521, 596**

**9.30am – Holy Eucharist *Presiding & Preaching – Fr Mark Watson***

**Organist – Chris Sillince**

**Hymns: TIS 96, 136, 521, 596**

**11.00am – Holy Baptism**

[All hymns are from Together in Song unless otherwise specified.]

Prayer and anointing for healing are available at each Eucharist. If you would like prayer and anointing, please move in front of the step, at the left side of the altar, after receiving communion and a priest will come and minister to you.

## **BAPTISM**

We welcome Fynn William Scanes to the Sacrament of Baptism this morning at 11am. Welcome also to Fynn's parents, Holly and Matthew, to Godparents and to family members and friends. May God bless you as you nurture Fynn in the Christian faith and encourage him as a member of the Church.

**Fr Roy writes:** We are entering the third year of the pandemic that has gone from a coronavirus where the aim of control was to have no deaths and no new cases on any one day and such days were termed "donuts". These events brought fear into our hearts with lockdowns and other regulations that made the life we had enjoyed previously very difficult to maintain, despite its many shortcomings.

During the second year we were compelled to discard the "donut" concept and experience more lockdowns within Australia with new cases every day in the thousands and the deaths in the hundreds. The coronavirus became a pandemic with the advent of the COVID-19 Omicron variant with 'Jabs' for virtually everyone and strict regulations, including working from home, the closure of many shops, hospitality areas and businesses, and schools and universities with teaching online.

This year has brought with it 'anti Vax' protest meetings and some violence throughout the world. The thing that is still present in our lives is fear. Fear of what I ask. Fear of contracting the COVID-19 and one of its variants, fear of death, fear of suffering, fear of loss of loved ones, and fear that the conspiracy theories concerning vaccinations may be true. I cannot answer that for you, only you can do that with honest thought.

Having come to terms with fear in our lives, how do we maintain the feeling that fear is no longer controlling our lives? Love God and your neighbour as yourself. How do we do this as we meet people wearing a mask, not able to see the face with its expressions and many times not being able to hear what is being said, and at the same time maintaining social distancing?

We assure and reassure ourselves that God's love and God's word is generously maintained over all people all the time and for our part, even behind the mask and in social distancing, we show God's love and word in our words and actions.

This, of course, is not easy when we are with people whose lives are dominated by fear and panic, or disinterest, or lack of compassion and excessive self-interest. The faithful person, however, will remain persistent in prayer "Your kingdom come; your will be done on earth as in heaven", remain constant in compassion, sensible in communication and committed in love for all God's people and the whole of creation.

Following prayer, we are reminded to continue to place our trust in God.

In his letter to the Romans, the Apostle Paul wrote:

*"I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord."*

And Paul, with Timothy, in their letter to the Church at Philippi, wrote:

*"Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."*

Keep well, keep safe, keep social distancing, and wear a mask and the blessing of God be upon you and on all who you love and pray for and may your days and nights be holy, good, and peaceful. **AMEN.**

## **ASH WEDNESDAY and LENT 2022**

Our Lenten journey begins on Ash Wednesday which this year is the 2nd March. With Christians around the world, we go into the wilderness, a place of clarification, of stripping down to the essentials, of refocusing our lives on God. Jesus was in the tradition of holy people who spent time in the loneliness and harshness of the desert - Moses, Elijah, John the Baptist - where they were able to focus on God without material comforts and other distractions, in order to pray and spend time with God.

Various practices assist us in doing this: studying and meditating on the scriptures, prayer, fasting and abstinence, giving to the poor and needy, being more dedicated in receiving the sacraments, especially penance and the Eucharist, as we seek to live out and renew our baptismal calling to daily die to sin and be raised to new life in Christ.

The Eucharist, including the Imposition of Ashes and a penitential litany, will be celebrated on Ash Wednesday 2nd March at **8.00am, 12 midday, and 5.00pm** in the Church.

Every blessing,  
Fr Mark.

### **Sentence**

Love your enemies, do good, and lend, expecting nothing in return. You will be children of the Most High; for he is kind to the ungrateful and the wicked.

*Luke 6.35*

### **Prayer of the Day**

God of compassion,  
keep before us the love you have revealed in your Son,  
who prayed even for his enemies.  
In our words and deeds  
help us to be like him, through whom we pray,  
Jesus Christ our Lord and Saviour. **Amen.**

## **A reading from Genesis Chapter 45 verses 3-11, 15**

Joseph said to his brothers, 'I am Joseph. Is my father still alive?' But his brothers could not answer him, so dismayed were they at his presence.

Then Joseph said to his brothers, 'Come closer to me.' And they came closer. He said, 'I am your brother Joseph, whom you sold into Egypt. And now do not be distressed, or angry with yourselves, because you sold me here; for God sent me before you to preserve life. For the famine has been in the land these two years; and there are five more years in which there will be neither ploughing nor harvest. God sent me before you to preserve for you a remnant on earth, and to keep alive for you many survivors. So it was not you who sent me here, but God; he has made me a father to Pharaoh, and lord of all his house and ruler over all the land of Egypt. Hurry and go up to my father and say to him, "Thus says your son Joseph, God has made me lord of all Egypt; come down to me, do not delay. You shall settle in the land of Goshen, and you shall be near me, you and your children and your children's children, as well as your flocks, your herds, and all that you have. I will provide for you there—since there are five more years of famine to come—so that you and your household, and all that you have, will not come to poverty."

And he kissed all his brothers and wept upon them; and after that his brothers talked with him.

Hear the word of the Lord.

**Thanks be to God.**

## **Psalm 37.1-11, 40-41**

1 Do not vie with the wicked:  
or envy those that do wrong;

2 **For they will soon wither like the grass:  
and fade away like the green leaf.**

3 Trust in the Lord and do good:  
and you shall dwell in the land  
and feed in safe pastures.

**4 Let the Lord be your delight:  
and he will grant you your heart's desire.**

5 Commit your way to the Lord:  
trust him, and he will act.

**6 He will make your righteousness  
shine as clear as the light:  
and your innocence as the noonday.**

7 Be still before the Lord, and wait patiently for him:  
do not be vexed when someone prospers,  
when they put their evil purposes to work.

**8 Let go of anger and abandon wrath:  
let not envy move you to do evil.**

9 For the wicked shall be cut down:  
but those who wait for the Lord shall possess the land.

**10 In a little while the ungodly shall be no more:  
you will look for them in their place,  
but they will not be found.**

11 But the meek shall possess the land:  
and enjoy the abundance of peace.

**40 Deliverance for the righteous shall come from the  
Lord:  
he is their strength in time of trouble.**

41 The Lord will help them and deliver them:  
he will save them from the ungodly and deliver them,  
because they come to him for refuge.

**A reading from the First Letter of Paul to the Corinthians,  
Chapter 15, verses 35 – 50**

But someone will ask, 'How are the dead raised? With what kind of body do they come?' Fool! What you sow does not come to life unless it dies. And as for what you sow, you do not sow the body that is to be, but a bare seed, perhaps of wheat or of some

other grain. But God gives it a body as he has chosen, and to each kind of seed its own body. Not all flesh is alike, but there is one flesh for human beings, another for animals, another for birds, and another for fish. There are both heavenly bodies and earthly bodies, but the glory of the heavenly is one thing, and that of the earthly is another. There is one glory of the sun, and another glory of the moon, and another glory of the stars; indeed, star differs from star in glory.

So it is with the resurrection of the dead. What is sown is perishable, what is raised is imperishable. It is sown in dishonour, it is raised in glory. It is sown in weakness, it is raised in power. It is sown a physical body, it is raised a spiritual body. If there is a physical body, there is also a spiritual body. Thus it is written, 'The first man, Adam, became a living being'; the last Adam became a life-giving spirit. But it is not the spiritual that is first, but the physical, and then the spiritual. The first man was from the earth, a man of dust; the second man is from heaven. As was the man of dust, so are those who are of the dust; and as is the man of heaven, so are those who are of heaven. Just as we have borne the image of the man of dust, we will also bear the image of the man of heaven.

What I am saying, brothers and sisters, is this: flesh and blood cannot inherit the kingdom of God, nor does the perishable inherit the imperishable.

Hear the word of the Lord.

**Thanks be to God.**

Alleluia, **alleluia!**

I give you a new commandment:  
love one another as I have loved you.

**Alleluia!**

## **The Gospel of our Lord Jesus Christ according to Luke Chapter 6, verses 27 – 38**

### **Glory to you Lord Jesus Christ.**

'But I say to you that listen, Love your enemies, do good to those who hate you, bless those who curse you, pray for those who abuse you. If anyone strikes you on the cheek, offer the other also; and from anyone who takes away your coat do not withhold even your shirt. Give to everyone who begs from you; and if anyone takes away your goods, do not ask for them again. Do to others as you would have them do to you.

'If you love those who love you, what credit is that to you? For even sinners love those who love them. If you do good to those who do good to you, what credit is that to you? For even sinners do the same. If you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, do good, and lend, expecting nothing in return. Your reward will be great, and you will be children of the Most High; for he is kind to the ungrateful and the wicked. Be merciful, just as your Father is merciful.

'Do not judge, and you will not be judged; do not condemn, and you will not be condemned. Forgive, and you will be forgiven; give, and it will be given to you. A good measure, pressed down, shaken together, running over, will be put into your lap; for the measure you give will be the measure you get back.'

For the Gospel of the Lord  
**Praise to you, Lord Jesus Christ**

#### **Please pray for:**

Sharon Sandstrom, Angarad O'Malley, Tania Howlett, David Lamb, Gloria Townsend, Val Stratford, Irene Neville, Denise Perry, Anne Fitzgerald, Harvey Boardman, Ron Langley, Sam Mulcahy and Jo.



## **Fr Stuart Benson**

Fr Stuart Benson, a previous rector of the Parish of Terrigal (1972-1982), died on 4<sup>th</sup> February, 2022.

Terrigal, which included Avoca in those days, was Stuart's first parish and always had a special place in his heart.

Please keep Fr Stuart's family in your prayers.

## **Prayer of the Week**

Almighty God,  
you have taught us through your Son  
that love is the fulfilling of the law:  
grant that we may love you with our whole heart,  
and our neighbours as ourselves;  
through Jesus Christ our Lord. **Amen.**

## **Offertories via Direct Debit**

Offering via direct debit. Direct debit details of account:

ASDF Account: Parish of Terrigal, BSB:705-077

Account Number: 00040934

Terry Rowe, Treasurer.

## ***'Whispers of Love' Meditation***

'Whispers of Love' Meditation Group meets each Monday at 10am at Holy Trinity Church.

**Reflection:** The fullness of joy is to behold God in everything. God is the ground, the substance, the teaching, the teacher, the purpose, and the reward for which every soul labors -Julian of Norwich.

Prayerfully, Reverend Ann.

## **Market Days at Holy Trinity are on the third Saturday of the month**

Mark your calendars:

19<sup>th</sup> March/9<sup>th</sup> April/21<sup>st</sup> May/18<sup>th</sup> June/16<sup>th</sup> July/20<sup>th</sup> August/  
17<sup>th</sup> September/15<sup>th</sup> October/19<sup>th</sup> November/10<sup>th</sup> December.

**8am to 1pm in our new building at the rear of the Church.**

## **SIP - Spirituality in the Pub**

**The Grange Hotel Function Room  
Cnr: Renwick St & Pacific Hwy, WYOMING**

1<sup>st</sup> Tuesday of the month March – October

2<sup>nd</sup> Tuesday in November

**Bistro opens at 5-30pm**

**Tuesday 1st March, 2022, 7.30pm - 9.00p**

**Mark Trevaskis:** A qualified Social Worker, Mark has worked in the community sector for more than 25 years. Having held senior management roles over the past ten years, he holds significant experience and knowledge in child protection, disability, housing and out-of-home care. Growing up in Wagga, Mark's first real engagement with the community started with volunteering and helping out with St Vincent De Paul youth camps. This soon led him to studying Social Work and a career driven by purpose and connection. Currently Operations Manager at Coast Shelter, Mark's core responsibilities include leading the client services team as well as supporting the Executive team to deliver positive outcomes for our community.

***SIP Central Coast is an Ecumenical & Interfaith Speakers Forum with Q's & A's.*** *The focus is on developing understanding & encouraging conversation about Spirituality through sharing one's life journey. We meet 1st Tuesday in the month from March to October and 2<sup>nd</sup> Tuesday in November.*

*It would be appreciated if attendees reply a.s.a.p. by email to [maryke.k@bigpond.com](mailto:maryke.k@bigpond.com) if they intend to come and be there well before the 7.30pm start (preferably by 7.00pm).*

## **Dinner at Terrigal Bowling Club**

Please join us for dinner at Terrigal Bowling Club at 'Bec's Kitchen' on Sunday 6<sup>th</sup> March, 2022 from 6pm. If you are interested, please add your name to the sign-up sheet on the notice board.

### **LOST AND FOUND**

Have you misplaced your red framed reading glasses in a black Vogue case? If so, please contact Cal in the office on 4365 1115 on Tuesday or Thursday (10am to 2pm) or speak with Fr Mark.

### **RESUMPTION OF MORNING TEAS**

Morning Tea after Friday services can now resume. We will advise with regard to Sunday services asap.

Please be aware that we still need to use single serve tea, coffee, sugar and biscuits and disposable cups.

Thank you.

### **DATE FOR THE DIARY – 2022**

AGM 20<sup>th</sup> March, 2022 – 11am.

### **Palm Crosses - Ash Wednesday 2<sup>nd</sup> March, 2022**

Ash Wednesday, 2<sup>nd</sup> March, marks the beginning of the Season of Lent. This is a Season of penance, contrition, reflection and fasting, a period of 40 days for us to prepare for Christ's Resurrection on Easter Sunday. During this preparation, we are reminded, that **God is gracious and merciful to those who call on Him with repentant hearts.**

Each year the Ashes are prepared using the blessed Palm Crosses from the previous years' Palm Sunday Service.

The symbolic marking of foreheads with ashes, to humble our hearts, remind us that life passes away on Earth. **"Remember that you are dust, and to dust you shall return". Gen. 3:19**

**Please return your cross by Sunday, 27th February.** A Bowl will be placed on the Side Table in the gathering space for the collection of the Palm Crosses. Could you please bring your Palm Crosses from last year to place in the bowl, so that they can be prepared and burned as part of the Parish's preparations for this years' Ash Wednesday services? Thank you.

Coralie Taylor - Sacristan.



**ANGLICAN BOARD OF MISSION**  
*Working for Love, Hope & Justice*

**Ordinary Sunday 7C[Epiphany 7]  
– Sunday 20 February 2022**

- Genesis 45.3-11, 45.15; Psalm 37.1-11, 37.40-41;  
1 Corinthians 15.35-50; Luke 6.27-38

In this week's gospel reading Jesus gives us practical advice about how to live a good life: we are to love those that we would not normally be drawn towards – our enemies. We are to do good to those who hate us, bless those who curse us, and pray for those who abuse us. This doesn't mean that those who do bad things to us should be immune from the consequences of their acts, but rather that we should not act in a way that damages ourselves even further. We are not to be judgemental, and we are to avoid condemning others. We are to try to fill our lives with goodness.

- Forgive me, Lord, for when- and wherever I have had abuse and hatred in my heart. Help me to amend my life so that I come closer to others and to you.
- Give thanks for the work and witness of the Church of the Province of Myanmar, especially at this time of tension

*Text:* Robert McLean

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## **Next Sunday – 27<sup>th</sup> February, 2022**

### **Eighth Sunday after Epiphany**

**8.00am** – Sung Eucharist – *Presiding & Preaching – Fr Mark Watson*  
*Organist – Chris Sillince*

**9.30am** – Holy Eucharist – *Presiding & Preaching – Fr Mark Watson*  
*Trinity Band and Singers*

**Readings:** Sirach 27.4-7, Psalm 92.1-4, 12-15, 1 Corinthians 15.51-58

**Gospel:** Luke 6.39-49

### **This Week -**

#### **Monday 21<sup>st</sup> February**

**10.00am** - Meditation – Whispers of Love – *Reverend Ann Watson*

#### **Tuesday 22<sup>nd</sup> February**

**7.00pm** – Trinity Band and Singers rehearsal

#### **Wednesday 23<sup>rd</sup> February**

*Polycarp, bishop of Smyrna, martyr (d. c. 155)*

**5.00pm** - Eucharist and Sacred Reading at Holy Trinity – *Fr Roy Hazlewood*

#### **Thursday 24<sup>th</sup> February**

MATTHIAS, APOSTLE AND MARTYR

**8.30am** – Eucharist [*Fr Mark Watson*]

#### **Friday 25<sup>th</sup> February**

**10.30am** – Eucharist and Morning Tea [*Fr Mark Watson*]

Readings – James 5.9-12, 26 Psalm 103.6-14, Mark 10.1-12

#### **Saturday 26<sup>th</sup> February**

**The Anglican Diocese of Newcastle - The Parish of Terrigal**  
**The Church of the Holy Trinity**  
**92 Serpentine Rd, Terrigal, 2260**  
**Parish Postal Address – P.O. Box 167, Terrigal, 2260**  
**Office Phone: 4365 1115 (Office open Tuesday and Thursday 10am – 2pm)**

Parish Email – [admin@terrigoalnglican.org.au](mailto:admin@terrigoalnglican.org.au)

Website – [www.terrigoalnglican.org.au](http://www.terrigoalnglican.org.au)

**Rector – The Reverend Canon Mark Watson – 4365 1374 or 0434 431 400**

**Email – [cyprian7@bigpond.com](mailto:cyprian7@bigpond.com)**

#### **Associate Priests**

**The Reverend Ann Watson – 0427 135 771**

**The Reverend Roy Hazlewood – 0418 290 192**

**The Reverend Dr Richard Harvey – 0422 109 262**

**The Reverend Bruce McAteer - 0417 229 296**

#### **Parish Executive**

**Rector's Warden – Neil Ewer 0412 640 477**

**People's Warden – Terry Rowe 4365 0430**

**People's Warden – Kyara Newport 0400 994 779**

**Parish Secretary - Kyara Newport 0400 994 779**

**Parish Treasurer - Terry Rowe 4365 0430**

#### **Parish Ministries**

**Parish Organist - Chris Sillince 0422 225 849**

**Sacristan - Coralie Taylor**

**Office Co-Ordinator – Cal Priest 4365 1115**

**Messy Church Convenor - Rhonda Kiss 4363 5001**

**Pastoral Care - contact 4365 1115**

**Trinity Band & Cursillo – Libby Harvey 0431 315 085**

**Safety Officer - Mike Keaney 0412 370 716**

**Copyright Compliance Officer – Terry Rowe 4365 0430**

**Parish Bookshop – Ronda Kiss 4363 5001**

**Women's Fellowship – Pam Flegg 4384 5326**

**Market Day Co-ordinator – Ian Wolstenholme 0424 135 214**

#### **Parish Opportunity Shop**

**Carolyn Shields / Christine De Gans - 4365 1280**

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