

**Welcome to worship at Holy Trinity, Terrigal**  
**FOURTH SUNDAY AFTER PENTECOST**  
**3<sup>rd</sup> July, 2022**



**8.00am** – **Sung Eucharist** *Presiding & Preaching – Fr Mark Watson*

**Organist – Chris Sillince**

**Hymns:** TIS 96, 105, 516, 446

**9.30am** – **Holy Eucharist** *Presiding & Preaching – Fr Mark Watson*

**Organist – Sharon Sandstrom**

**Hymns:** TIS 96, 105, 516, 446

[All hymns are from Together in Song unless otherwise specified.]

Prayer and anointing for healing are available at each Eucharist. If you would like prayer and anointing, please move in front of the step, at the left side of the altar, after receiving communion and a priest will come and minister to you.

## DID YOU HEAR ...?

How often has a conversation begun, "Did you hear about so-and so?" "No. Tell me." Dr Richard Carlson, in a delightful little book, *Don't Sweat the Small Stuff with Your Family*, writes, "When you talk behind someone's back, it says far less about the person you are discussing than it does about your own character, about your need to be critical and your need to talk behind other people's backs. It's like hitting a person who is down- the person you are talking about is not able to defend himself or herself. It's not fair."

Why talk about gossip? For one thing it seems to be something of an epidemic in our society. There's been for a while now a whole range of publications that are nicknamed *gossip magazines*. The advent of so-called 'reality TV' gave us a voyeuristic peek into strange people doing weird things. Trials and tribulations of the rich and famous, or scandal involving public figures like politicians and entertainers, provide us with a delicious feast of 'news' items that fill the airwaves and printed media. The internet has taken this to a new and nasty level. In August 2016, TIME magazine had a cover story called, "Why we're losing the Internet to the culture of hate." Sam Altman, who ran Reddit for eight days after a PR crisis, says in the article, "Now everyone on the Internet is a public figure. The problem is that not everyone can deal with that." He later quit Twitter (he had 171,000 followers) saying "I feel worse after using Twitter . . . my brain gets polluted here." Like air pollution, the effects are not noticed until the damage has been done.

Gossip makes us feel powerful because we place ourselves in the position of judge and jury without the person being present to defend himself or herself. This is why we have proper processes for dealing with criminal behaviour through the courts instead of a free-for-all approach involving mob violence. A form of 'lynching' takes place when someone is judged and sentenced by hearsay and gossip. What starts out as 'innocent' conversation or online posts ends up being an exercise in mob psychology and gross injustice.

The Bible has a bit to say about this destructive form of behaviour. "A gossip goes about telling secrets, but one who is

trustworthy in spirit keeps a confidence" (Prov. 11:13). "A perverse person spreads strife, and a whisperer separates close friends" (Prov. 16:28). "Without wood a fire goes out; without gossip a quarrel dies down" (Prov. 26:20). "The words of a whisperer are like delicious morsels; they go down into the inner parts of the body" (Prov. 26:22). Gossip has a cancerous effect on us. St Paul, writing to the church in Corinth, says, "I fear that when I come, I may find you not as I wish, and that you may not find me as you wish; I fear that there may perhaps be quarreling, jealousy, anger, selfishness, slander, gossip, conceit, and disorder" (2 Cor. 12:20).

When Jesus was on trial before Pilate, he was slandered with false accusations. He kept silent. Next time someone comes to you with a 'delicious morsel' of info about another person, or you read it somewhere, gently refuse to get involved. Perhaps turn the conversation in another direction or say something positive or just remain silent. Give it a go and see how much better you feel inside.

Fr Mark

## **Sentence**

The harvest is plentiful, but the labourers are few; ask therefore the Lord of the harvest to send out labourers to send out labourers into his harvest.

*Luke 10.2*

## **Prayer of the Day**

God of the covenant,  
in our baptism you called us,  
to proclaim the coming of your kingdom:  
give us courage as you gave it to the apostles,  
that we may faithfully witness to your love and peace  
in every circumstance of life;  
in the name of Jesus Christ our Redeemer,  
who lives and reigns with you in the unity of the Holy Spirit, one  
God, for ever and ever. **Amen.**

## Reading from Isaiah Chapter 66, verses 10-14

Rejoice with Jerusalem, and be glad for her,  
all you who love her;  
rejoice with her in joy,  
all you who mourn over her—  
that you may nurse and be satisfied  
from her consoling breast;  
that you may drink deeply with delight  
from her glorious bosom.

For thus says the Lord:  
I will extend prosperity to her like a river,  
and the wealth of the nations like an overflowing stream;  
and you shall nurse and be carried on her arm,  
and dandled on her knees.  
As a mother comforts her child,  
so I will comfort you;  
you shall be comforted in Jerusalem.

You shall see, and your heart shall rejoice;  
your bodies shall flourish like the grass;  
and it shall be known that the hand of the Lord is with his  
servants,  
and his indignation is against his enemies.

Hear the word of the Lord.  
**Thanks be to God.**

### Psalm 66.1-8

1 O shout with joy to God, all the earth:  
sing to the honour of his name,  
and give him glory as his praise.

**2 Say to God 'How fearful are your works:  
because of your great might  
your enemies shall cower before you.'**

3 All the earth shall worship you:  
and sing to you, and sing praises to your name.

**4 Come then and see what God has done:  
how terrible are his dealings with the children of Adam.**

5 He turned the sea into dry land,  
they crossed the river on foot:  
then were we joyful because of him.

**6 By his power he rules for ever,  
his eyes keep watch on the nations:  
and rebels shall never rise against him.**

7 O bless our God, you peoples:  
and cause his praises to resound,

**8 Who has held our souls in life:  
who has not suffered our feet to slip.**

### **A Reading from the Letter of Paul to the Galatians Chapter 6, verses 7-18**

Do not be deceived; God is not mocked, for you reap whatever you sow. If you sow to your own flesh, you will reap corruption from the flesh; but if you sow to the Spirit, you will reap eternal life from the Spirit. So let us not grow weary in doing what is right, for we will reap at harvest time, if we do not give up. So then, whenever we have an opportunity, let us work for the good of all, and especially for those of the family of faith.

See what large letters I make when I am writing in my own hand! It is those who want to make a good showing in the flesh that try to compel you to be circumcised—only that they may not be persecuted for the cross of Christ. Even the circumcised do not themselves obey the law, but they want you to be circumcised so that they may boast about your flesh. May I never boast of anything except the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. For neither circumcision nor uncircumcision is anything; but a new creation is everything! As for those who will follow this rule—peace be upon them, and mercy, and upon the Israel of God.

From now on, let no one make trouble for me; for I carry the marks of Jesus branded on my body.

May the grace of our Lord Jesus Christ be with your spirit, brothers and sisters. Amen.

Hear the word of the Lord.+

**Thanks be to God.**

Alleluia, **alleluia!**

May the peace of Christ reign in your hearts,  
and the fullness of his message live within you.

**Alleluia!**

**The Gospel of Our Lord Jesus Christ according to Luke,  
Chapter 10, verses 1-2, 17-24.**

**Glory to you Lord Jesus Christ.**

After this the Lord appointed seventy others and sent them on ahead of him in pairs to every town and place where he himself intended to go. He said to them, 'The harvest is plentiful, but the labourers are few; therefore ask the Lord of the harvest to send out labourers into his harvest.

The seventy returned with joy, saying, 'Lord, in your name even the demons submit to us!' He said to them, 'I watched Satan fall from heaven like a flash of lightning. See, I have given you authority to tread on snakes and scorpions, and over all the power of the enemy; and nothing will hurt you. Nevertheless, do not rejoice at this, that the spirits submit to you, but rejoice that your names are written in heaven.'

At that same hour Jesus rejoiced in the Holy Spirit and said, 'I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my

Father; and no one knows who the Son is except the Father, or who the Father is except the Son and anyone to whom the Son chooses to reveal him.'

Then turning to the disciples, Jesus said to them privately, 'Blessed are the eyes that see what you see! For I tell you that many prophets and kings desired to see what you see, but did not see it, and to hear what you hear, but did not hear it.'

For the Gospel of the Lord.  
**Praise to you, Lord Jesus Christ.**

**Please pray for:**

Shirley Kearns, Sharon Sandstrom, Angarad O'Malley, Tania Howlett, David Lamb, Gloria Townsend, Irene Neville, Denise Perry, Ron Langley, Michelle Davies, Jo, Ray Wilmot, Steve Taylor, Lynette Brennan, Di. M, Jeannie Hilton, Robyn Smith, Wendy Eades, Carmen McGee, Fr John Southerden and Bob Morgan.

**Prayer of the Week**

O God,  
you have prepared for those who love you  
such good things as pass our understanding:  
pour into our hearts such love toward you,  
that, loving you above all things,  
we may obtain your promises  
which exceed all that we can desire;  
through Jesus Christ our Lord. **Amen.**

**Offertories via Direct Debit**

Offering via direct debit. Direct debit details of account:  
ASDF Account: Parish of Terrigal, BSB:705-077  
Account Number: 00040934  
Terry Rowe, Treasurer.

## **'WHISPERS OF LOVE' A MEDITATION**

We meet on a Monday at 10.00am at Holy Trinity, Terrigal.

**Reflection:** Contemplation means rest, suspension of activity, withdrawal into the mysterious interior solitude in which the soul is absorbed in the immense and fruitful silence of God and learns something of the secret of His perfections less by seeing than by fruitful love. *Thomas Merton.*

Prayerfully, Reverend Ann.

## **RECEPTION OF HOLY COMMUNION**

We fully participate in the celebration of the Eucharist when we receive Holy Communion. We are encouraged to receive Communion regularly and with deep devotion. This is why as Anglicans we follow Catholic tradition and the heritage of the 1662 Book of Common Prayer which includes a General Confession and Absolution or, if any feel the need due to some sin weighing on his or her mind, an invitation, as in the Exhortation, to go to the priest to make private confession and receive absolution.

Going forward to the altar to receive Communion is not a queue like being at the supermarket, it's a procession. Whenever the Church, the Body of Christ, is in procession, it is a sign that we as the pilgrim people of God are on our way to the heavenly Jerusalem. We are moving forward to the time when we will be "called home", taken by death from this world to enter into the joy of our Lord and Saviour, into the Kingdom he has prepared for us. When we move forward in procession to receive the Body and Blood of Christ, we are a sign and symbol of the Church, the People of God "on the way."

We do all this at the invitation of Christ. The priest, acting on behalf of Christ, extends that invitation in the words, "Happy are those who are called to the supper of the Lamb." We process forward, joining the great "cloud of witnesses" who have gone before us. We are part of the community of the baptised, not just solitary individuals engaged in an act of private devotion



and piety. Through our baptism we are joined to one another and to Christ. As St Paul says, "The cup of blessing that we bless, is it not a sharing (communion, fellowship, participation) in the blood of Christ? The bread that we break, is it not a sharing (communion, fellowship, participation) in the body of Christ? Because there is one bread, we who are many are one body, for we all partake of the one bread" (1 Cor. 10:16, 17).

It is important that we are mindful of our brothers and sisters in Christ. After receiving the Host, remember that there is someone behind you. Instead of waiting, please move immediately to the line in front of the person administering the chalice and stand behind the person in front of you until it's your turn. The Prayer Book instructs us to say "Amen" after the words of administering the Body and Blood of Christ. This an expression of our joy and faith in receiving Christ into our hearts and lives.

### **THANK YOU BOXES AND POUCHES**

These are available to everyone, so please take one and place a coin in it whenever you receive a blessing. Money collected by the Anglican Women will go toward Numeracy and Literacy Programs in New Guinea late in 2022. Thank you.

### **SAMARITANS**

Thank you to the congregation for being excellent givers of donations for the Samaritans. Items are urgently needed now and include, soups, tinned vegetables, spaghetti & sauce, and items for the coming winter.

Thank you.

### **DINNER AT TERRIGAL BOWLING CLUB**

Please join us for dinner at Terrigal Bowling Club at 'Bec's Kitchen' tonight, Sunday 3<sup>rd</sup> July, 2022 from 6pm. This dinner is a thank you to Op Shop and Market Day volunteers. If you are interested, please add your name to the sign-up sheet on the notice board. Thank you.

## **VOLUNTEER NEEDED FOR ROSTER CO-ORDINATION**

We need a volunteer to co-ordinate the monthly rosters for Greeters and Sidespersons. This will be an ongoing role where you will organise people for a monthly roster which will be sent to the office for printing. Please see Fr Mark or call Cal in the office on Tuesday or Thursday on 4365 1115 or email her at [admin@terrigalanglican.org.au](mailto:admin@terrigalanglican.org.au) if you are interested in volunteering for this role. Thank you.

## **ONE USE PLASTIC BAGS FOR OP SHOP**

Due to new laws on one-use plastics, when donating bags to the Op Shop or Market Day, we cannot accept thin ones that are one-use bags. Please don't donate them as they will have to go to landfill and will cost us to dispose of them. Thank you. Carolyn Shields.

## **OP SHOP VOLUNTEERS NEEDED**

We are looking for more volunteers for our Op Shop on Thursday and Friday. Can you spare a few hours? We would be most grateful. Op Shop volunteers need to complete a Police Check and the Safer Ministry Course, along with some other requirements prior to commencement. If you are interested in joining our lovely team, please see one of our managers, Carolyn Shields or Julie Laird, in the Op Shop or call them on 4365 1280 for more details.

## **SEA SUNDAY 10<sup>th</sup> JULY**

Just a reminder that Sea Sunday is next Sunday. For all those who are still powering away with the beanie knitting, can they be in by the 10th if possible for the blessing and display. For all those whose knitting skills are a bit rusty, you can still bring in socks or toiletries. Libby Harvey – Mission Secretary

## **BEING TOGETHER**

### **Expectations of Behaviour in our Church Community**

Jesus told us to love one another as he loves us. As Christians we know our life together is strengthened when our behaviour is consistent with our faith. However, our experience of being together can be difficult, particularly when there are differences. So it is important to be clear about how we will behave towards each other.

**Being a community:** • We will value the wellbeing and safety of others, especially children and other vulnerable people. • We will encourage each other to participate in the life of the church. • We will consider the impact of our behaviour on others.

**Relating to each other:** • We will protect the safety of all, especially children and other vulnerable people. • We will treat each other with respect and dignity, irrespective of ability, gender, sexuality, race, age or contribution to the church. • We will act with integrity and honesty in our interactions with each other.

**Communicating with each other:** • We will communicate respectfully with others, and not in a way that threatens, belittles or humiliates. • We will speak with integrity and honesty, and refrain from speculation and gossip.

**Acknowledging difference:** • We will respect those who are different from us and not isolate or ridicule them. • We will listen to and seek to understand the beliefs, opinions and practices of others, even when we do not share their views.

**Responding to conflict:** • We will accept responsibility for our part in a conflict. • We will be willing to play our part in resolving a conflict.

## **Women's Fellowship**

We encourage and welcome ladies from all services, including both the 8am and 9.30am services, to join us in Women's Fellowship. We generally meet on the second Monday of the month, finishing with afternoon tea.

Our next meeting will be on Monday 11<sup>th</sup> July, 2022 at 1pm. Please join us. We would love to see some new faces.



**ANGLICAN BOARD OF MISSION**  
*Working for Love, Hope & Justice*

### **Ordinary Sunday 14C [Pentecost 4] – Sunday 3 July 2022**

- 2 Kings 5.1-14; Psalm 30; Galatians 6.(1-6) 7-18; Luke 10.1-12, (13-16) 17-24

In today's reading from St Luke, we read that Jesus rejoices that the Father has revealed the Son not to the 'wise and intelligent' but to 'infants'. This is wonderful news for us all. It means that everyone who has the eyes of faith can see that Jesus is the Son of God. We don't need a PhD before we begin our faith journeys. • Jesus Christ, Son of the living God, we praise you that you have revealed the Father to us, and that you are revealed by him. • Give thanks for the work and witness of the Church of the Province of Myanmar • Remember the Church throughout the world in your prayers this week and beyond by downloading the worldwide Anglican Cycle of Prayer:

[www.anglicancommunion.org/resources/prayer.aspx](http://www.anglicancommunion.org/resources/prayer.aspx)

Text: Robert McLean © Anglican Board of Mission, 2022

## Next Sunday – 10<sup>th</sup> July, 2022

### FIFTH SUNDAY AFTER PENTECOST (SEA SUNDAY)

**8.00am** – Sung Eucharist – *Presiding & Preaching – Fr Mark Watson*  
*Organist – Chris Sillince*

**9.30am** – Holy Eucharist – *Presiding & Preaching – Fr Mark Watson*  
*Trinity Band and Singers*

**Readings:** Deuteronomy 30.9-14, Psalm 25.1-10, Colossians 1.1-14

**Gospel:** Luke 10.25-37

### Rosters for next week 8<sup>th</sup> and 10<sup>th</sup> July – Fifth Sunday after Pentecost (Sea Sunday)

#### Friday 8<sup>th</sup> July 10.30am Eucharist

|                  |
|------------------|
| <b>Reader</b>    |
| Catherine Taylor |

#### Sunday 10<sup>th</sup> July

|                |
|----------------|
| <b>Flowers</b> |
| Libby Harvey   |

#### 8.00am Eucharist

| <b>Readers</b>  | <b>Servers</b>  |
|---|-----------------|
| 1 <sup>st</sup> – Margot Bilston<br>2 <sup>nd</sup> – Ken Bilston | Margaret & Neil |

#### 9.30am Eucharist

| <b>Readers</b>   | <b>Servers</b>  |
|--|-----------------|
| 1 <sup>st</sup> – Libby Harvey<br>2 <sup>nd</sup> – David Harvey | Margaret & Neil |

#### **9.30am Morning Tea**

Joann Lilly & Anna Holt

## This Week

### **Monday 4th July**

**10.00am** – Whispers of Love – a meditation [Revd. Ann Watson]

### **Tuesday 5<sup>th</sup> July**

**7.00pm** – Trinity Band and Singers Rehearsal

### **Wednesday 6<sup>th</sup> July**

*John Fisher, bishop, and Thomas More, martyrs (d. 1535)*

### **Thursday 7<sup>th</sup> July**

### **Friday 8<sup>th</sup> July**

**10.30am** – Holy Eucharist [Fr Mark Watson]

Readings: Hosea 14.2-10, 9-12; Psalm 51.6-15

Gospel: Matthew 10.16-23

**11.00am** – Morning Tea

### **Saturday 9<sup>th</sup> July**

**The Anglican Diocese of Newcastle - The Parish of Terrigal**  
**The Church of the Holy Trinity**  
**92 Serpentine Rd, Terrigal, 2260**  
**Parish Postal Address – P.O. Box 167, Terrigal, 2260**  
**Office Phone: 4365 1115 (Office open Tuesday and Thursday 10am – 2pm)**

**Parish Email – [admin@terrigalanglican.org.au](mailto:admin@terrigalanglican.org.au)**

**Website – [www.terrigalanglican.org.au](http://www.terrigalanglican.org.au)**

**Rector – The Reverend Canon Mark Watson – 4365 1374 or 0434 431 400**

**Email – [cyprian7@bigpond.com](mailto:cyprian7@bigpond.com)**

#### **Associate Priests**

**The Reverend Ann Watson – 0427 135 771**

**The Reverend Roy Hazlewood – 0418 290 192**

**The Reverend Dr Richard Harvey – 0422 109 262**

**The Reverend Bruce McAteer - 0417 229 296**

#### **Parish Executive**

**Rector's Warden – Ronda Kiss 43635001**

**People's Warden – Terry Rowe 4365 0430**

**People's Warden – Neil Ewer 0412 640 477**

#### **Parish Secretary - TBA**

**Parish Treasurer - Terry Rowe 4365 0430**

#### **Parish Ministries**

**Parish Organist - Chris Sillince 0422 225 849**

**Sacristan - Coralie Taylor**

**Office Co-Ordinator – Cal Priest 4365 1115**

**Pastoral Care - Contact 4365 1115**

**Trinity Band & Cursillo – Libby Harvey 0431 315 085**

**Safety Officer - Mike Keaney 0412 370 716**

**Copyright Compliance Officer – Terry Rowe 4365 0430**

**Parish Bookshop – Ronda Kiss 4363 5001**

**Women's Fellowship – Pam Flegg 4384 5326**

**Market Day Co-ordinator – Ian Wolstenholme 0424 135 214**

#### **Parish Opportunity Shop**

**Carolyn Shields/Julie Laird - 4365 1280**

The liturgical text we are using for this service is from *A Prayer Book for Australia* (Sydney: Broughton Books, ©1995, The Anglican Church of Australia Trusts Corporation, 1996) and used with permission ePray licence No. 230. Hymns are reproduced from *Together in Song*, Harper Collins Publishers, East Melbourne, 1999, with permission. CCU 89783.

We are renewing the Parish Contact Booklet and need to make sure everyone's details are up to date. If you are a member of Terrigal Parish, please fill in the below form, sign it, tear it off the Pew Bulletin and place it in the box provided on the table at the entry way or hand it to a warden by 17<sup>th</sup> July, 2022. Thank you.

**HOLY TRINITY CONTACT INFORMATION**

Surname.....

Christian Names .....

Address.....

Postcode.....

Home phone .....

Mobile .....

Other family members: (Please supply names and ages of children.)

.....

.....

Email address .....

Please indicate in this box if you are happy to have your name included in our Parish Contacts Booklet, which will be distributed to all parishioners who participate in this initiative.

|        |
|--------|
| Yes/No |
|--------|

\* Please note: All information is confidential. Unless you give us permission we will not include your contact details in our Parish Contacts Booklet, only in the Office copy.

Signature.....