

**Welcome to worship at Holy Trinity, Terrigal**  
**SEVENTH SUNDAY AFTER PENTECOST**  
**24<sup>th</sup> July, 2022**



**8.00am** – **Sung Eucharist** *Presiding & Preaching – Fr Mark Watson*

**Organist – Cliff Bingham**

**Hymns:** TIS 204, 430, 508, 580

**9.30am** – **Holy Eucharist** *Presiding & Preaching – Fr Mark Watson*

**Trinity Band and Singers**

**Hymns:** TIS 147, 650, 511, 687

[All hymns are from Together in Song unless otherwise specified.]

Prayer and anointing for healing are available at each Eucharist. If you would like prayer and anointing, please move in front of the step, at the left side of the altar, after receiving communion and a priest will come and minister to you.

**Fr Roy writes:** Fr. Mark has recently written an article on the reception of the Holy Communion. He wrote that, as you make your way up to receive Holy Communion do not treat it as a queue at the checkout at the supermarket. It is a procession as a pilgrimage to a very sacred place, to the altar of God who loves us and who shares with us the Holy Sacrament of the Body and Blood of the Son of God, our Lord, Jesus Christ. It is a very sacred time as we walk the **pilgrimage** one step at a time. This is a time of reflection on our spiritual life, where we have not shown the humility of Jesus, of the obedience of Jesus, of the devotion of Jesus at prayer, and of many other things in which we have strayed, with words like "**Lord, I am not worthy to receive you, but only say the word and I shall be healed**". We confess our sins humbly and devoutly and receive God's forgiveness. We still know, however, that because of our humanity, we will be tempted, and we will fall again despite of our best intentions at repentance.

This leads me to my second point of **nourishment**. We are now in front of the priest who is offering you the nourishment provided by God in the consecrated Bread and Wine, the Body and Blood of Jesus.

At the Last Supper Jesus

"took bread and gave you thanks;  
he broke it and gave it to his disciples, saying,  
'Take, eat:

this is my body which is given for you;  
do this in remembrance of me.'

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying,

'Drink this, all of you;  
this is my blood of the new covenant  
which is shed for you and for many  
for the forgiveness of sins.

Do this, as often as you drink it,  
in remembrance of me.'" From last Sunday's Eucharist

“Behold the Lamb of God who takes away the sins of the whole world.”

These words lead us to ever wonder at the miracle of Jesus’ Presence among us. This is the Real Presence of Jesus within us in the Bread and Wine, the Body and Blood of Jesus to nourish our heart and soul with food and drink to enable us to live life as God would have us live.

And so, we return to our seat with joy in our heart at the miracle we have received, the Body and Blood of our Saviour to nourish us in faith, hope and love for God and our fellow human beings in the days to come. We are here again next Sunday to worship and be refreshed and nourished in the Lord.

Keep well, keep safe, keep social distancing, continue to wear a face mask and the blessing of God be upon you and on all who you love and pray for and may your days and nights be holy, good, and peaceful. **AMEN**

### **Sentence**

Ask, and it will be given you; seek, and you will find; knock, and the door will be opened to you.

*Luke 11.9*

### **Prayer of the Day**

Provident Father,  
with the prayer your Son taught us always on our lips,  
we ask, we seek, we knock at your door:  
help us to seek that we may truly find,  
so to ask that we may truly receive,  
and so to knock that the door of mercy,  
    may be opened for us;  
through Lord Jesus Christ our Lord. **Amen.**

## **Reading from Genesis Chapter 18, verses 20 - 32**

Then the LORD said, 'How great is the outcry against Sodom and Gomorrah and how very grave their sin! I must go down and see whether they have done altogether according to the outcry that has come to me; and if not, I will know.'

So the men turned from there, and went towards Sodom, while Abraham remained standing before the LORD. Then Abraham came near and said, 'Will you indeed sweep away the righteous with the wicked? Suppose there are fifty righteous within the city; will you then sweep away the place and not forgive it for the fifty righteous who are in it? Far be it from you to do such a thing, to slay the righteous with the wicked, so that the righteous fare as the wicked! Far be that from you! Shall not the Judge of all the earth do what is just?' And the LORD said, 'If I find at Sodom fifty righteous in the city, I will forgive the whole place for their sake.' Abraham answered, 'Let me take it upon myself to speak to the Lord, I who am but dust and ashes. Suppose five of the fifty righteous are lacking? Will you destroy the whole city for lack of five?' And he said, 'I will not destroy it if I find forty-five there.' Again he spoke to him, 'Suppose forty are found there.' He answered, 'For the sake of forty I will not do it.' Then he said, 'Oh do not let the Lord be angry if I speak. Suppose thirty are found there.' He answered, 'I will not do it, if I find thirty there.' He said, 'Let me take it upon myself to speak to the Lord. Suppose twenty are found there.' He answered, 'For the sake of twenty I will not destroy it.' Then he said, 'Oh do not let the Lord be angry if I speak just once more. Suppose ten are found there.' He answered, 'For the sake of ten I will not destroy it.'

Hear the word of the Lord.

**Thanks be to God.**

## Psalm 138

1 I will give you thanks, O Lord, with my whole heart:  
even before the gods will I sing your praises.

**2 I will bow down toward your holy temple  
and give thanks to your name:  
because of your faithfulness and your loving-kindness,  
for you have made your name and your word  
supreme over all things.**

3 At a time when I called to you, you gave me answer:  
and put new strength within my soul.

**4 All the kings of the earth shall praise you, O Lord:  
for they have heard the words of your mouth;**

5 And they shall sing of the ways of the Lord:  
that the glory of the Lord is great.

**6 For though the Lord is exalted, he looks upon the lowly:  
and he comprehends the proud from afar.**

7 Though I walk in the midst of danger,  
yet will you preserve my life:  
you will stretch out your hand against the fury of my enemies,  
and your right hand shall save me.

**8 The Lord will complete his purpose for me:  
your loving-kindness, O Lord, endures for ever;  
do not forsake the work of your own hands.**

### **A Reading from the Letter of Paul to the Colossians Chapter 2, verses 6 - 15**

As you therefore have received Christ Jesus the Lord, continue to live your lives in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving.

See to it that no one takes you captive through philosophy and empty deceit, according to human tradition, according to the elemental spirits of the universe, and not according to Christ. For in him the whole fullness of deity dwells bodily, and

you have come to fullness in him, who is the head of every ruler and authority. In him also you were circumcised with a spiritual circumcision, by putting off the body of the flesh in the circumcision of Christ; when you were buried with him in baptism, you were also raised with him through faith in the power of God, who raised him from the dead. And when you were dead in trespasses and the uncircumcision of your flesh, God made you alive together with him, when he forgave us all our trespasses, erasing the record that stood against us with its legal demands. He set this aside, nailing it to the cross. He disarmed the rulers and authorities and made a public example of them, triumphing over them in it.

Hear the word of the Lord.

**Thanks be to God.**

Alleluia, **alleluia!**

You have received the Spirit which makes us God's children, and in that Spirit we call God our Father.

**Alleluia!**

**The Gospel of Our Lord Jesus Christ according to Luke,  
Chapter 11, verses 1 - 13.**

**Glory to you Lord Jesus Christ.**

He was praying in a certain place, and after he had finished, one of his disciples said to him, 'Lord, teach us to pray, as John taught his disciples.' He said to them, 'When you pray, say: Father, hallowed be your name.

Your kingdom come.

Give us each day our daily bread.

And forgive us our sins,

for we ourselves forgive everyone indebted to us.

And do not bring us to the time of trial.'

And he said to them, 'Suppose one of you has a friend, and you go to him at midnight and say to him, "Friend, lend me three loaves of bread; for a friend of mine has arrived, and I have nothing to set before him." And he answers from within, "Do not bother me; the door has already been locked, and my children are with me in bed; I cannot get up and give you anything." I tell you, even though he will not get up and give him anything because he is his friend, at least because of his persistence he will get up and give him whatever he needs.

'So I say to you, Ask, and it will be given to you; search, and you will find; knock, and the door will be opened for you. For everyone who asks receives, and everyone who searches finds, and for everyone who knocks, the door will be opened. Is there anyone among you who, if your child asks for a fish, will give a snake instead of a fish? Or if the child asks for an egg, will give a scorpion? If you then, who are evil, know how to give good gifts to your children, how much more will the heavenly Father give the Holy Spirit to those who ask him!'

For the Gospel of the Lord.  
**Praise to you, Lord Jesus Christ.**

**Please pray for:**

Shirley Kearns, Sharon Sandstrom, Angarad O'Malley, Tania Howlett, David Lamb, Gloria Townsend, Irene Neville, Denise Perry, Ron Langley, Michelle Davies, Jo, Ray Wilmot, Steve Taylor, Lynette Brennan, Di. M, Jeannie Hilton, Robyn Smith, Wendy Eades, Carmen McGee, Bob Morgan, the Priest family.

**FUNERAL**

Many of you will remember Jean Easey who attended Holy Trinity for many years, and had attended St George's Matcham for many years before then. She and Joan Monico were close friends. Jean died on the 16th July and her funeral will take place at 2pm on Tuesday, 26th July at Greenway Chapel in Green Point. Please pray for Jean and her family and loved ones. "Eternal rest grant to her dear Lord, and let perpetual light shine upon her."

## **Prayer of the Week**

O God, the protector of all that trust in you,  
without whom nothing is strong, nothing is holy:  
increase and multiply upon us your mercy,  
that, with you as our ruler and guide,  
we may so pass through things temporal  
that we finally lose not the things eternal.  
Grant this, O heavenly Father,  
for the sake of Jesus Christ, our Lord. **Amen.**

### **Offeratories via Direct Debit**

Offering via direct debit. Direct debit details of account:  
ASDF Account: Parish of Terrigal, BSB:705-077  
Account Number: 00040934  
Terry Rowe, Treasurer.

### **'WHISPERS OF LOVE' A MEDITATION**

We meet on a Monday at 10.00am at Holy Trinity, Terrigal.

**Reflection:** For we are so preciously loved by God that we cannot even comprehend it. No created being can ever know how much and how sweetly and tenderly God loves them. It is only with the help of his grace that we are able to persevere in spiritual contemplation with endless wonder at his high, surpassing, immeasurable love which our Lord in his goodness has for us. *Julian of Norwich.*

Prayerfully, Reverend Ann.

### **THANK YOU BOXES AND POUCHES**

These are available to everyone, so please take one and place a coin in it whenever you receive a blessing. Money collected by the Anglican Women will go toward Numeracy and Literacy Programs in New Guinea late in 2022. Thank you.

## **SAMARITANS**

Thank you to the congregation for being excellent givers of donations for the Samaritans. Items are urgently needed now and include soups, tinned vegetables, spaghetti & sauce, and items for the coming winter.

Thank you.

## **VOLUNTEER NEEDED FOR ROSTER CO-ORDINATION**

We need a volunteer to co-ordinate the monthly rosters for Greeters and Sidespersons. This will be an ongoing role where you will organise people for a monthly roster which will be sent to the office for printing. Please see Fr Mark or call Cal in the office on Tuesday or Thursday on 4365 1115 or email her at [admin@terrigalanglican.org.au](mailto:admin@terrigalanglican.org.au) if you are interested in volunteering for this role. Thank you.

## **OP SHOP VOLUNTEERS NEEDED**

We are looking for more volunteers for our Op Shop on Thursday and Friday. Can you spare a few hours? We would be most grateful. Op Shop volunteers need to complete a Police Check and the Safer Ministry Course, along with some other requirements prior to commencement. If you are interested in joining our lovely team, please see one of our managers, Carolyn Shields or Julie Laird, in the Op Shop or call them on 4365 1280 for more details.

## **ONE USE PLASTIC BAGS FOR OP SHOP**

Due to new laws on one-use plastics, when donating bags to the Op Shop or Market Day, we cannot accept thin ones that are one-use bags. Please don't donate them as they will have to go to landfill and will cost us to dispose of them. Thank you. Carolyn Shields.

### **DINNER AT TERRIGAL BOWLING CLUB**

Please join us for dinner at Terrigal Bowling Club at 'Bec's Kitchen' on Sunday 7<sup>th</sup> August, 2022 from 6pm. If you are interested, please add your name to the sign-up sheet on the notice board. Thank you.

### **WOMEN'S FELLOWSHIP**

We encourage and welcome ladies from all services to join us in Women's Fellowship. We generally meet on the second Monday of the month at 1pm at Church, finishing with afternoon tea but. Our next meeting will be on the 8<sup>th</sup> of August at 12pm. Please join us. Thank you.  
Pam Flegg.

### **MARKET DAY THANK YOU**

Thank you to all the volunteers who helped set-up, run and clean-up Market Day. Your time and devotion are very much appreciated. Our next Market Day will be on Saturday 20<sup>th</sup> August from 8am to 1pm.

Thank you.

Ian Wolstenholme.



**ANGLICAN BOARD OF MISSION**  
*Working for Love, Hope & Justice*

**Ordinary Sunday 17C [Pentecost 7] – Sunday 24 July 2022**

- Hosea 1.2-10; Psalm 85; Colossians 2.6-15 (16-19); Luke 11.1-13

Today in his discourse on prayer, Jesus tells us that the Father will give us not only gifts that we ask for but also the gift of the Holy Spirit. We have a generous and loving Father

who always gives us those things that are good for us to have. One of those gifts is the Real Presence of Jesus himself in the Eucharist

- Jesus Christ, truly present in the Eucharist, help me to see all the gifts showered upon me by the Father and help me to fill my heart with appreciation and gratitude.
- Give thanks for the Church of South India, remembering especially today their ministry in a predominantly non-Christian context.

Text: Robert McLean © Anglican Board of Mission, 2022

**Next Sunday – 31<sup>st</sup> July, 2022**

**EIGHTH SUNDAY AFTER PENTECOST**

**8.00am** – Sung Eucharist – *Presiding & Preaching – Fr Mark Watson*  
*Organist – Ian Sell*

**9.30am** – Holy Eucharist – *Presiding & Preaching – Fr Mark Watson*  
*Organist – Sharon Sandstrom*

**Readings:** Ecclesiastes 1.2, 12-14; 2.18-23, Psalm 49.1-12, Colossians 3.1-11

**Gospel:** Luke 12.13-21

**Rosters for next week 29<sup>th</sup> and 31<sup>st</sup> July**  
**– Eighth Sunday after Pentecost**

**Friday 29<sup>th</sup> July 10.30am Eucharist**

<b>Reader</b>
Colleen Cronin

**Sunday 31<sup>st</sup> July**

<b>Flowers</b>
Jan Bolte

**8.00am Eucharist**

<b>Readers</b>	<b>Servers</b>
1 <sup>st</sup> – Margaret MacLachlan 2 <sup>nd</sup> – Catherine Taylor	TBA

**9.30am Eucharist**

<b>Readers</b>	<b>Servers</b>	<b>9.30am Morning Tea</b>
1 <sup>st</sup> – Sue James 2 <sup>nd</sup> – Maureen Hazlewood	TBA	June Timms Ian & Jen Wolstenholme

## This Week

### **Monday 25th July**

*JAMES, APOSTLE AND MARTYR*

**10.00am** – Whispers of Love – a meditation [Revd. Ann Watson]

### **Tuesday 26<sup>th</sup> July**

*Ann, mother of the Blessed Virgin Mary*

**7.00pm** – Trinity Band and Singers Rehearsal

### **Wednesday 27<sup>th</sup> July**

### **Thursday 28<sup>th</sup> July**

### **Friday 29<sup>th</sup> July**

*Mary and Martha of Bethany*

**10.30am** – Holy Eucharist [Fr Mark Watson]

Readings: Jeremiah 26.1-9, Psalm 69.6-14

Gospel: Matthew 13.54-58

**11.00am** – Morning Tea

### **Saturday 30<sup>th</sup> July**

*William Wilberforce, social reformer (d. 1833)*

**The Anglican Diocese of Newcastle - The Parish of Terrigal**  
**The Church of the Holy Trinity**  
**92 Serpentine Rd, Terrigal, 2260**  
**Parish Postal Address – P.O. Box 167, Terrigal, 2260**  
**Office Phone: 4365 1115 (Office open Tuesday and Thursday 10am – 2pm)**

Parish Email – [admin@terrigan.org.au](mailto:admin@terrigan.org.au)

Website – [www.terrigan.org.au](http://www.terrigan.org.au)

**Rector – The Reverend Canon Mark Watson – 4365 1374 or 0434 431 400**

**Email – [cyprian7@bigpond.com](mailto:cyprian7@bigpond.com)**

#### **Associate Priests**

**The Reverend Ann Watson – 0427 135 771**

**The Reverend Roy Hazlewood – 0418 290 192**

**The Reverend Dr Richard Harvey – 0422 109 262**

**The Reverend Bruce McAteer - 0417 229 296**

#### **Parish Executive**

**Rector's Warden – Ronda Kiss 43635001**

**People's Warden – Terry Rowe 4365 0430**

**People's Warden – Neil Ewer 0412 640 477**

#### **Parish Secretary - TBA**

**Parish Treasurer - Terry Rowe 4365 0430**

#### **Parish Ministries**

**Parish Organist - Chris Sillince 0422 225 849**

**Sacristan - Coralie Taylor**

**Office Co-Ordinator – Cal Priest 4365 1115**

**Pastoral Care - Contact 4365 1115**

**Trinity Band & Cursillo – Libby Harvey 0431 315 085**

**Safety Officer - Mike Keaney 0412 370 716**

**Copyright Compliance Officer – Terry Rowe 4365 0430**

**Parish Bookshop – Ronda Kiss 4363 5001**

**Women's Fellowship – Pam Flegg 4384 5326**

**Market Day Co-ordinator – Ian Wolstenholme 0424 135 214**

#### **Parish Opportunity Shop**

**Carolyn Shields/Julie Laird - 4365 1280**

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We are renewing the Parish Contact Booklet and need to make sure everyone's details are up to date. If you are a member of Terrigal Parish, please fill in the below form, sign it, tear it off the Pew Bulletin and place it in the box provided on the table at the entry way or hand it to a warden by 31<sup>st</sup> July, 2022. Thank you.

**HOLY TRINITY CONTACT INFORMATION**

Surname.....

Christian Names .....

Address.....

Postcode.....

Home phone .....

Mobile .....

Other family members: (Please supply names and ages of children.)

.....  
.....

Email address .....

Please indicate in this box if you are happy to have your name included in our Parish Contacts Booklet, which will be distributed to all parishioners who participate in this initiative.

Yes/No
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\* Please note: All information is confidential. Unless you give us permission we will not include your contact details in our Parish Contacts Booklet, only in the Office copy.

Signature.....