

Welcome to worship at Holy Trinity, Terrigal

THIRD SUNDAY IN LENT

12th March, 2023



8.00am – Sung Eucharist *Presiding and Preaching* – Fr Mark Watson

Organist – Chris Sillince

Hymns: TIS 211 (i), 559, 515 (ii), 577

9.30am – Holy Eucharist *Presiding and Preaching* – Fr Mark Watson

Trinity Band and Singers

Hymns: TIS 474, 703, 259, 258

[All hymns are from Together in Song unless otherwise specified.]

Prayer and anointing for healing are available at each Eucharist. If you would like prayer and anointing, please move in front of the step, at the left side of the altar, after receiving communion and a priest will come and minister to you.

Sentence

'The water that I will give,' says the Lord, 'will become in you a spring of water welling up to eternal life.' John 4.14

Prayer of the Day

O God, the fountain of life,
to a humanity parched with thirst
you offer the living water that springs from the Rock,
our Saviour Jesus Christ:
stir up within your people the gift of your Spirit,
that we may profess our faith with freshness
and announce with joy the wonder of your love.
We ask this through our Lord Jesus Christ,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever. **Amen.**

A Reading Exodus, Chapter 17 verses 1 – 7

¹ From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. ² The people quarrelled with Moses, and said, 'Give us water to drink.' Moses said to them, 'Why do you quarrel with me? Why do you test the Lord?' ³ But the people thirsted there for water; and the people complained against Moses and said, 'Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?' ⁴ So Moses cried out to the Lord, 'What shall I do with this people? They are almost ready to stone me.' ⁵ The Lord said to Moses, 'Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. ⁶ I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.' Moses did so, in the sight of the elders of Israel. ⁷ He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, 'Is the Lord among us or not?'

Hear the word of the Lord.

Thanks be to God.

Psalm 95

- ¹ O come, let us sing out to the Lord:
let us shout in triumph to the rock of our salvation.
- ² **Let us come before his face with thanksgiving:
and cry out to him joyfully in psalms.**
- ³ For the Lord is a great God:
and a great king above all gods.
- ⁴ **In his hand are the depths of the earth:
and the peaks of the mountains are his also.**
- ⁵ The sea is his and he made it:
his hands moulded dry land.
- ⁶ **Come, let us worship and bow down:
and kneel before the Lord our maker.**
- ⁷ For he is the Lord our God:
we are his people and the sheep of his pasture.
- ⁸ **Today if only you would hear his voice—
'Do not harden your hearts as at Meribah:
as on that day at Massah in the wilderness;**
- ⁹ 'When your forebears tested me:
put me to proof, though they had seen my works.
- ¹⁰ **'Forty years long I loathed that generation and said:
"It is a people who err in their hearts,
for they do not know my ways";**
- ¹¹ 'Of whom I swore in my wrath:
"They shall not enter my rest."

A reading from The Letter of Paul to the Romans Chapter 5 verses 1-11

¹ Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, ² through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. ³ And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, ⁴ and endurance produces character, and character produces hope, ⁵ and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. ⁶ For while we were still weak, at the right time Christ died for the ungodly. ⁷ Indeed, rarely

will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. ⁸ But God proves his love for us in that while we still were sinners Christ died for us. ⁹ Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. ¹⁰ For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. ¹¹ But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Hear the word of the Lord.

Thanks be to God.

Glory to you, Word of God, Lord Jesus Christ!

Glory to you, Word of God, Lord Jesus Christ!

Lord, you are truly the Saviour of the world;

give me living water, that I may never thirst again.

Glory to you, Word of God, Lord Jesus Christ!

The Gospel of Our Lord Jesus Christ according to John
Chapter 4, verses 5 – 42

Glory to you Lord Jesus Christ.

⁵ So he came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. ⁶ Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. ⁷ A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink'. ⁸ (His disciples had gone to the city to buy food.) ⁹ The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (Jews do not share things in common with Samaritans.) ¹⁰ Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink", you would have asked him, and he would have given you living water.' ¹¹ The woman said to him, 'Sir, you have no bucket, and the well is deep. Where do you get that living water?' ¹² Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from

it?' ¹³ Jesus said to her, 'Everyone who drinks of this water will be thirsty again, ¹⁴ but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.' ¹⁵ The woman said to him, 'Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.' ¹⁶ Jesus said to her, 'Go, call your husband, and come back.' ¹⁷ The woman answered him, 'I have no husband.' Jesus said to her, 'You are right in saying, "I have no husband"; ¹⁸ for you have had five husbands, and the one you have now is not your husband. What you have said is true!' ¹⁹ The woman said to him, 'Sir, I see that you are a prophet. ²⁰ Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.' ²¹ Jesus said to her, 'Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. ²² You worship what you do not know; we worship what we know, for salvation is from the Jews. ²³ But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. ²⁴ God is spirit, and those who worship him must worship in spirit and truth.' ²⁵ The woman said to him, 'I know that Messiah is coming' (who is called Christ). 'When he comes, he will proclaim all things to us.' ²⁶ Jesus said to her, 'I am he, the one who is speaking to you.' ²⁷ Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, 'What do you want?' or, 'Why are you speaking with her?' ²⁸ Then the woman left her water-jar and went back to the city. She said to the people, ²⁹ 'Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?' ³⁰ They left the city and were on their way to him. ³¹ Meanwhile the disciples were urging him, 'Rabbi, eat something.' ³² But he said to them, 'I have food to eat that you do not know about.' ³³ So the disciples said to one another, 'Surely no one has brought him something to eat?' ³⁴ Jesus said to them, 'My food is to do the will of him who sent me and to complete his work. ³⁵ Do you not say, "Four months more, then comes the harvest"? But I tell you, look around you, and see how the fields are ripe for harvesting. ³⁶ The reaper is already

receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. ³⁷ For here the saying holds true, "One sows and another reaps." ³⁸ I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.' ³⁹ Many Samaritans from that city believed in him because of the woman's testimony, 'He told me everything I have ever done.' ⁴⁰ So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. ⁴¹ And many more believed because of his word. ⁴² They said to the woman, 'It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.'

For the Gospel of the Lord.
Praise to you Lord Jesus Christ.

VALE – RON HILL

Please continue to pray for Tonia Parsons and her family as they mourn the death of her beloved father.

The Funeral Service for Ron will be held at Holy Trinity, Terrigal on Thursday 16th March, 2023 at 11am.

PLEASE PRAY FOR:

Michael Hort, Lynette Brennan, Shirley Kearns, Angarad O'Malley, Tania Howlett, David Lamb, Gloria and Albert Townsend, Irene Neville, Michelle Davies, Jo, Ray Wilmot, Steve Taylor, Di. M, Jeannie Hilton, Colleen Wells, Kym Holden, Neil Ewer, Carmen McGee, Keith Carden, Emma Horton, Merv Singh, Maureen. W, Pam Thomas, Bob Morgan, Julie Rowe, Pamela and Geoff Dove, Stephen Durie and Pam Flegg.

Offertories via Direct Debit

Offering via direct debit. Direct debit details of account:

ASDF Account: Parish of Terrigal, BSB:705-077

Account Number: 00040934

Terry Rowe, Treasurer.

Prayer of the Week

Lord God, our Redeemer,
who heard the cry of your people
and sent your servant Moses to lead them out of slavery:
free us from the tyranny of sin and death
and, by the leading of your Spirit,
bring us to our promised land;
through Jesus Christ our Lord. **Amen.**

'WHISPERS OF LOVE' A MEDITATION

We meet each Monday morning at 10am.

Meditation Reflection: May our prayer this week be to seek the Holy spirit so we are refreshed and renewed.

Where we feel stuck in parched and monotonous patterns, send us new life and new possibilities.

Come Holy Spirit, into the areas of our life that need reawakening or re-energising. Amen.

Prayerfully, Reverend Ann.

SAMARITANS

Samaritans are back at work at Wyoming. Donations suggestions are breakfast cereal, tin fruit, pasta/sauce spaghetti, baked beans, tin vegetables, tomatoes, packet noodles, toilet paper, soap and toothpaste. Thank you.
Margaret MacLachlan.

MARKET DAY DATES FOR 2023

Mark your calendars for the following Saturdays:

18th March, 15th April, 20th May, 17th June,
15th July, 19th August, 16th September, 21st October,
18th November, 9th December.

Market Day hours are 8am until 1pm in our new building at the rear of the Church. The Op Shop will also be open this day.

We look forward to seeing you there.

DINNER AT TERRIGAL BOWLING CLUB

Please join us for dinner at Terrigal Bowling Club at 'Bec's Kitchen' on Sunday 2nd April, 2023 from 6pm. If you are interested, please add your name to the sign-up sheet on the notice board immediately after the service. Thank you.

9.30AM READERS PLEASE NOTE

Pam Flegg is improving after a fall in Sydney and will be unable to return to the Central Coast for a few weeks. Please contact Reverend Ann if you need to speak with anyone about the Reader's Roster. Thank you.

ANNUAL GENERAL MEETING

Our AGM will be held on Sunday 19th March, 2023 at 11am here at the church.

Nomination forms for Parish Council roles, including Church Wardens and Mission Secretary, are on a table on the way into church if you would like to nominate someone.

If you are responsible for submitting a report, and you haven't done so already, please get it to Cal in the office by Tuesday 14th March at: admin@terrigan Anglican.org.au

Thank you.

WOMEN'S FELLOWSHIP AGM AND MARCH MEETING

Our March meeting is on Monday 13th March, commencing at 1pm in the church foyer.

We will be holding our AGM (moved from February) followed by our monthly meeting and afternoon tea. All women are welcome to join us for a shared time of Christian Fellowship.

GARDEN BEE

Do you like to potter in the garden? We would love to see you at our next Garden Bee on Saturday, 1st April at 8.30am. All are welcome and your help will be very much appreciated.

Jackie Davidson.

ATTENTION ALL VOLUNTEERS
NATIONALLY CO-ORDINATED CRIMINAL HISTORY CHECK AND
SAFE MINISTRY TRAINING IS OVERDUE

I cannot express how urgent it is that ALL Volunteers and Employees under the Anglican Diocese of Newcastle undertake a Nationally Coordinated Criminal History Check and do the Safe Ministry training. This was supposed to be completed prior to 15th December, 2022. If you **serve in any capacity** at the church, this means you. If you haven't already, please:

1. Visit the Diocese's Online Self-Service Portal:

crimcheck.org.au/check/newcastleanglican

and complete an application for a Criminal History Check. (Using this link means the Diocese will pay for it.)

2. CrimCheck will then review the application and verify the applicant's identity before submitting the application for processing on behalf of the Diocese and the applicant.

3. The applicant and the Diocesan Office will be notified of the results and will receive a final Criminal History Check Certificate which will need to be forwarded to our office (by you) at admin@terrigalanglican.org.au

Please note: This process requires you to upload identity documents during the Crim Check application and take a photo of yourself during the process. Please read the information carefully about the ID you need to provide and have it uploaded to your computer/device prior to attempting the crim check as there is a 30-minute limit once you start. If you require help with this process, please let me know by telephone on 4365 1115 between 10am – 2pm Tuesday or Thursday or email admin@terrigalanglican.org.au

As the training for Safe Ministry training has changed, ALL clergy, staff and volunteers are required to complete the new training.

This training is now only online and is free. Here is the link:

<https://ocg.nsw.gov.au/training-and-resources/elearning>

If you need to search for the course name, it is called:

OCG – Child Safe – Keeping children safe in organisation e-Learning modules.

Volunteers need to complete the first 9 modules and Clergy need to complete all 11 modules.

Once you have completed the training, please either email the letter of completion or bring a hard copy into the office so that I can update your record with the new date of completion. I am here to assist you so please ask for help if you need it. We know it is a lot to ask and we are so grateful for your co-operation and time. Thank you.

Cal Priest – Office Admin.

VOLUNTEERS NEEDED

We are trying to set up new rosters for people to help with:

- *Church set up on a Sunday morning
- *Sidespersons
- *Greeters
- *Operating slides & assisting in video recording.

A Crim Check and Safe Ministry Training will need to be completed to volunteer.

If you would like to volunteer for any of these roles, please let Fr Mark, a church warden or myself know. Your help would be very much appreciated.

Cal Priest – Office Admin Assistant

MISSION NEWS

As is our church's custom, we support ABM's Lenten and Easter Appeals.

You will receive envelopes with the Pew Bulletins over the next few weeks. There is also a QR code option to donate if you wish. How to do this is explained on the posters on the Mission Noticeboard above the welcome table.

In Luke 4:18–19 it reads.

"The Spirit of the Lord is upon me, because he has anointed me to bring good news to the poor.

He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord's favour."

Two thousand years after Jesus first read from the scroll of Isaiah in the synagogue, Christians in Palestine are still working to bring God's good news to the poor - healing, teaching, and fighting oppression and injustice.

Your support of the Lent and Good Friday Appeal will empower many vulnerable women in Gaza and improve the nutrition of their children.

It will also provide young Christians with the skills to lead their communities into the future.

Libby Harvey,
Mission Secretary.



ANGLICAN BOARD OF MISSION
Working for Love, Hope & Justice

The Third Sunday in Lent – Sunday 12 March 2023

- Exodus 17.1-7; Psalm 95; Romans 5.1-11; John 4.5-42

Like the Israelites in today's first reading, we can sometimes lack trust and faith in God when we wander despairingly in the difficult times and, "wildernesses," of our lives. Like them we can also fail to learn from or remember previous times in our lives when God's unending providence, mercy and love did sustain us in challenging times.

I pray that we treasure and learn from the times God freely gave us the life giving, "water," of his love and mercy and have unerring faith and trust that he always shall.

- Pray that we can trust God and believe, even in times of wandering despair.
- Give thanks for the work and witness of the Episcopal Church of South Sudan.

Text: Dr Julie Lewis

Holy Hermits Online

St John's Cathedral, Brisbane

© Anglican Board of Mission, 2023

This Week

Monday 13th March

10.00am – Whispers of Love – A Meditation [Rev'd Ann Watson]

1.00pm – Women's Fellowship Meeting and AGM

Tuesday 14th March

7.00pm – Trinity Band Rehearsal

7.00pm – Parish Council Meeting

Wednesday 15th March

5.00pm - Eucharist – Reverend Ann Watson

Thursday 16th March

11.00am – Funeral Service for Ron Hill

Friday 17th March

Patrick, bishop, missionary to Ireland (d. 461)

10.30am – Holy Eucharist [Fr Mark Watson]

Readings: Hosea 14.2-9, Psalm 81.13-16

Gospel: Mark 12.28-34

11.00am – Morning Tea

Saturday 18th March

Cyril of Jerusalem, bishop and teacher (d. 386)

Market Day 8am – 1pm.

Rosters for next week 17th and 19th March

Friday 17th March 10.30am Eucharist

Reader
Catherine Taylor

Sunday 19th March 8.00am Sung Eucharist – Third Sunday in Lent

Readers	Servers
1 st – Jocelyn Mulcahy 2 nd – Lorraine Zahra	Margaret Maclachlan

Sunday 19th March 9.30am Holy Eucharist – Third Sunday in Lent

Readers	Servers
1 st – Mark Timms 2 nd – Kyara Newport	Margaret Maclachlan

Flowers	Morning Tea
Lent	Evelyn White, Marie Partier and Sue James

The Anglican Diocese of Newcastle - The Parish of Terrigal
The Church of the Holy Trinity
92 Serpentine Rd, Terrigal, 2260
Parish Postal Address – P.O. Box 167, Terrigal, 2260
Office Phone: 4365 1115 (Office open Tuesday and Thursday 10am – 2pm)

Parish Email – admin@terrigan.org.au
Website – www.terrigan.org.au
Facebook – <https://www.facebook.com/TerriganAnglican>

Rector – The Reverend Canon Mark Watson – 4365 1374 or 0434 431 400
Email – cyprian7@bigpond.com

Associate Priests

The Reverend Ann Watson – 0427 135 771
The Reverend Dr Richard Harvey – 0422 109 262
The Reverend Bruce McAteer - 0417 229 296

Parish Executive

Rector's Warden – Ronda Kiss 43635001
People's Warden – Terry Rowe 4365 0430
People's Warden – Neil Ewer 0412 640 477
Parish Secretary - TBA
Parish Treasurer - Terry Rowe 4365 0430

Parish Ministries

Parish Organist - Chris Sillince 0422 225 849
Sacristan - Coralie Taylor
Office Co-Ordinator – Cal Priest 4365 1115
Pastoral Care - Contact 4365 1115
Trinity Band & Cursillo – Libby Harvey 0431 315 085
Safety Officer - Mike Keaney 0412 370 716
Copyright Compliance Officer – Terry Rowe 4365 0430
Parish Bookshop – Ronda Kiss 0419 989 526
Women's Fellowship – Pam Flegg 4384 5326
Market Day Co-ordinator – Ian Wolstenholme 0424 135 214

Parish Opportunity Shop

Carolyn Shields/Julie Laird - 4365 1280

The liturgical text we are using for this service is from *A Prayer Book for Australia* (Sydney: Broughton Books, ©1995, The Anglican Church of Australia Trusts Corporation, 1996) and used with permission ePray licence No. 230. Hymns are reproduced from *Together in Song*, Harper Collins Publishers, East Melbourne, 1999, with permission. CCU 89783.