

Welcome to worship at Holy Trinity, Terrigal
SIXTH SUNDAY AFTER EPIPHANY
11th February, 2024



8.00am – Sung Eucharist

Presiding and Preaching – Fr Mark Watson

Organist – Chris Sillince

Hymns: TIS 433, 464, 457, 217 (Tune: Blaenwern TIS 590)

9.30am – Holy Eucharist with Holy Baptism

Presiding and Preaching – Fr Mark Watson

Organist – Sharon Sandstrom

Hymns: TIS 433, 464, 457, 217 (Tune: Blaenwern TIS 590)

[All hymns are from Together in Song unless otherwise specified.]

Prayer and anointing for healing are available at each Eucharist. If you would like prayer and anointing, please move in front of the step, at the left side of the altar, after receiving communion and a priest will come and minister to you.

HOLY BAPTISM

We welcome Zaia who will be received into the Body of Christ through the Sacrament of Baptism this morning at 9.30am. We welcome also Zaia's parents, Bosko and Kendell Marjaonvic, the Godparents, members of his family, and friends. God bless you as you make these important promises on behalf of Zaia.

ASH WEDNESDAY AND LENT

"Remember that you are dust and to dust you shall return." We hear those words as ashes are placed on our foreheads on Ash Wednesday. They are deliberately jarring, and definitely out of step with our culture. We are encouraged not to think about death. Our culture glorifies youth and energy and activity. Of course, there's nothing wrong with wanting to maintain the vitality of youth as long as we can. But no matter how well we succeed in doing that, the day will come when we will take our last breath. The older we get, the more our mortality confronts us – "earth to earth, ashes to ashes, dust to dust" – these words not only remind us of the brevity of life; they also symbolise our need for regular self-examination, repentance and confession.

Lent is a time for cleansing, renewal and refreshment. We talk about "giving something up for Lent." It's also a season to "take something up". Lent is not intended to be some sort of endurance test, but an opportunity to become new and different people. We live out our baptismal calling by entering the water and re-emerging as new people. After the 40 days of Lent how will we "re-emerge" on Holy Saturday and Easter Sunday? We enter with Jesus into the darkness of the cross and the tomb and then re-emerge with him into the light of his resurrection.

Lent is a time to ask ourselves: What is God calling me to do this Lent? As we listen to the stillness and the movements of our hearts; as we read and pray the scriptures; we can ask, "Where do I feel uncomfortable with the choices I am making? What things have I done that cause some disquiet in me? How do I respond to others? How have I hurt others? How may the Lord

be speaking to me in the little naggings of my heart? What has gained control in my life that I may need to give up? What needs changing in my life? What do I need more of? Patience? Thoughtfulness? Joyfulness? Unselfishness? Awareness of others? What has got in the way of my being loving and kind? Have I allowed bitterness or resentment to take over somewhere? What would it cost me to change these behaviours? What would my life look like if I gave up some of these destructive patterns of living and behaving?"

A leading British investment banker and Christian philanthropist sums it up succinctly and beautifully: "Lent, followed by Easter, gives us the opportunity to detach ourselves from the concerns of mortality and overcome the sorrows of mourning. At the same time, each of us can draw on the energy of Lent to look forward to the rest of our life – and beyond – and to ask ourselves what we want to leave behind when we too have return to dust" ("Energy of Lent" by John Studzinski *The Tablet* 3 March 2012 p. 9).

I encourage you to begin Lent well by coming to one of our Ash Wednesday liturgies next Wednesday 14th February at 8.30am, 12 noon or 5.00pm. May God help us to keep a holy Lent.

Fr Mark

Sentence

Sing praises to the Lord, O you his faithful ones! Give thanks to God's holy name! Psalm 30.4

Prayer of the Day

Saving God,
whose Son, Jesus Christ, healed the sick
and brought them wholeness of body and mind:
inspire us, his disciples,
so that we may constantly proclaim his gospel
by our words
and by the dedication and integrity of our lives;
through Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. **Amen.**

A Reading from 2 Kings Chapter 5, verses 1 – 14

¹ Naaman, commander of the army of the king of Aram, was a great man and in high favour with his master, because by him the LORD had given victory to Aram. The man, though a mighty warrior, suffered from leprosy. ² Now the Arameans on one of their raids had taken a young girl captive from the land of Israel, and she served Naaman's wife. ³ She said to her mistress, 'If only my lord were with the prophet who is in Samaria! He would cure him of his leprosy.' ⁴ So Naaman went in and told his lord just what the girl from the land of Israel had said. ⁵ And the king of Aram said, 'Go then, and I will send along a letter to the king of Israel. 'He went, taking with him ten talents of silver, six thousand shekels of gold, and ten sets of garments. ⁶ He brought the letter to the king of Israel, which read, 'When this letter reaches you, know that I have sent to you my servant Naaman, that you may cure him of his leprosy.' ⁷ When the king of Israel read the letter, he tore his clothes and said, 'Am I God, to give death or life, that this man sends word to me to cure a man of his leprosy? Just look and see how he is trying to pick a quarrel with me.' ⁸ But when Elisha the man of God heard that the king of Israel had torn his clothes, he sent a message to the king, 'Why have you torn your clothes? Let him come to me, that he may learn that there is a prophet in Israel.' ⁹ So Naaman came with his horses and chariots, and halted at the entrance of Elisha's house. ¹⁰ Elisha sent a messenger to him, saying, 'Go, wash in the Jordan seven times, and your flesh shall be restored and you shall be clean.' ¹¹ But Naaman became angry and went away, saying, 'I thought that for me he would surely come out, and stand and call on the name of the LORD his God, and would wave his hand over the spot, and cure the leprosy! ¹² Are not Abana and Pharpar, the rivers of Damascus, better than all the waters of Israel? Could I not wash in them, and be clean?' He turned and went away in a rage. ¹³ But his servants approached and said to him, 'Father, if the prophet had commanded you to do something difficult, would you not have done it? How much more, when all he said to you was, "Wash, and be clean"?' ¹⁴ So he went down and immersed himself seven times in the Jordan,

according to the word of the man of God; his flesh was restored like the flesh of a young boy, and he was clean.

Hear the word of the Lord.

Thanks be to God.

Psalm 30

- ¹ I will exalt you, O Lord,
for you have drawn me up from the depths:
and have not suffered my foes to triumph over me.
- ² **O Lord my God, I cried to you:
and you have made me whole.**
- ³ You brought me back, O Lord, from the land of silence:
you saved my life
from among those that go down to the Pit.
- ⁴ **Sing praises to the Lord, all you his faithful ones:
and give thanks to his holy name.**
- ⁵ For if in his anger is havoc,
in his good favour is life:
heaviness may endure for a night,
but joy comes in the morning.
- ⁶ **In my prosperity I said 'I shall never be moved:
your goodness, O Lord, has set me on so firm a hill.'**
- ⁷ Then you hid your face from me:
and I was greatly dismayed.
- ⁸ **I cried to you, O God:
and made my petition humbly to my Lord.**
- ⁹ 'What profit is there in my blood,
if I go down to the Pit:
can the dust give you thanks,
or declare your faithfulness?
- ¹⁰ **'Hear, O Lord, and be merciful:
O Lord, be my helper.'**
- ¹¹ You have turned my lamentation into dancing:
you have put off my sackcloth and girded me with joy,
- ¹² **That my heart may sing your praise and never be
silent:
O Lord my God, I will give you thanks for ever.**

**A reading from The First Letter of Paul to the Corinthians
Chapter 9, verses 24 – 27**

²⁴ Do you not know that in a race the runners all compete, but only one receives the prize? Run in such a way that you may win it. ²⁵ Athletes exercise self-control in all things; they do it to receive a perishable garland, but we an imperishable one. ²⁶ So I do not run aimlessly, nor do I box as though beating the air; ²⁷ but I punish my body and enslave it, so that after proclaiming to others I myself should not be disqualified.

Hear the word of the Lord.

Thanks be to God.

Alleluia, **alleluia!**

He bore our sickness,
and endured our suffering.

Alleluia!

**The Gospel of our Lord Jesus Christ
according to Mark, Chapter 1, verses 40 – 45**

⁴⁰ A leper came to him begging him, and kneeling he said to him, 'If you choose, you can make me clean.' ⁴¹ Moved with pity, Jesus stretched out his hand and touched him, and said to him, 'I do choose. Be made clean!' ⁴² Immediately the leprosy left him, and he was made clean. ⁴³ After sternly warning him he sent him away at once, ⁴⁴ saying to him, 'See that you say nothing to anyone; but go, show yourself to the priest, and offer for your cleansing what Moses commanded, as a testimony to them.' ⁴⁵ But he went out and began to proclaim it freely, and to spread the word, so that Jesus could no longer go into a town openly, but stayed out in the country; and people came to him from every quarter.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

OFFERTORIES VIA DIRECT DEBIT

Offering via direct debit. Direct debit details of account:
ASDF Account: Parish of Terrigal, BSB:705-077
Account Number: 00040934. - Terry Rowe, Treasurer.

PLEASE PRAY FOR:

Carolyn Gibbs, Angarad O'Malley, John Sorensen, Emma Horton, Gloria & Albert Townsend, Margaret Lewis, Jackie Davidson, Robyn Smith, Tania Howlett, Sam Margery, Lyn Richardson, Wendy McKellar, David Lamb and Bruce Clarke.

Please note: If you wish someone to stay on the list, please legibly print their name in the prayer book before the first week of the new month. Thank you.

Prayer of the Week

Let your merciful ears, O Lord,
be open to the prayers of your humble servants;
and that they may obtain their petitions
make them to ask such things as shall please you;
through Jesus Christ our Lord. **Amen.**

'WHISPERS OF LOVE' – MEDITATION

Meditation "Whispers of Love" meets each Monday at 10.00am
A warm welcome is extended.

Reflection: Through meditation we can let the words of Jesus descend from our minds into our hearts and create there a dwelling place for the Spirit. What ever we do and wherever we go, let us stay close to the words of Jesus. They are words of eternal life.

Prayerfully, Reverend Ann.

NOTIFICATION OF AGM

Our AGM will be held at Holy Trinity, Terrigal on Sunday 17th March, 2024 at 11.00am.

SAMARITANS

Thank you to the congregation for being excellent givers of donations for the Samaritans. Items needed now include tinned vegetables and fruits, pasta & sauce and cereal. Thank you.
Margaret Maclachlan.

WORLD DAY OF PRAYER 2024

**The World Day of Prayer will be held at Holy Trinity,
Terrigal at 10.30am on Friday 1st March, 2024**

Morning tea will follow. Contributions greatly appreciated.

All are welcome.

The ladies of Palestine have asked us to pray with them:

God of Peace and Justice,

We cry out to you with broken hearts and deep anguish for what is unfolding in Israel and Palestine. It is difficult to find the words to express the weight of this moment. We rest on your Spirit, who intercedes with sighs too deep for words. We ask that you heal every wound, and you give us wisdom for how to stop this cycle of violence. We pray especially for women who are particularly vulnerable in times of war. Move our world quickly towards peace and justice. Amen.

ASH WEDNESDAY LITURGIES

As we have done the last few years, three liturgies will be celebrated on **Ash Wednesday 14th February**, this year. The Eucharist is celebrated and includes the Imposition of Ashes as a reminder of our mortality. We also pray a special penitential litany and receive God's forgiveness once again. The times will be **8.30am** in the Chapel, **12 midday** in the Church, and **5.00pm** in the Chapel.

The ashes used on Ash Wednesday are made by burning the palm crosses from last year's Palm Sunday liturgies.

THANK YOU BOXES

Please take a Thank You box and put a coin in it when one receives a blessing. In 2023-2024 we are supporting the Newcastle Diocesan Domestic Abuse Project. Thank you.

ATTENTION ALL VOLUNTEERS

It is a requirement from the Newcastle Diocese and the NSW Office of the Children's Guardian that all volunteers complete the first nine modules of the Safe Ministry course and have a current police check done. **These requirement needs to be met by 24th February, 2024 in order for you to be able to continue to volunteer.**

No matter where you volunteer e.g. a band member, a volunteer in the kitchen, an Op Shop volunteer, a Market Day volunteer, a flower arranger etc, you need to complete this training.

The **Safe Ministry training** can be accessed by following this link: <https://ocg.nsw.gov.au/training-and-resources/elearning>

The course you need to complete is called: ***OCG – Child Safe – Keeping children safe in organisation e-Learning modules.***

Volunteers need to complete the first 9 modules, not all 11 modules. Once you have completed the training, please either email the letter of completion to me at:

admin@terrigalanglican.org.au or bring a hard copy into the office so that I can update your record with the new date of completion.

Your co-operation with this matter is urgent now.

I am here to assist you if needed, so please contact me.

Thank you. Cal Priest – Administration Assistant.

MARKET DAY - 17th FEBRUARY

Our next Market day is coming up on the 17th February. Once again, we will need all the help we can get when setting up on Friday 16th and especially when packing away and clearing up on Saturday. If you can come at 12.30pm for an hour on Saturday to pack up, we would love to see you.

If you can contribute some home-made cakes, slices, jams or chutneys for the cake stall, your help would be very much appreciated. Please label them with all ingredients and be sure to ask for a Holy Trinity Church sticker to put on your contribution.

Your help is always appreciated. Thank you.

Ian Wolstenholme.

GARDEN WORKING BEE

The next Working Bee will be on Saturday 24th February, 2024. at 8.30am at Holy Trinity. Please come if you can. We need as many people as possible as we haven't had one for a while.

Thank you.

Jackie Davidson.



ANGLICAN BOARD OF MISSION
Working for Love, Hope & Justice

Ordinary Sunday Epiphany 6 – Sunday 11 February 2024

2 Kings 5.1-14; Psalm 30; 1 Corinthians 9.24-27 Mark 1.40-45

The healing miracles of Jesus were always about restoring the person to dignity and fellowship in their community, not only physical and/or mental healing.

When we turn to Jesus in faith he listens, understands, and blesses our whole truth and restores us to community.

How can we bless someone by hearing their truth with grace and compassion and mercy as Jesus did?

- Pray that we may have the patience to promote healing by listening wholeheartedly and compassionately to another's truth.
- Give thanks for the work and witness of the Anglican Church of Japan, the *Nippon Sei Ko Kai*.

Text: The Rev Amanda Brockwell,
Diocese of Newcastle
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Posthumous Medal of the Order of Australia (OAM)
in the General Division



The late Fr Roy Maxwell Hazlewood, Central Coast NSW. For service to the Anglican Church of Australia. University of Newcastle, Ourimbah Campus, Central Coast

- Chaplain, 1994-2022. Tertiary Campus Ministry Association (Australia)
- Executive Member, 2018.
- Treasurer, 2000-2017.
- Former Member, 25 years. Doyalson Wyee Sub-Branch, Returned and Services League of Australia
- Former Member, Official Party, ANZAC Day Remembrance Day ceremonies. Newcastle Diocese, Anglican Church of Australia
- Deacon 1954
- Priesthood 1954.

Fr Roy was a much-loved parish Priest who touched many lives by his loving "cure of souls" throughout his ministry for over 60 years as a parish priest in the Diocese of Newcastle.

Next Sunday – 18th February, 2024

FIRST SUNDAY IN LENT

8.00am – Sung Eucharist – *Presiding & Preaching – Fr Mark Watson*
Organist – Chris Sillince

9.30am – Holy Eucharist – *Presiding & Preaching – Fr Mark Watson*
Organist – Sharon Sandstrom

Readings: Genesis 9.8-17, Psalm 25.1-10, 1 Peter 3.18-22
Gospel: Mark 1.9-15

This Week

Monday 12th February, 2024

10.00am – Whispers of Love – A Meditation
– Rev'd Ann Watson

Tuesday 13th February

William Grant Broughton, first bishop of Australia (d. 1853)

7.00pm – Parish Council

Trinity Band rehearsals will recommence on 27th February.

Wednesday 14th February

ASH WEDNESDAY

An Order for the Eucharist and Imposition of Ashes at
8.00am, 12 midday and 5.00pm – Fr Mark Watson

Thursday 15th February

3.00pm – Eucharist at Terrigal Manor – Rev'd Ann Watson

Friday 16th February

Polycarp, bishop of Smyrna, martyr (d. c. 155)

10.30am – Eucharist – Fr Mark Watson
Ezekiel 18.21-28, Psalm 130, Gospel: Matthew 5.20-26

Saturday 17th February

MATTHIAS, APOSTLE AND MARTYR

8.00am – 1.00pm – Market Day

Rosters for next week

Friday 16th February – 10.30am

Reader
Catherine Taylor

Sunday 18th February - 8.00am and 9.30am

Readers	Intercessions	Servers
8.00am 1 st – Colleen Cronin 2 nd – Ann West	8.00am Neil	8.00am Neil
9.30am 1 st – Elsa Sorensen 2 nd – Wendy Eades	9.30am Neil	9.30am Neil

Sunday 18th February

Flowers	Morning Tea
No flowers during Lent.	Evelyn White
	Help needed.

We need a fill in for morning tea today, Sunday 11th February, and also someone to help out on Sunday 18th February. If you can help on either of these dates, please let Cal in the office know at admin@terrigalanglican.org.au or on 4365 1115 on Tuesday or Thursday 9.30am to 2.30pm. Thank you very much.

***Please note: If you are unable to serve, please arrange someone to take your place. If you can't find someone, please contact the person in charge of your roster or a church warden to help you.**

Thank you.

BEING TOGETHER

Jesus told us to love one another as he loves us. As Christians we know our life together is strengthened when our behaviour is consistent with our faith. However, our experience of being together can be difficult, particularly when there are differences. So it is important to be clear about how we will behave towards each other.

Being a Community:

- We will value the wellbeing and safety of others, especially children and other vulnerable people.
- We will encourage each other to participate in the life of the church.
- We will consider the impact of our behaviour on others.

Relating to each other:

- We will protect the safety of all, especially children and other vulnerable people.
- We will treat each other with respect and dignity, irrespective of ability, gender, sexuality, race, age or contribution to the church.
- We will act with integrity and honesty in our interactions with each other.

Communicating with each other:

- We will communicate respectfully with others, and not in a way that threatens, belittles or humiliates.
- We will speak with integrity and honesty, and refrain from speculation and gossip.

Acknowledging differences:

- We will respect those who are different from us and not isolate or ridicule them.
- We will listen to and seek to understand the beliefs, opinions and practices of others, even when we do not share their views.

Responding to conflict:

- We will accept responsibility for our part in a conflict.
- We will be willing to play our part in resolving a conflict.

*(Approved by General Synod July 2014, revised on 17 April 2020)
(Approved by Newcastle Diocesan Synod October 2015, Revision adopted by the Diocesan Council from 15 May 2021)*

The Anglican Diocese of Newcastle - The Parish of Terrigal
The Church of the Holy Trinity
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Parish Postal Address – P.O. Box 167, Terrigal, 2260
Office Phone: 4365 1115 (Office open Tuesday & Thursday 9.30am – 2.30pm)

Parish Email – admin@terrigan.org.au
Website – www.terrigan.org.au
Facebook – <https://www.facebook.com/TerriganAnglican>

Rector – The Reverend Canon Mark Watson – 4365 1374 or 0434 431 400
Email – cyprian7@bigpond.com

Associate Priests

The Reverend Ann Watson – 0427 135 771
The Reverend Dr Richard Harvey – 0422 109 262
The Reverend Bruce McAteer – 0417 229 296

Parish Executive

Rector's Warden – Ronda Kiss 0419 989 526
People's Warden – Terry Rowe 0427 788 308
People's Warden – Neil Ewer 0412 640 477
Parish Secretary – TBA
Parish Treasurer – Terry Rowe 0427 788 308

Parish Ministries

Parish Organist – Chris Sillince 0422 225 849
Sacristan – C. Taylor
Office Administration – Cal Priest 4365 1115
Pastoral Care – Contact 4365 1115
Trinity Band & Cursillo – Libby Harvey 0431 315 085
Safety Officer – Mike Keaney 0412 370 716
Copyright Compliance Officer – Terry Rowe 0427 788 308
Parish Bookshop – Ronda Kiss 0419 989 526
Women's Fellowship – June Timms 4384 2280
Market Day Co-ordinator – Ian Wolstenholme 0424 135 214

Parish Opportunity Shop

Julie Laird – Phone - 4365 1280

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