

Welcome to worship at Holy Trinity, Terrigal
FIRST SUNDAY IN LENT
18th February, 2024



8.00am – Sung Eucharist

Presiding and Preaching – Fr Mark Watson

Organist – *Chris Sillince*

Hymns: TIS 591, 463, 515 (ii), 580

9.30am – Holy Eucharist

Presiding and Preaching – Fr Mark Watson

Organist – *Sharon Sandstrom*

Hymns: TIS 591, 463, 515 (ii), 580

[All hymns are from Together in Song unless otherwise specified.]

Prayer and anointing for healing are available at each Eucharist. If you would like prayer and anointing, please move in front of the step, at the left side of the altar, after receiving communion and a priest will come and minister to you.

LENT

Lent is a time for cleansing, renewal and refreshment. We talk about "giving something up for Lent." It's also a season to "take something up". Lent is not intended to be some sort of endurance test, but an opportunity to become new and different people. We live out our baptismal calling by entering the water and re-emerging as new people. After the 40 days of Lent how will we "re-emerge" on Holy Saturday and Easter Sunday? We enter with Jesus into the darkness of the cross and the tomb and then re-emerge with him into the light of his resurrection.

Lent is a time to ask ourselves: What is God calling me to do this Lent? As we listen to the stillness and the movements of our hearts; as we read and pray the scriptures; we can ask, "Where do I feel uncomfortable with the choices I am making? What things have I done that cause some disquiet in me? How do I respond to others? How have I hurt others? How may the Lord be speaking to me in the little naggings of my heart? What has gained control in my life that I may need to give up? What needs changing in my life? What do I need more of? Patience? Thoughtfulness? Joyfulness? Unselfishness? Awareness of others? What has got in the way of my being loving and kind? Have I allowed bitterness or resentment to take over somewhere? What would it cost me to change these behaviours? What would my life look like if I gave up some of these destructive patterns of living and behaving?"

A leading British investment banker and Christian philanthropist sums it up succinctly and beautifully: "Lent, followed by Easter, gives us the opportunity to detach ourselves from the concerns of mortality and overcome the sorrows of mourning. At the same time, each of us can draw on the energy of Lent to look forward to the rest of our life – and beyond – and to ask ourselves what we want to leave behind when we too have return to dust" ("Energy of Lent" by John Studzinski *The Tablet* 3 March 2012 p. 9).

May God help us to keep a holy Lent.

Fr Mark

Sentence

The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.

Mark 1.15

Prayer of the Day

God of the new and eternal covenant,
as the forty days of the great flood
swept away the world's corruption
and watered new beginnings of righteousness and life:
grant to us, who are washed clean and born again
in the saving flood of baptism, the wellspring of your grace,
that your gift of new life may flourish once again;
through Jesus Christ our Redeemer
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever. **Amen.**

A Reading from Genesis Chapter 9, verses 8 – 17

⁸ Then God said to Noah and to his sons with him, ⁹ 'As for me, I am establishing my covenant with you and your descendants after you, ¹⁰ and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. ¹¹ I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth.' ¹² God said, 'This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: ¹³ I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. ¹⁴ When I bring clouds over the earth and the bow is seen in the clouds, ¹⁵ I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. ¹⁶ When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.' ¹⁷ God said to

Noah, 'This is the sign of the covenant that I have established between me and all flesh that is on the earth.'

Hear the word of the Lord.

Thanks be to God.

Psalm 25.1-10

- ¹ In you, O Lord my God, have I put my hope:
in you have I trusted, let me not be ashamed,
nor let my enemies triumph over me.
- ² **Let none who wait for you be put to shame:
but let those that break faith
be confounded and gain nothing.**
- ³ Show me your ways, O Lord:
and teach me your paths.
- ⁴ **Lead me in the ways of your truth, and teach me:
for you are the God of my salvation.**
- ⁵ In you have I hoped all the day long:
because of your goodness, O Lord.
- ⁶ **Call to mind your compassion and your loving-kindness:
for they are from of old.**
- ⁷ Remember not the sins of my youth,
nor my transgressions:
but according to your mercy think on me.
- ⁸ **Good and upright is the Lord:
therefore will he direct sinners in the way.**
- ⁹ The meek he will guide in the path of justice:
and teach the humble his ways.
- ¹⁰ **All the paths of the Lord are faithful and true:
for those who keep his covenant and his
commandments.**

A reading from The First Letter of Peter Chapter 3, verses 18 – 22

¹⁸ For Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, ¹⁹ in which also

he went and made a proclamation to the spirits in prison, ²⁰ who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight people, were saved through water. ²¹ And baptism, which this prefigured, now saves you—not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, ²² who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

Hear the word of the Lord.

Thanks be to God.

Praise to you, Lord Jesus Christ, king of endless glory!

Praise to you, Lord Jesus Christ, king of endless glory!

No one lives on bread alone,

but on every word that comes from the mouth of God.

Praise to you, Lord Jesus Christ, king of endless glory!

**The Gospel of our Lord Jesus Christ
according to Mark, Chapter 1, verses 9 – 15**

⁹ In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. ¹⁰ And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. ¹¹ And a voice came from heaven, 'You are my Son, the Beloved; with you I am well pleased.' ¹² And the Spirit immediately drove him out into the wilderness. ¹³ He was in the wilderness for forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. ¹⁴ Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, ¹⁵ and saying, 'The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.'

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

OFFERTORIES VIA DIRECT DEBIT

Offering via direct debit. Direct debit details of account:
ASDF Account: Parish of Terrigal, BSB:705-077
Account Number: 00040934. - Terry Rowe, Treasurer.

PLEASE PRAY FOR:

Lynette Brennan, Carolyn Gibbs, Angarad O'Malley, John Sorensen, Emma Horton, Gloria & Albert Townsend, Margaret Lewis, Jackie Davidson, Robyn Smith, Tania Howlett, Sam Margery, Lyn Richardson, Fay. C, Wendy McKellar, David Lamb, Pam Flegg and John.

Please note: This prayer list will be updated at the beginning of each month. If you wish someone to stay on the list, please legibly print their name in the prayer book. Please get their permission first. Thank you.

Prayer of the Week

O Lord,
who for our sake fasted forty days and forty nights:
give us grace to use such abstinence,
that, our flesh being subdued to the spirit,
we may ever obey your godly will
in righteousness and true holiness;
to your honour and glory,
who live and reign with the Father and the Holy Spirit,
one God, world without end. **Amen.**

'WHISPERS OF LOVE' – MEDITATION

Our 'Whispers of Love' meditation meets each Monday at 10.00am. A warm welcome is extended to join us.

Reflection:

Indeed, you love truth in the heart;
then in the secret of my heart teach me wisdom.

O purify me, I shall be whiter than snow.

Prayerfully, Reverend Ann.

NOTIFICATION OF AGM

Our AGM will be held at Holy Trinity, Terrigal on Sunday 17th March, 2024 at 11.00am.

WORLD DAY OF PRAYER 2024

The World Day of Prayer will be held at Holy Trinity, Terrigal at 10.30am on Friday 1st March, 2024

Morning tea will follow. Contributions greatly appreciated.

All are welcome.

The ladies of Palestine have asked us to pray with them:

God of Peace and Justice,

We cry out to you with broken hearts and deep anguish for what is unfolding in Israel and Palestine. It is difficult to find the words to express the weight of this moment. We rest on your Spirit, who intercedes with sighs too deep for words. We ask that you heal every wound, and you give us wisdom for how to stop this cycle of violence. We pray especially for women who are particularly vulnerable in times of war. Move our world quickly towards peace and justice. Amen.

DINNER AT TERRIGAL BOWLING CLUB

Please join us for dinner at Terrigal Bowling Club at 'Bec's Kitchen' on Sunday 3rd March, 2023 from 6pm.

If you would like to attend, please add your name to the sign-up sheet on the small notice board in the foyer.

Thank you.

THANK YOU BOXES

Please take a Thank You box and put a coin in it when one receives a blessing. In 2023-2024 we are supporting the Newcastle Diocesan Domestic Abuse Project. Thank you.

MARKET DAY THANK YOU

Thank you to everyone who helped set up and clean up Market Day yesterday, and to all of those who stayed to serve our customers. Your help is always very much appreciated.

The next market day will be on 16th March. We look forward to seeing you there.

Ian Wolstenholme.

ATTENTION ALL VOLUNTEERS

It is a requirement from the Newcastle Diocese and the NSW Office of the Children's Guardian that all volunteers complete the first nine modules of the Safe Ministry course and have a current police check done. **These requirement needs to be met by 24th February, 2024 in order for you to be able to continue to volunteer.**

No matter where you volunteer e.g. a band member, a volunteer in the kitchen, an Op Shop volunteer, a Market Day volunteer, a flower arranger etc, you need to complete this training.

The **Safe Ministry training** can be accessed by following this link: <https://ocg.nsw.gov.au/training-and-resources/elearning>

The course you need to complete is called: ***OCG – Child Safe – Keeping children safe in organisation e-Learning modules.***

Volunteers need to complete the first 9 modules, not all 11 modules. Once you have completed the training, please either email the letter of completion to me at:

admin@terrigalanglican.org.au or bring a hard copy into the office so that I can update your record with the new date of completion.

Your co-operation with this matter is urgent now.

I am here to assist you if needed, so please contact me.

Thank you.

Cal Priest

Administration Assistant.

SAMARITANS

Thank you to the congregation for being excellent givers of donations for the Samaritans. Items needed now include tinned vegetables and fruits, pasta & sauce and cereal. Thank you.
Margaret Maclachlan.

GARDEN WORKING BEE

The next Working Bee will be on Saturday 24th February, 2024. at 8.30am at Holy Trinity. Please come if you can. We need as many people as possible as we haven't had one for a while.
Thank you.
Jackie Davidson.

MISSION NEWS

The apostle Paul encourages the followers of Jesus to look beyond their own communities and care for those who had the greatest need within the early church. In time, this ethos of sacrifice and sharing became embedded in the practice of the church and took concrete expression within the season of Lent. For many parts of the world today, vulnerability and depravation are a way of life.

This year ABN's Lenten appeal will focus on support for women and children in Gaza, Sri Lanka and Kenya. More about this next week.

In your pew sheet this week you will receive an envelope for your gift. Please take it home and use it! It can always be placed in the offertory plate.

Libby Harvey
Missions Secretary



ANGLICAN BOARD OF MISSION

Working for Love, Hope & Justice

Lent 1 B – Sunday 18 February 2024

- Genesis 9.8-17; Psalm 25.1-10; 1 Peter 3.18-22; Mark 1.9-15
The Noah story reminds us that God's covenant is not just with humans but with the whole creation. The old idea of God as a destroyer is moved away from in this narrative, symbolized by the hanging up of the bow that fires arrows upon the earth. God, in covenant with us pledges not to destroy the earth. It's a good reminder that as God's covenant people we are part of the pledge to care for creation.
- We pray for sustainable ways to mitigate global heating.
- Give thanks for the work and witness of Gawura School within St Andrew's Cathedral School in Sydney.

Text: Archdeacon Rod Bower,
Director of Mission,
Diocese of Newcastle
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ATTENTION ALL MEMBERS AND PEOPLE WANTING TO BECOME A MEMBER OF TERRIGAL PARISH

We are updating the Parish Electoral Roll and contact booklet and need to make sure everyone's details are up to date. If you are a member or would like to become a member of Terrigal Parish, please fill in the form that follows this announcement, sign it and place it in the box provided on the table at the entry way to the church, or hand it to a warden, or email it to:

admin@terrigan Anglican.org.au by the 3rd of March. **This is a requirement if you would like to vote at the AGM on 17th March, 2024.** If you need extra forms, there are some on the table in the foyer.

A CALL FOR PROPOSED GENERAL BUSINESS AGENDA ITEMS

If you would like to propose any General Business items for the agenda for the Annual General Meeting, please put it in writing and hand it to Terry Rowe or email it to Terry at the office email address (above). **Proposals must be received by the 3rd of March, 2024 to be accepted into the agenda.**

**STARTING OR RENEWING TERRIGAL PARISH
ELECTORAL ROLL AND CONTACT BOOKLET INFORMATION**

Surname.....

Christian Names.....

Other family members names: (please supply ages of children)
.....
.....

Emergency contact and phone number (only for the office/clergy)
.....

Address.....

.....Postcode.....

Postal Address (if different
.....

.....Postcode.....

Home phone Mobile.....

Email address.....

Permission to post photos of you on Facebook page/website? (Please circle.)

Yes/No

Permission to post your name on rosters (within the Pew Bulletin) on our website? (Please circle.)

Yes/No

Permission to have your name included in our Parish Contacts booklet, which will be distributed to all parishioners who participate in this initiative.

(Please circle.)

Yes/No

* Please note: All information is confidential. Unless you give us permission, we will not include your contact details in our Parish Contacts Booklet, only in the office copy.

Signature..... Date.....

Next Sunday – 25th February, 2024

SECOND SUNDAY IN LENT

8.00am – Sung Eucharist – *Presiding & Preaching – Fr Mark Watson*
Organist – Chris Sillince

9.30am – Holy Eucharist – *Presiding & Preaching – Fr Mark Watson*
Organist – Sharon Sandstrom

Readings: Genesis 17. 1-7 and 15-16, Psalm 22.24-32, Romans 4.1-25
Gospel: Mark 9.2-9 (Transfiguration gospel)

This Week

Monday 19th February, 2024

10.00am – Whispers of Love – A Meditation
– Rev'd Ann Watson

3.00pm – Eucharist at Terrigal Manor – Rev'd Ann Watson

Tuesday 20th February

William Grant Broughton, first bishop of Australia (d. 1853)

Trinity Band rehearsals will recommence on 27th February.

Wednesday 21st February

Thursday 22nd February

Friday 23rd February

Polycarp, bishop of Smyrna, martyr (d. c. 155)

10.30am – Eucharist – Fr Mark Watson

Ezekiel 18.21-28, Psalm 130, Gospel: Matthew 5.20-26

11.00am – Eucharist at Woodport – Reverend Ann Watson

Saturday 24th February

MATTHIAS, APOSTLE AND MARTYR

8.30am – Garden Working Bee

Rosters for next week

Friday 23rd February – 10.30am

Reader
Margaret Blanch

Sunday 25th February - 8.00am and 9.30am

Readers	Intercessions	Servers
8.00am 1 st – Robyn Crowley 2 nd – Chris Crowley	8.00am Ronda	8.00am Ronda
9.30am 1 st – Anna Holt 2 nd – John Holt	9.30am Ronda	9.30am Ronda

Sunday 25th February

Flowers	Morning Tea
No flowers during Lent.	Betty Hancock
	Audree

***Please note: If you are unable to serve, please arrange someone to take your place. If you can't find someone, please contact the person in charge of your roster or a church warden to help you.**

Thank you.

BEING TOGETHER

Jesus told us to love one another as he loves us. As Christians we know our life together is strengthened when our behaviour is consistent with our faith. However, our experience of being together can be difficult, particularly when there are differences. So it is important to be clear about how we will behave towards each other.

Being a Community:

- We will value the wellbeing and safety of others, especially children and other vulnerable people.
- We will encourage each other to participate in the life of the church.
- We will consider the impact of our behaviour on others.

Relating to each other:

- We will protect the safety of all, especially children and other vulnerable people.
- We will treat each other with respect and dignity, irrespective of ability, gender, sexuality, race, age or contribution to the church.
- We will act with integrity and honesty in our interactions with each other.

Communicating with each other:

- We will communicate respectfully with others, and not in a way that threatens, belittles or humiliates.
- We will speak with integrity and honesty, and refrain from speculation and gossip.

Acknowledging differences:

- We will respect those who are different from us and not isolate or ridicule them.
- We will listen to and seek to understand the beliefs, opinions and practices of others, even when we do not share their views.

Responding to conflict:

- We will accept responsibility for our part in a conflict.
- We will be willing to play our part in resolving a conflict.

*(Approved by General Synod July 2014, revised on 17 April 2020)
(Approved by Newcastle Diocesan Synod October 2015, Revision adopted by the Diocesan Council from 15 May 2021)*

The Anglican Diocese of Newcastle - The Parish of Terrigal
The Church of the Holy Trinity
92 Serpentine Rd, Terrigal, 2260
Parish Postal Address – P.O. Box 167, Terrigal, 2260
Office Phone: 4365 1115 (Office open Tuesday & Thursday 9.30am – 2.30pm)

Parish Email – admin@terrigan Anglican.org.au
Website – www.terrigan Anglican.org.au
Facebook – <https://www.facebook.com/Terrigan Anglican>

Rector – The Reverend Canon Mark Watson – 4365 1374 or 0434 431 400
Email – cyprian7@bigpond.com

Associate Priests

The Reverend Ann Watson – 0427 135 771
The Reverend Dr Richard Harvey – 0422 109 262
The Reverend Bruce McAteer - 0417 229 296

Parish Executive

Rector's Warden – Ronda Kiss 0419 989 526
People's Warden – Terry Rowe 0427 788 308
People's Warden – Neil Ewer 0412 640 477
Parish Secretary – TBA
Parish Treasurer - Terry Rowe 0427 788 308

Parish Ministries

Parish Organist - Chris Sillince 0422 225 849
Sacristan – C. Taylor
Office Administration – Cal Priest 4365 1115
Pastoral Care - Contact 4365 1115
Trinity Band & Cursillo – Libby Harvey 0431 315 085
Safety Officer - Mike Keaney 0412 370 716
Copyright Compliance Officer – Terry Rowe 0427 788 308
Parish Bookshop – Ronda Kiss 0419 989 526
Women's Fellowship – June Timms 4384 2280
Market Day Co-ordinator – Ian Wolstenholme 0424 135 214

Parish Opportunity Shop

Julie Laird Phone - 4365 1280

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