

Welcome to worship at Holy Trinity, Terrigal
THIRD SUNDAY IN LENT

3rd March, 2024



8.00am – Sung Eucharist

Presiding and Preaching – Fr Mark Watson

Organist – Chris Sillince

Hymns: TIS 131, 576, 585, 684

9.30am – Holy Eucharist

Presiding and Preaching – Fr Mark Watson

Organist – Sharon Sandstrom

Hymns: TIS 131, 576, 585, 684

[All hymns are from Together in Song unless otherwise specified.]

Prayer and anointing for healing are available at each Eucharist. If you would like prayer and anointing, please move in front of the step, at the left side of the altar, after receiving communion and a priest will come and minister to you.

LENT

Lent is a time for cleansing, renewal and refreshment. We talk about "giving something up for Lent." It's also a season to "take something up". Lent is not intended to be some sort of endurance test, but an opportunity to become new and different people. We live out our baptismal calling by entering the water and re-emerging as new people. After the 40 days of Lent how will we "re-emerge" on Holy Saturday and Easter Sunday? We enter with Jesus into the darkness of the cross and the tomb and then re-emerge with him into the light of his resurrection.

Lent is a time to ask ourselves: What is God calling me to do this Lent? As we listen to the stillness and the movements of our hearts; as we read and pray the scriptures; we can ask, "Where do I feel uncomfortable with the choices I am making? What things have I done that cause some disquiet in me? How do I respond to others? How have I hurt others? How may the Lord be speaking to me in the little naggings of my heart? What has gained control in my life that I may need to give up? What needs changing in my life? What do I need more of? Patience? Thoughtfulness? Joyfulness? Unselfishness? Awareness of others? What has got in the way of my being loving and kind? Have I allowed bitterness or resentment to take over somewhere? What would it cost me to change these behaviours? What would my life look like if I gave up some of these destructive patterns of living and behaving?"

A leading British investment banker and Christian philanthropist sums it up succinctly and beautifully: "Lent, followed by Easter, gives us the opportunity to detach ourselves from the concerns of mortality and overcome the sorrows of mourning. At the same time, each of us can draw on the energy of Lent to look forward to the rest of our life – and beyond – and to ask ourselves what we want to leave behind when we too have return to dust" ("Energy of Lent" by John Studzinski *The Tablet* 3 March 2012 p. 9).

May God help us to keep a holy Lent.

Fr Mark

Sentence

God spoke these words and said, 'I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.'

Exodus 20.1

Prayer of the Day

Lord our God,
by your Holy Spirit
write your commandments upon our hearts
and grant us the wisdom and power of the cross,
so that, cleansed from greed and selfishness,
we may become a living temple of your love;
through Jesus Christ our Lord. **Amen.**

A Reading from Exodus Chapter 20, verses 1 – 17

¹ Then God spoke all these words: ² I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; ³ you shall have no other gods before me. ⁴ You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. ⁵ You shall not bow down to them or worship them; for I the LORD your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, ⁶ but showing steadfast love to the thousandth generation of those who love me and keep my commandments. ⁷ You shall not make wrongful use of the name of the LORD your God, for the LORD will not acquit anyone who misuses his name. ⁸ Remember the sabbath day, and keep it holy. ⁹ For six days you shall labour and do all your work. ¹⁰ But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. ¹¹ For in six days the LORD made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the LORD blessed the sabbath day and consecrated it. ¹² Honour your father and your mother, so that your days may be long in the land that the LORD your God

is giving you. ¹³ You shall not murder. ¹⁴ You shall not commit adultery. ¹⁵ You shall not steal. ¹⁶ You shall not bear false witness against your neighbour. ¹⁷ You shall not covet your neighbour's house; you shall not covet your neighbour's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbour.

Hear the word of the Lord.

Thanks be to God.

Psalm 19

- ¹ The heavens declare the glory of God:
and the firmament proclaims his handiwork;
- ² **One day tells it to another:
and night to night communicates knowledge.**
- ³ There is no speech or language:
nor are their voices heard;
- ⁴ **Yet their sound has gone out through all the world:
and their words to the ends of the earth.**
- ⁵ There he has pitched a tent for the sun:
which comes out as a bridegroom from his chamber,
and rejoices like a strong man to run his course.
- ⁶ **Its rising is at one end of the heavens,
and its circuit to their farthest bound:
and nothing is hidden from its heat.**
- ⁷ The law of the Lord is perfect, reviving the soul:
the command of the Lord is true,
and makes wise the simple.
- ⁸ **The precepts of the Lord are right,
and rejoice the heart:
the commandment of the Lord is pure,
and gives light to the eyes.**
- ⁹ The fear of the Lord is clean, and endures for ever:
the judgements of the Lord are unchanging,
and righteous every one.
- ¹⁰ **More to be desired are they than gold,
even much fine gold:
sweeter also than honey,
than the honey that drips from the comb.**

- 11** Moreover, by them is your servant taught:
and in keeping them there is great reward.
- 12 Who can know their own unwitting sins?:
O cleanse me from my secret faults.**
- 13** Keep your servant also from presumptuous sins,
lest they get the mastery over me:
so I shall be clean, and innocent of great offence.
- 14 May the words of my mouth and the meditation
of my heart be acceptable in your sight:
O Lord, my strength and my redeemer.**

**A reading from The First Letter of Paul to the Corinthians
Chapter 1, verses 18 – 25**

18 For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. **19** For it is written, 'I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart.' **20** Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? **21** For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. **22** For Jews demand signs and Greeks desire wisdom, **23** but we proclaim Christ crucified, a stumbling-block to Jews and foolishness to Gentiles, **24** but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. **25** For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Hear the word of the Lord.
Thanks be to God.

Praise to you, Lord Jesus Christ, king of endless glory!
Praise to you, Lord Jesus Christ, king of endless glory!
God loved the world so much, he gave us his only Son,
that all who believe in him might have eternal life.
Praise to you, Lord Jesus Christ, king of endless glory!

**The Gospel of our Lord Jesus Christ
according to John, Chapter 2, verses 13 – 22**

¹³ The Passover of the Jews was near, and Jesus went up to Jerusalem. ¹⁴ In the temple he found people selling cattle, sheep, and doves, and the money-changers seated at their tables. ¹⁵ Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money-changers and overturned their tables. ¹⁶ He told those who were selling the doves, 'Take these things out of here! Stop making my Father's house a marketplace!' ¹⁷ His disciples remembered that it was written, 'Zeal for your house will consume me.' ¹⁸ The Jews then said to him, 'What sign can you show us for doing this?' ¹⁹ Jesus answered them, 'Destroy this temple, and in three days I will raise it up.' ²⁰ The Jews then said, 'This temple has been under construction for forty-six years, and will you raise it up in three days?' ²¹ But he was speaking of the temple of his body. ²² After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

OFFERTORIES VIA DIRECT DEBIT

Offering via direct debit. Direct debit details of account:
ASDF Account: Parish of Terrigal, BSB:705-077
Account Number: 00040934. - Terry Rowe, Treasurer.

PLEASE PRAY FOR:

Carolyn Gibbs, Angarad O'Malley, John Sorensen, Emma Horton, Gloria & Albert Townsend, Jackie Davidson, Robyn Smith, Wendy McKellar, David Lamb, Pam Flegg, Ian, Jamie, Tahne & Syhe Robertshaw.

Please note: This prayer list will be updated at the beginning of each month. If you wish someone to stay on the list, please legibly print their name in the prayer book. Please get their permission first. Thank you.

Prayer of the Week

Lord God, our Redeemer,
who heard the cry of your people
and sent your servant Moses to lead them out of slavery:
free us from the tyranny of sin and death
and, by the leading of your Spirit,
bring us to our promised land;
through Jesus Christ our Lord. **Amen.**

NOTIFICATION OF AGM

Our AGM will be held at Holy Trinity, Terrigal on Sunday 17th
March, 2024 at 11.00am.

'WHISPERS OF LOVE' – MEDITATION

Our 'Whispers of Love' meditation meets each Monday at
10.00am. A warm welcome is extended to join us.

Reflection:

The simplest way to come into contact with the living God
Is to go to ones' centre, and from there pass into God.

Thomas Merton.

Prayerfully, Reverend Ann.

MISSION NEWS

As mentioned previously, this year's ABM lenten appeal is
focusing on the needs of women and children.

As well as supporting women and children in Gaza, the Diocese
of Colombo in Sri Lanka extends a hand to those most in need
through their Education and Livelihoods Support project, which
provides educational and nutritional aid for children, as well as
health care and social connection throughout communities in
the north of the country.

Please give generously to this important work supported by
ABM.

If you haven't an envelope, there are some on the welcome
table.

Libby Harvey

Missions Secretary

THANK YOU BOXES

Please take a Thank You box and put a coin in it when one receives a blessing. In 2023-2024 we are supporting the Newcastle Diocesan Domestic Abuse Project. Thank you.

DO YOU HAVE KEYS? NEW SIGNATURE REQUIRED

If you have any keys to the building, please either see a Church Warden today or contact Cal in the office on 4365 1115 to arrange a time to come in and sign the new key register. Thank you.

ATTENTION ALL MEMBERS AND PEOPLE WANTING TO BECOME A MEMBER OF TERRIGAL PARISH

We are updating the Parish Electoral Roll and contact booklet and need to make sure everyone's details are up to date. If you are a member or would like to become a member of Terrigal Parish, please fill in the form found on the table on entry to the church in the foyer, sign it and place it in the box provided on the table at the entry way to the church, or hand it to a warden by TODAY. **This is a requirement if you would like to vote at the AGM on 17th March, 2024.**

A CALL FOR PROPOSED GENERAL BUSINESS AGENDA ITEMS

If you would like to propose any General Business items for the agenda for the Annual General Meeting, please put it in writing and hand it to Terry Rowe or email it to Terry at the office email address (above). **Proposals must be received by today, 3rd of March, 2024 to be accepted into the agenda.**

DINNER AT TERRIGAL BOWLING CLUB

Please join us for dinner at Terrigal Bowling Club at 'Bec's Kitchen' tonight, Sunday 3rd March, 2023 from 6pm.

If you would like to attend, please add your name to the sign-up sheet on the small notice board in the foyer immediately after today's service. Thank you.

WOMEN'S FELLOWSHIP

We encourage and welcome ladies from all services, including both the 8.00am and 9.30am services, to join us in Women's Fellowship. We generally meet on the second Monday of the month, finishing with afternoon tea.

This month will be our Annual General Meeting (AGM) and will be held on:

Monday 11th March, 2024 at 1.00pm at church.

It will be followed by afternoon tea.

We look forward to seeing you there.



ANGLICAN BOARD OF MISSION
Working for Love, Hope & Justice

Lent 3 B – Sunday 3 March 2024

- Exodus 20.1-17; Psalm 19; 1 Corinthians 1.18-25; John 2.13-22

The Psalmist, in Psalm 19, speaks in beautiful and timeless language of the grandeur of God revealed in the natural world, and in 1 Corinthians 1:18-25 Paul speaks of the wisdom of God that surpasses human wisdom. In a world in which science and religion have long been seen by many as mutually exclusive, the progress of science can be seen to be leading more to a convergence than a divergence. For as science continues to roll back the frontiers of human knowledge it, paradoxically, simultaneously extends the frontiers of the unknown, and in the process reveals anew, for those who take the time to see, the awe-inspiring mystery that underpins our universe, and the provisional nature of the understanding derived from human wisdom.

- Lord, empower us to see your grandeur revealed in the world around us and, seeing this, strengthen our resolve to husband and nurture our earthly home.
- Give thanks for the work and witness of NATSIAC, the National Aboriginal and Torres Strait Islander Anglican Council

Text: Ron Hacker, Diocese of Newcastle
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Next Sunday – 10th March, 2024

FOURTH SUNDAY IN LENT

8.00am – Sung Eucharist – *Presiding & Preaching – Fr Mark Watson*
Organist – Chris Sillince

9.30am – Holy Eucharist – *Presiding & Preaching – Fr Mark Watson*
Trinity Band and Singers

Readings: Numbers 21.4-9, Psalm 107.1-3, 7-22, Ephesians 2.1-10
Gospel: John 3.14-21

This Week

Monday 4th March

10.00am – Whispers of Love – A Meditation
– Rev'd Ann Watson

Tuesday 5th March

7.00pm – Trinity Band rehearsals.

Wednesday 6th March

Thursday 7th March

Perpetua and her companions, martyrs at Carthage (d. 203)

7.30pm – Lenten Studies – Fr Mark Watson

Friday 8th March

John of God, worker among the sick and poor, Spain (d. 1550)

10.30am – Eucharist – Fr Mark Watson

Hosea 14.2-9, Psalm 81.13-16, Gospel: Mark 12.28-34

Following the Eucharist – Lenten Studies – Fr Mark Watson

Saturday 9th March

*Sister Emma SSA, superior of the Society of the Sacred Advent,
Queensland (d. 1939)*

Rosters for next week

Friday 8th March – 10.30am

Reader
Colleen Cronin

Sunday 10th March - 8.00am and 9.30am

Readers	Intercessions	Servers
8.00am 1 st – Jocelyn Mulcahy 2 nd – Lorraine Zahra	8.00am TBA	8.00am TBA
9.30am 1 st – Jen Wolstenholme 2 nd – Ian Wolstenholme	9.30am TBA	9.30am TBA

Sunday 10th March

Flowers	Morning Tea
No flowers during Lent.	Joann Lilly
	Anna Holt

***Please note: If you are unable to serve, please arrange someone to take your place. If you can't find someone, please contact the person in charge of your roster or a church warden to help you.**

Thank you.

The Anglican Diocese of Newcastle - The Parish of Terrigal
The Church of the Holy Trinity
92 Serpentine Rd, Terrigal, 2260
Parish Postal Address – P.O. Box 167, Terrigal, 2260
Office Phone: 4365 1115 (Office open Tuesday & Thursday 9.30am – 2.30pm)

Parish Email – admin@terrigan Anglican.org.au
Website – www.terrigan Anglican.org.au
Facebook – <https://www.facebook.com/Terrigan Anglican>

Rector – The Reverend Canon Mark Watson – 4365 1374 or 0434 431 400
Email – cyprian7@bigpond.com

Associate Priests

The Reverend Ann Watson – 0427 135 771
The Reverend Dr Richard Harvey – 0422 109 262
The Reverend Bruce McAteer - 0417 229 296

Parish Executive

Rector's Warden – Ronda Kiss 0419 989 526
People's Warden – Terry Rowe 0427 788 308
People's Warden – Neil Ewer 0412 640 477

Parish Secretary – TBA

Parish Treasurer - Terry Rowe 0427 788 308

Parish Ministries

Parish Organist - Chris Sillince 0422 225 849
Sacristan – C. Taylor
Office Administration – Cal Priest 4365 1115
Pastoral Care - Contact 4365 1115
Trinity Band & Cursillo – Libby Harvey 0431 315 085
Safety Officer - Mike Keaney 0412 370 716
Copyright Compliance Officer – Terry Rowe 0427 788 308
Parish Bookshop – Ronda Kiss 0419 989 526
Women's Fellowship – June Timms 4384 2280
Market Day Co-ordinator – Ian Wolstenholme 0424 135 214

Parish Opportunity Shop

Julie Laird/Mel Ferry Phone - 4365 1280

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