

**Welcome to worship at Holy Trinity, Terrigal**  
**PALM SUNDAY - SIXTH SUNDAY IN LENT**  
**Sunday of the Passion**  
**24<sup>th</sup> March, 2024**



**8.00am – Sung Eucharist**

*Presiding and Preaching – Fr Mark Watson*

*Organist – Chris Sillince*

**Hymns:** TIS 333, 332, 341, 348

**9.30am – Holy Eucharist**

*Presiding – Fr Mark Watson*

*Preaching – The Rev'd Dr Richard Harvey*

*Trinity Band and Singers*

**Hymns:** TIS 724, 357, 536, 545

Prayer and anointing for healing are available at each Eucharist. If you would like prayer and anointing, please move in front of the step, at the left side of the altar, after receiving communion and a priest will come and minister to you.

## **WHY DO WE DO HOLY WEEK?**

For Christians, Holy Week is a final and intense preparation for Easter. It begins on **Palm Sunday 24<sup>th</sup> March**. We carry palms in procession as a reminder of Jesus' triumphant entry into Jerusalem. *Why palms?* The palm branch was a symbol of triumph and victory. Jesus' procession was like a modern-day ticker tape parade. The people were celebrating because God had promised them a Messiah. And here he was. On Palm Sunday we read the Passion or Gospel Narrative of Jesus' last hours of earthly life. Christ came to us to establish God's peaceful kingdom in love but within a few days we turned on him.

On **Holy Thursday (or Maundy Thursday) 28<sup>th</sup> March** in the evening, we read about Jesus' washing the feet of his twelve Apostles. *Why foot washing?* Love means serving others. Jesus gets down on his hands and knees, dressed as a slave with a towel around his waist, and serves us, commanding we do the same. "For I have set you an example, that you also should do as I have done to you" (John 13:15). On Holy Thursday we also commemorate the institution of the Eucharist at Jesus' Last Supper.

On **Good Friday 29<sup>th</sup> March** Christians remember Jesus' crucifixion and death. On this day we do not celebrate the Eucharist but gather to recall Jesus' Passion, to pray for the world, and to venerate the cross. Veneration of the cross is done by approaching the cross and kneeling, kissing, standing or touching it out of respect. *Why venerate the cross?* As a piece of cloth (like a flag) is cherished for what it symbolises, a simple wooden cross is revered as a sign of Christ's victory. We receive Holy Communion using the Sacrament reserved from the Maundy Thursday Eucharist.

**Holy Saturday 30<sup>th</sup> March** After letting go, before something new, there is an awkward in-between. Christ is in the tomb. When night falls, we celebrate the Easter Vigil. The New Fire is lit. *Why fire?* It is a symbol of the light of Christ entering the darkness and overcoming it by his resurrection. From this fire the paschal (from *Pesach* or Passover) candle is lit and placed in its stand. It is alight for liturgies during the 50-day Easter

season and then at baptisms and funerals as a reminder of life conquering death. New members are sometimes initiated into the Church through baptism and/or confirmation. Christians renew their baptismal vows, committing themselves to continue Jesus' work of building God's Kingdom through love.

**Easter Day 31<sup>st</sup> March** is not just the culmination of Holy Week but the beginning of a whole new way of life. Every time we celebrate the Eucharist we celebrate these events; every Sunday is Easter. Every communion is a resurrection. Jesus' love, service, and sacrifice present to us. Always. Come along and have a blessed Holy Week and a Happy Easter!

Fr Mark

### **Sentence**

At the name of Jesus, every knee shall bend, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.

*Philippians 2.10-11*

### **Prayer of the Day**

Everlasting God,  
in your tender love for the human race  
you sent your Son to take our nature,  
and to suffer death upon the cross:  
in your mercy  
enable us to share in his obedience to your will  
and in the glorious victory of his resurrection;  
through Jesus Christ our Lord,  
who lives and reigns with you and the Holy Spirit,  
one God, for ever and ever. **Amen.**

## **A reading from Isaiah 50.4 –9a**

The Lord GOD has given me  
the tongue of a teacher,

that I may know how to sustain  
the weary with a word.

Morning by morning he wakens—  
wakens my ear

to listen as those who are taught.

The Lord GOD has opened my ear,  
and I was not rebellious,

I did not turn backwards.

I gave my back to those who struck me,

and my cheeks to those who pulled out the beard;

I did not hide my face

from insult and spitting.

The Lord GOD helps me;

therefore I have not been disgraced;

therefore I have set my face like flint,

and I know that I shall not be put to shame;

he who vindicates me is near.

Who will contend with me?

Let us stand up together.

Who are my adversaries?

Let them confront me.

It is the Lord GOD who helps me;

who will declare me guilty?

Hear the word of the Lord.

**Thanks be to God.**

## **Psalm 31.9-18**

Be gracious to me, O LORD, for I am in distress;  
my eye wastes away from grief, my soul and body also.

**For my life is spent with sorrow,**

**and my years with sighing;**

**my strength fails because of my misery, and my bones  
waste away.**

I am the scorn of all my adversaries, a horror to my neighbours,  
an object of dread to my acquaintances;  
those who see me in the street flee from me.

**I have passed out of mind like one who is dead;  
I have become like a broken vessel.**

For I hear the whispering of many — terror all around!—  
as they scheme together against me,  
as they plot to take my life.

**But I trust in you, O LORD;  
I say, 'You are my God.'**

My times are in your hand;  
deliver me from the hand of my enemies and persecutors.

**Let your face shine upon your servant;  
save me in your steadfast love.**

Do not let me be put to shame, O LORD, for I call on you;  
let the wicked be put to shame;  
let them go dumbfounded to Sheol.

**Let the lying lips be stilled  
that speak insolently against the righteous  
with pride and contempt.**

### **A reading from Philippians 2.5-11**

Let the same mind be in you that was in Christ Jesus, who, though he was in the form of God,  
did not regard equality with God as something to be exploited,  
but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form, he humbled himself and became obedient to the point of death— even death on a cross.

Therefore God also highly exalted him and gave him the name that is above every name, so that at the name of Jesus every knee should bend, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

Hear the word of the Lord.

**Thanks be to God.**

Praise to you, Lord Jesus Christ, king of endless glory!

**Praise to you, Lord Jesus Christ, king of endless glory!**

Christ became obedient for us even to death, dying on the cross.

Therefore God raised him on high and gave him a name above all other names.

**Praise to you, Lord Jesus Christ, king of endless glory!**

### **The Gospel of our Lord Jesus Christ according to Mark, Chapter 15, verses 1 – 39**

<sup>1</sup> As soon as it was morning, the chief priests held a consultation with the elders and scribes and the whole council. They bound Jesus, led him away, and handed him over to Pilate. <sup>2</sup> Pilate asked him, 'Are you the King of the Jews?' He answered him, 'You say so.' <sup>3</sup> Then the chief priests accused him of many things. <sup>4</sup> Pilate asked him again, 'Have you no answer? See how many charges they bring against you.' <sup>5</sup> But Jesus made no further reply, so that Pilate was amazed. <sup>6</sup> Now at the festival he used to release a prisoner for them, anyone for whom they asked. <sup>7</sup> Now a man called Barabbas was in prison with the rebels who had committed murder during the insurrection. <sup>8</sup> So the crowd came and began to ask Pilate to do for them according to his custom. <sup>9</sup> Then he answered them, 'Do you want me to release for you the King of the Jews?' <sup>10</sup> For he realized that it was out of jealousy that the chief priests had handed him over. <sup>11</sup> But the chief priests stirred up the crowd to have him release Barabbas for them instead. <sup>12</sup> Pilate spoke to them again, 'Then what do you wish me to do with the man you call the King of the Jews?' <sup>13</sup> They shouted back, 'Crucify him!' <sup>14</sup> Pilate asked them, 'Why, what evil has he done?' But they shouted all the more, 'Crucify him!' <sup>15</sup> So Pilate, wishing to satisfy the crowd, released Barabbas for them; and after flogging Jesus, he handed him over to be crucified. <sup>16</sup> Then the soldiers led him into the courtyard of the palace (that is, the governor's headquarters); and they called together the whole cohort. <sup>17</sup> And they clothed him in a purple cloak; and after twisting some thorns into a crown, they put it on him. <sup>18</sup> And they began saluting him, 'Hail, King of the Jews!' <sup>19</sup> They struck

his head with a reed, spat upon him, and knelt down in homage to him. <sup>20</sup> After mocking him, they stripped him of the purple cloak and put his own clothes on him. Then they led him out to crucify him. <sup>21</sup> They compelled a passer-by, who was coming in from the country, to carry his cross; it was Simon of Cyrene, the father of Alexander and Rufus. <sup>22</sup> Then they brought Jesus to the place called Golgotha (which means the place of a skull). <sup>23</sup> And they offered him wine mixed with myrrh; but he did not take it. <sup>24</sup> And they crucified him, and divided his clothes among them, casting lots to decide what each should take. <sup>25</sup> It was nine o'clock in the morning when they crucified him. <sup>26</sup> The inscription of the charge against him read, 'The King of the Jews.' <sup>27</sup> And with him they crucified two bandits, one on his right and one on his left. <sup>29</sup> Those who passed by derided him, shaking their heads and saying, 'Aha! You who would destroy the temple and build it in three days, <sup>30</sup> save yourself, and come down from the cross!' <sup>31</sup> In the same way the chief priests, along with the scribes, were also mocking him among themselves and saying, 'He saved others; he cannot save himself. <sup>32</sup> Let the Messiah, the King of Israel, come down from the cross now, so that we may see and believe.' Those who were crucified with him also taunted him. <sup>33</sup> When it was noon, darkness came over the whole land until three in the afternoon. <sup>34</sup> At three o'clock Jesus cried out with a loud voice, 'Eloi, Eloi, lema sabachthani?' which means, 'My God, my God, why have you forsaken me?' <sup>35</sup> When some of the bystanders heard it, they said, 'Listen, he is calling for Elijah.' <sup>36</sup> And someone ran, filled a sponge with sour wine, put it on a stick, and gave it to him to drink, saying, 'Wait, let us see whether Elijah will come to take him down.' <sup>37</sup> Then Jesus gave a loud cry and breathed his last. <sup>38</sup> And the curtain of the temple was torn in two, from top to bottom. <sup>39</sup> Now when the centurion, who stood facing him, saw that in this way he breathed his last, he said, 'Truly this man was God's Son!'

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

### **PLEASE PRAY FOR:**

Carolyn Gibbs, Angarad O'Malley, John Sorensen, Emma Horton, Gloria & Albert Townsend, Jackie Davidson, Robyn Smith, Wendy McKellar, David Lamb, Pam Flegg, Ian, Jamie, Tahne & Syhe Robertshaw.

*Please note: This prayer list will be updated at the beginning of each month. If you wish someone to stay on the list, please legibly print their name in the prayer book. Please get their permission first. Thank you.*

### **Prayer of the Week**

Almighty and everlasting God,  
of your tender love towards us  
you sent your Son, our Saviour Jesus Christ,  
to take upon him our flesh,  
and to suffer death upon the cross,  
that all should follow the example of his great humility:  
mercifully grant  
that we may both follow the example of his patience,  
and also be made partakers of his resurrection;  
through the same Jesus Christ our Lord.

**Amen.**

### **OFFERTORIES VIA DIRECT DEBIT**

Offering via direct debit. Direct debit details of account:  
ASDF Account: Parish of Terrigal, BSB:705-077  
Account Number: 00040934. - Terry Rowe, Treasurer.

### **DO YOU HAVE KEYS? NEW SIGNATURE REQUIRED**

If you have any keys to the building, please either see a Church Warden today or contact Cal in the office on 4365 1115 to arrange a time to come in and sign the new key register. Thank you.



## **'WHISPERS OF LOVE' – MEDITATION**

Our 'Whispers of Love' meditation meets each Monday at 10.00am. A warm welcome is extended to join us.

Reflection: Loving and gracious God, In this season of Lent, pour out on us your abundant graces of love and mercy and show us a new way of living the Gospel.

Fill us the people of God in this parish with the Holy Spirit, renewing us in our unity, as many parts of one body.

Help us to move towards the joy of Easter as the unified Body of Christ. Amen.

Prayerfully, Reverend Ann.

## **MISSION NEWS**

As we begin today the journey with Jesus towards Jerusalem, our ABM giving envelopes will look different.

The Good Friday gifts will provide funds for the Holy Land Institute for the Deaf project, supported by the Diocese of Jerusalem. This project provides hearing aids for refugee children - especially girls - in Jordan. This greatly improves their communication, education and self-esteem.

Our Easter Gift will help fund ABM's Mission Grants, which support mission activities that benefit Aboriginal and Torres Strait Islander people. These grants empower the National Aboriginal and Torres Strait Islander Anglican Council to direct funding to initiatives which best represent the aspirations of Aboriginal and Torres Strait Islander people.

Please be generous.

Libby Harvey - Missions Secretary

## **THANK YOU BOXES**

Please take a Thank You box and put a coin in it when one receives a blessing. In 2023-2024 we are supporting the Newcastle Diocesan Domestic Abuse Project. Thank you.

## **SAMARITANS**

The Samaritans at Wyoming are operating as usual.

Thank you to the congregation for being excellent givers of donations for the Samaritans.

Items needed now include tinned vegetables and fruits, pasta & sauce and cereal. Thank you.

Margaret Maclachlan.

## **DINNER AT TERRIGAL BOWLING CLUB**

Please join us for dinner at Terrigal Bowling Club at 'Bec's Kitchen' on Sunday 7th April, 2024 from 6pm.

If you would like to attend, please add your name to the sign-up sheet on the small notice board in the foyer.

## **ANGLICAN WOMEN DIOCESAN QUIET DAY**

*At: The Anglican Parish of St John's,  
45 Sturgeon St, Raymond Terrace.*

**Conducted by: The Rev'd Canon Stephen Niland**

**Date: Tuesday, 26th March, 2024**

**Time: 9:30am until 3:00pm**

*Please bring your own lunch.*

"Our flower this year is lavender which represents: silence, purity, devotion, serenity, grace, and calmness"

Theme: "What does the Lord require of you"

*Sentence of Scripture: Micah 6:8*

Enquiries to: Lorraine Phillips 0419 277 294

Marea Niland 0412 065 708

ALL WOMEN OF THE ANGLICAN CHURCH, FRIENDS AND VISITORS ARE WELCOME.

**(If you need transport, please contact Elsa Sorensen – spaces are limited.)**

## **WOMEN'S FELLOWSHIP**

We encourage and welcome ladies from all services, including both the 8.00am and 9.30am services, to join us in Women's Fellowship. We generally meet on the second Monday of the month, finishing with afternoon tea.

This month our meeting will be held on:  
Monday 8<sup>th</sup> April, 2024 at 1.00pm at church, followed by afternoon tea. We look forward to seeing you there.

## **THANK YOU LEONIE**

A huge thank you goes out to Leonie McLachlan who has been purchasing all of the food for the Market Day BBQs for a very long time. Your efforts have been greatly appreciated Leonie.



**ANGLICAN BOARD OF MISSION**  
*Working for Love, Hope & Justice*

### **Palm Sunday – Sunday 24 March 2024**

- Liturgy of the Palms Psalm 118.1-2, 19-29; Mark 11.1-11
- Liturgy of the Passion Isaiah 50.4-9a; Psalm 31.9-18; Philippians 2.5-11; Mark 15.1-39

On Palm Sunday, as we begin the journey into Holy Week, our Palm Gospel readings bring to us a picture of Jesus' identity as the King who comes to save us. Many of Jesus' contemporaries longed for a king who would save them from the Romans. But Jesus is a king who saves us in a deeper and more personal way, as he gives his life out for love for us on the cross. In this Palm Sunday scene we see a contrast between Jesus and earthly kings. While the former ride into battle on great chargers, Jesus is a humble king, whose steed is a donkey. No earthly trappings of power for Jesus, nor for us as we follow him. Let us be refreshed on Palm Sunday in our call to follow Jesus in humility, love, and life-giving service.

- Pray for all leaders, that they will lead and bear of a sense of service and humility.
- Give thanks for the work and witness of La Iglesia Filipina Independiente, the Philippine Independent Church

Text: The Rt Rev Sonia Roulston, Assistant Bishop, Diocese of Newcastle  
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**Next Sunday – 31<sup>st</sup> March, 2024**

**EASTER SUNDAY**

**8.00am** – Sung Eucharist – *Presiding & Preaching – Fr Mark Watson*  
*Organist – Chris Sillince*

**9.30am** – Holy Eucharist – *Presiding & Preaching – Fr Mark Watson*  
*Organist – Sharon Sandstrom*

**Readings:** Acts 10.34-43, Hymn to the Risen Christ, 1 Corinthians 15.1-11  
**Gospel:** John 20.1-18

**This Week**

**Monday in Holy Week 25<sup>th</sup> March**

**10.00am** – Whispers of Love – A Meditation  
– Rev'd Ann Watson

**Tuesday in Holy Week 26<sup>th</sup> March**

**7.00pm** – Trinity Band rehearsals.

**Wednesday in Holy Week 27<sup>th</sup> March**

**Maundy Thursday 28<sup>th</sup> March**

**7.00pm** – Liturgy of the Lord's Supper – Fr Mark Watson

**Good Friday 29<sup>th</sup> March**

**9.00am** – Liturgy of the Lord's Passion and Death  
– Fr Mark Watson

**Saturday in Holy Week 30<sup>th</sup> March**

**7.00pm** – The Great Vigil of Easter (*incense will be used*)  
– Fr Mark Watson

## **Rosters for next week - Easter Services**

### **Maundy Thursday 28<sup>th</sup> March – 7.00pm**

<b>Readers</b>	<b>Servers</b>
1 <sup>st</sup> - Neil Ewer 2 <sup>nd</sup> – Terry Rowe	Neil

### **Good Friday 29<sup>th</sup> March – 9.00am**

<b>Readers</b>	<b>Servers</b>
1 <sup>st</sup> - Catherine Taylor 2 <sup>nd</sup> – Terry Rowe	Ronda and -

### **Holy Saturday – 30<sup>th</sup> March – 7.00pm**

<b>Readers</b>	<b>Servers</b>
1 <sup>st</sup> – Neil Ewer 2 <sup>nd</sup> – Terry Rowe 3 <sup>rd</sup> – Reverend Bruce McAteer 4 <sup>th</sup> – Chris Sillince (TBC) 5 <sup>th</sup> – Rev'd Ann Watson (TBC)	Neil

### **Easter Sunday 31<sup>st</sup> March - 8.00am and 9.30am**

<b>Readers</b>	<b>Servers</b>
<b>8.00am</b> 1 <sup>st</sup> – Robyn Crowley 2 <sup>nd</sup> – Chris Crowley	<b>8.00am</b> Neil
<b>9.30am</b> 1 <sup>st</sup> – Rev Dr Richard Harvey 2 <sup>nd</sup> – Geoff Buckland	<b>9.30am</b> Neil

<b>Easter Flowers</b>	<b>Easter Sunday Morning Tea</b>
Jackie Davidson	June Timms
	Jen Wolstenholme

## **SCHEDULE OF HOLY WEEK AND EASTER SERVICES 2024**

### **Passion/Palm Sunday 24<sup>th</sup> March**

**8.00am** - Liturgy of the Palms and Sung Eucharist

**9.30am** - Liturgy of the Palms and Holy Eucharist

### **Maundy Thursday 28<sup>th</sup> March**

**7.00pm** - Liturgy of the Lord's Supper

### **Good Friday 29<sup>th</sup> March**

**9.00am** - Liturgy of the Lord's Passion and Death

### **Holy Saturday 30<sup>th</sup> March**

**7.00pm** - The Great Vigil of Easter (*incense will be used*)

### **Easter Day 31<sup>st</sup> March**

**8.00am** - Sung Eucharist (*incense will be used*)

**9.30am** - Holy Eucharist

**The Anglican Diocese of Newcastle - The Parish of Terrigal**  
**The Church of the Holy Trinity**  
**92 Serpentine Rd, Terrigal, 2260**  
**Parish Postal Address – P.O. Box 167, Terrigal, 2260**  
**Office Phone: 4365 1115 (Office open Tuesday & Thursday 9.30am – 2.30pm)**

**Parish Email – [admin@terrigan.org.au](mailto:admin@terrigan.org.au)**  
**Website – [www.terrigan.org.au](http://www.terrigan.org.au)**  
**Facebook – <https://www.facebook.com/TerriganAnglican>**

**Rector – The Reverend Canon Mark Watson – 4365 1374 or 0434 431 400**  
**Email – [cyprian7@bigpond.com](mailto:cyprian7@bigpond.com)**

**Associate Priests**

**The Reverend Ann Watson – 0427 135 771**  
**The Reverend Dr Richard Harvey – 0422 109 262**  
**The Reverend Bruce McAteer - 0417 229 296**

**Parish Executive**

**Rector's Warden – Ronda Kiss 0419 989 526**  
**People's Warden – Terry Rowe 0427 788 308**  
**People's Warden – Neil Ewer 0412 640 477**  
**Parish Secretary – TBA**  
**Parish Treasurer - Terry Rowe 0427 788 308**

**Parish Ministries**

**Parish Organist - Chris Sillince 0422 225 849**  
**Sacristan – C. Taylor**  
**Office Administration – Cal Priest 4365 1115**  
**Pastoral Care - Contact 4365 1115**  
**Trinity Band & Cursillo – Libby Harvey 0431 315 085**  
**Safety Officer - Mike Keaney 0412 370 716**  
**Copyright Compliance Officer – Terry Rowe 0427 788 308**  
**Parish Bookshop – Ronda Kiss 0419 989 526**  
**Women's Fellowship – June Timms 4384 2280**  
**Market Day Co-ordinator – Ian Wolstenholme 0424 135 214**

**Parish Opportunity Shop**

**Julie Laird Phone - 4365 1280**

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