

Welcome to worship at Holy Trinity, Terrigal
TENTH SUNDAY AFTER PENTECOST
28th July, 2024



8.00am – Sung Eucharist

Presiding and Preaching – Fr Mark Watson

Organist – Chris Sillince

Hymns: TIS 143, 140, 540, 560(i)

9.30am – Holy Eucharist

Presiding and Preaching – Fr Mark Watson

Trinity Band and Singers

Hymns: TIS 685, 644, 535, 643

[All hymns are from Together in Song unless otherwise specified.]

Prayer and anointing for healing are available at each Eucharist. If you would like prayer and anointing, please move in front of the step, at the left side of the altar, after receiving communion and a priest will come and minister to you.

Sentence

'I am the living bread that came down from heaven,' says the Lord. 'Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

John 6.51

Prayer of the Day

Gracious God,
you have placed within the hearts of all your children
a longing for your word and a hunger for your truth:
grant that, believing in the one whom you have sent,
we may know him to be the true bread of heaven
and the food of eternal life, Jesus Christ our Lord,
to whom with you and the Holy Spirit
be glory and honour for ever and ever. **Amen.**

A reading from 2 Kings Chapter 4 verses 42 – 44

⁴² A man came from Baal-shalishah, bringing food from the first fruits to the man of God: twenty loaves of barley and fresh ears of grain in his sack. Elisha said, 'Give it to the people and let them eat.' ⁴³ But his servant said, 'How can I set this before a hundred people?' So he repeated, 'Give it to the people and let them eat, for thus says the LORD, "They shall eat and have some left."' ⁴⁴ He set it before them, they ate, and had some left, according to the word of the LORD .

Hear the word of the Lord.

Thanks be to God.

Psalm 145.10-18

- ¹⁰ All creation praises you, O Lord:
and your faithful servants bless your name.
- ¹¹ **They speak of the glory of your kingdom:
and tell of your great might,**
- ¹² That the whole earth may know your mighty acts:
and the glorious splendour of your kingdom.

**13 Your kingdom is an everlasting kingdom:
and your dominion endures through all generations.**

14 The Lord upholds all those who stumble:
and raises up those that are bowed down.

**15 The eyes of all look to you in hope:
and you give them their food in due season;**

16 You open wide your hand:
and fill all things living with your bounteous gift.

**17 The Lord is just in all his ways:
and faithful in all his dealings.**

18 The Lord is near to all who call upon him:
to all who call upon him in truth.

**A reading from the Letter of Paul to the Ephesians
Chapter 3 verses 14 – 21**

14 For this reason I bow my knees before the Father, **15** from whom every family in heaven and on earth takes its name. **16** I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, **17** and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. **18** I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, **19** and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God. **20** Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine, **21** to him be glory in the church and in Christ Jesus to all generations, for ever and ever. Amen.

Hear the word of the Lord.

Thanks be to God.

Alleluia, **alleluia!**

A great prophet has appeared among us;
God has visited his people.

Alleluia!

A reading from the Gospel of John Chapter 6 verses 1 – 21

¹ After this Jesus went to the other side of the Sea of Galilee, also called the Sea of Tiberias. ² A large crowd kept following him, because they saw the signs that he was doing for the sick. ³ Jesus went up the mountain and sat down there with his disciples. ⁴ Now the Passover, the festival of the Jews, was near. ⁵ When he looked up and saw a large crowd coming towards him, Jesus said to Philip, 'Where are we to buy bread for these people to eat?' ⁶ He said this to test him, for he himself knew what he was going to do. ⁷ Philip answered him, 'Six months' wages would not buy enough bread for each of them to get a little.' ⁸ One of his disciples, Andrew, Simon Peter's brother, said to him, ⁹ 'There is a boy here who has five barley loaves and two fish. But what are they among so many people?' ¹⁰ Jesus said, 'Make the people sit down.' Now there was a great deal of grass in the place; so they sat down, about five thousand in all. ¹¹ Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. ¹² When they were satisfied, he told his disciples, 'Gather up the fragments left over, so that nothing may be lost.' ¹³ So they gathered them up, and from the fragments of the five barley loaves, left by those who had eaten, they filled twelve baskets. ¹⁴ When the people saw the sign that he had done, they began to say, 'This is indeed the prophet who is to come into the world.' ¹⁵ When Jesus realized that they were about to come and take him by force to make him king, he withdrew again to the mountain by himself. ¹⁶ When evening came, his disciples went down to the lake, ¹⁷ got into a boat, and started across the lake to Capernaum. It was now dark, and Jesus had not yet come to them. ¹⁸ The lake became rough because a strong wind was blowing. ¹⁹ When they had rowed about three or four miles, they saw Jesus walking on the lake and coming near the boat, and they were terrified. ²⁰ But he said to them, 'It is I; do not be afraid.' ²¹ Then they wanted to take him into the boat, and immediately the boat reached the land towards which they were going.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

PLEASE PRAY FOR:

Carolyn Gibbs, Angarad O'Malley, John Sorensen, Emma Horton, Gloria & Albert Townsend, George, Robyn Smith, David Lamb, Colleen Cronin, Ian, Dianne, Pam Flegg, Bruce, Evelyn White and Libby Fink.

Please note: This prayer list will be updated at the beginning of each month. Please legibly print prayer recipients names in the prayer book. Please get their permission first. Thank you.

OFFERTORIES VIA DIRECT DEBIT

Offering via direct debit. Direct debit details of account:
ASDF Account: Parish of Terrigal, BSB:705-077
Account Number: 00040934. - Terry Rowe, Treasurer.

Prayer of the Week

O God,
the protector of all that trust in you,
without whom nothing is strong, nothing is holy:
increase and multiply upon us your mercy,
that, with you as our ruler and guide,
we may so pass through things temporal
that we finally lose not the things eternal.
Grant this, O heavenly Father,
for the sake of Jesus Christ, our Lord. **Amen.**

'WHISPERS OF LOVE' – MEDITATION

Our 'Whispers of Love' meditation meets each Monday at 10.00am. A warm welcome is extended to join us.

Reflection:

Richard Rohr wrote:

Love is not really an action that you do.

Love is what you are. Love is a place that already exists inside you.

It is a place where you must learn to go, which is within you but bigger than you at the same time.

Prayerfully, Reverend Ann.

A DATE FOR YOUR DIARY

This year's Spring Celebration Service for Anglican Women in the Diocese of Newcastle will be held on Tuesday, 3rd September, 2024.

Limited transport can be arranged for those wishing to attend. This is a lovely day of worship and celebration with many other women from the Diocese of Newcastle. Please consider attending.

For enquiries please call Elsa Sorensen on 0417 063 286.

SAMARITANS

Thank you to the congregation for being excellent givers of donations for the Samaritans.

Items needed now include winter food, such as soup, and also tinned vegetables and fruits, pasta & sauce and cereal.

Thank you.

Margaret Maclachlan.

VOLUNTEER'S DINNER AT TERRIGAL BOWLING CLUB

Please join us for the Volunteer's Dinner at Terrigal Bowling Club at 'Bec's Kitchen' on Sunday 4th August, 2024 from 6pm.

If you would like to attend, please add your name to the sign-up sheet on the small notice board in the foyer or in the kitchen above the hand sink. Thank you.

WOMEN CELEBRATING OUR FAITH 2024

Saturday 7th September

Saint John's Anglican Church

45 Sturgeon St Raymond Terrace

9am registration and morning tea.

10:00 am start and concluding at 3:00 pm

Cost \$40 (paid by 30th August).

See flyer on notice board in the foyer for more details.

If you have any further questions, please contact Elsa Sorensen on 0417 063 286. Limited transport may be arranged. Thank you.

MISSION NEWS

I wish to acknowledge the generosity of this parish.

Many of you would have seen the results of the appeal for the Mission to Seafarers which was displayed on Sea Sunday.

The results so far (and still counting) are:

Beanies: 290 Socks: 30 pairs Gloves: 5 pairs Blanket/scarfs: 2
Toiletries: 1 large box full 1 box of Bibles. Other gifts included some bags of lollies and some underwear.

I will be taking the gifts to the Mission to Seafarers at the Port of Newcastle on 2nd August, so if there are any more gifts yet to come , please bring them in before then if you want them included in this year's donation. Please leave them in the office.

ABM Lenten and Easter Appeal: \$855.00 was donated via the envelopes provided over lent and Easter.

THANK YOU!

Libby Harvey – MISSIONS SECRETARY

THANK YOU BOXES

Please take a Thank You box and put a coin in it when one receives a blessing. In 2023-2024 we are supporting the Newcastle Diocesan Domestic Abuse Project. Thank you.

MORNING TEA

All parishioners are invited to bring a small plate of morning tea, on occasion, to help supplement the Morning Tea rostered volunteers' contributions each Sunday. Your help is very much appreciated. Thanking you in advance.

HELP NEEDED

Help is needed in the following areas:

- Set-up and greeting on Sunday mornings.
- Audio visual/video recording of Eucharists on Sunday.
- Morning Tea on Sunday.

If you are able to help out, please see a Warden or Cal. (Office hours: Tue and Thur 9.30am–2.30pm). Thank you.

WOMEN'S FELLOWSHIP

We encourage and welcome ladies from all services, including both the 8.00am and 9.30am Sunday services and the Friday 10.30am service, to join us in Women's Fellowship. We generally meet on the second Monday of the month, finishing with afternoon tea.

Our next meeting will be held on **Monday 12th August, 2024 at 1.00pm** at church, followed by afternoon tea. Our guest speaker will be Margot Bilston whose talk is "A Visit to the Holy Land". We look forward to seeing you there.

ATTENTION ALL VOLUNTEERS

It is a requirement from the Newcastle Diocese and the NSW Office of the Children's Guardian that all volunteers complete the first nine modules of the Safe Ministry course and have a current police check done.

The **Safe Ministry training** can be accessed by following this link: <https://ocg.nsw.gov.au/training-and-resources/elearning>

The course you need to complete is called: *OCG – Child Safe – Keeping children safe in organisation e-Learning modules.*

Once you have completed the training, please either email the letter of completion to me or bring a hard copy into the office so that I can update your record with the new date of completion.

The police check can be accessed at the following link.

crimcheck.org.au/check/newcastleanglican

Please read the ID requirements and have them uploaded prior to commencing the check. There is no charge for this check as the Diocese will pay for it but only if you follow the link provided.

I am here to help if you need it by calling me on 4365 1115 on either Tuesday or Thursday between 9.30am – 2.30pm.

Thank you. Cal Priest – Administration Assistant.



ANGLICAN BOARD OF MISSION

Working for Love, Hope & Justice

Ordinary Sunday 17 B – Sunday 28th July 2024

- 2 Samuel 11.1-15; Psalm 14;
Ephesians 3.14-21; John 6.1-21

Three miracles in one reading – Jesus feeds the crowds, Jesus walks on water, and a boat turns up immediately at the shore of the land to which the disciples were heading. It's very easy to disparage miracles in our modern day. We like to rationalise much of what happens around us. But despite all that, miraculous things happen around us every day: the birth of a baby, the beauty of a flower, the love of a spouse or friend. Sure, these *can* be explained rationally, but isn't it better to know, for example, how love *feels* rather than being given a lecture about testosterone, oestrogen dopamine, norepinephrine, serotonin, oxytocin and vasopressin. Sorry, didn't mean to kill the moment!

- Lord, help us to see the miracles that occur all around us day by day. Help us never to lose our sense of wonder.
- Give thanks for the Church of North India, remembering especially today their ministry in a predominantly non-Christian context.

Text: Robert McLean
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Next Sunday – 4th August, 2024 ELEVENTH SUNDAY AFTER PENTECOST

8.00am – Sung Eucharist – *Presiding & Preaching – Fr Mark Watson*
Organist – Chris Sillince

9.30am – Holy Eucharist – *Presiding & Preaching – Fr Mark Watson*
Organist – Sharon Sandstrom

Readings: Exodus 16.2-4, 9-15, Psalm 78.22-28, Ephesians 4.1-16
Gospel: John 6.24-35

This Week

Monday 29th July

Mary and Martha of Bethany

10.00am –Whispers of Love – A Meditation - Rev'd Ann Watson

Tuesday 30th July

William Wilberforce, social reformer (d. 1833)

7.00pm –Trinity Band rehearsals

Wednesday 31st July

Joseph of Arimathea

Ignatius of Loyola, priest & founder of the Society of Jesus (d. 1556)

Thursday 1st August

Holy men and women of the Old Testament

Friday 2nd August

10.30am – Eucharist – Fr Mark Watson

Readings: Jeremiah 26.1-9, Psalm 69.4, 6-14

Gospel: Matthew 13.54-58

Saturday 3rd August

STEPHEN, DEACON AND FIRST MARTYR

Rosters for next week

Friday 2nd August – 10.30am

Reader
Ann West

Sunday 4th August - 8.00am and 9.30am

Readers	Servers
8.00am 1 st – Robyn Crowley 2 nd – Christ Crowley	8.00am Neil
9.30am 1 st – Malcolm Sandstrom 2 nd – Wendy Eades	9.30am Neil

Flowers	Sunday Morning Tea
Margaret Machlachlan	Jocelyn Mulcahy Evelyn White

The Anglican Diocese of Newcastle - The Parish of Terrigal
The Church of the Holy Trinity
92 Serpentine Rd, Terrigal, 2260
Parish Postal Address – P.O. Box 167, Terrigal, 2260
Office Phone: 4365 1115 (Office open Tuesday & Thursday 9.30am – 2.30pm)

Parish Email – admin@terrigan.org.au
Website – www.terrigan.org.au
Facebook – <https://www.facebook.com/TerriganAnglican>

Rector – The Reverend Canon Mark Watson – 4365 1374 or 0434 431 400
Email – cyprian7@bigpond.com

Associate Priests

The Reverend Ann Watson – 0427 135 771
The Reverend Dr Richard Harvey – 0422 109 262
The Reverend Bruce McAteer - 0417 229 296

Parish Executive

Rector's Warden – Ronda Kiss 0419 989 526
People's Warden – Terry Rowe 0427 788 308
People's Warden – Neil Ewer 0412 640 477
Parish Secretary – TBA
Parish Treasurer - Terry Rowe 0427 788 308

Parish Ministries

Parish Organist - Chris Sillince 0422 225 849
Sacristan – C. Taylor
Office Administration – Cal Priest 4365 1115
Pastoral Care - Contact 4365 1115
Trinity Band & Cursillo – Libby Harvey 0431 315 085
Safety Officer - Mike Keaney 0412 370 716
Copyright Compliance Officer – Terry Rowe 0427 788 308
Parish Bookshop – Ronda Kiss 0419 989 526
Women's Fellowship – June Timms 4384 2280
Market Day Co-ordinator – Ian Wolstenholme 0424 135 214

Parish Opportunity Shop

Julie Laird – Ph 4365 1280

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